

Preliminary Programme 2023

TIME	Friday 01/09	Saturday 02/09	Sunday 03/09	Monday 04/09
07:30		Introduction to Meditation with Nathaniel Williams	Introduction to Meditation with Nathaniel Williams	Departing
08:00		Breakfast	Breakfast	
09:00		Eurythmy with Brianna Kairl	Eurythmy with Brianna Kairl	
09:15		The Fifth Chamber of the Heart with Richard Drexel	The Divine Feminine with Richard Drexel	
10:45		Break	Break	
11:30		Workshops	Workshops	
12:45		Lunch	Lunch	
14:45		How does the 'Double' Impact in the Life of the Community with Helen Procter	Community Building Games	
15:45	Arriving	Break	Break	
16:30		Workshops	Workshops	
17:45	Singing	Singing	Singing	
18:15	Dinner	Dinner	Dinner	
19:45	The Youth Section with Nathaniel Williams	Urgent Questions of Spirituality, Psychedelics and Digital Technology with Nathaniel Williams	A Generation of Conscience with Nathaniel Williams	
21:00		Bonfire		