



WINTER : JULY 2021

## **RUDOLF STEINER'S WORDS**

from The Nature and Origin of the Arts (GA234),  
lecture on 28 October 1909:

Let us imagine a great snow-clad plain spread out before us and upon it here and there rivers and lakes hard frozen. ... It is evening. The sun has already set, leaving behind the golden splendour of its afterglow.

Before our eyes are two female figures, and out of the afterglow ... is sent forth a messenger from the higher worlds, who stands before them and listens with close attention to what they are telling of their inmost feelings and experiences.

One of the two standing there hugs her arms tightly to her body ... and exclaims: "I am freezing cold." The eyes of the other woman wander over the snow-clad plain, out to the frozen waters and over the trees thick with hanging icicles, and from her lips burst forth the words "how glorious this whole landscape is." ... Then the sun sinks further and further.... And she hears the youth who, born out of the glory of the afterglow, says to her these words, "Thou art Art", and then she falls asleep. ...

[She encounters various beings of arts in her sleep.]

In the east the dawn heralding the sun's approach begins to spread over the landscape .... And now that she is awake the soul of the woman who had met with these experiences during the night can behold and hear the things that human creatures all the world over speak about when they have had a dim inner intimation of realities that can be experienced in the world of the imagination. ...

She understands now that she must act as the saviour of what upon earth is half frozen knowledge; she understands that she must warm it and permeate it with her own nature, especially with her art nature, and that she must recount the memories of her dreams during the night to this half-frozen knowledge. ...

Only through the dawn of Beauty  
Shalt thou reach the realm of Truth!

## **Welcome to VicNews**

WINTER 2021 Edition

At the Vic Branch AGM on the 3<sup>rd</sup> of July, we were treated with the exhibitions of two very different styles of painting. As Barb Henderson and Katherine Rudolph talked about their artwork, we gained some insights, not only into *their* creative impulses but also of potentials for *our own creative journeys*.

Barb explained to us her explorative process, which might at first appear rather 'random' but is in fact grounded in her artistic skills and in selfless listening, developed partly through teaching art at Melbourne Rudolf Steiner School for many years. Her paintings invite the viewers to discover their own 'meaning'.

Katherine shared her paintings and her own journey on the scenes in *The Chymical Wedding of Christian Rosenkreutz*. She also read for us parts of this story re-written by her in hexameter. Katherine's personal lifelong quest of "Exploring The Word In Colour And Speech" (the name of her website) shone through.

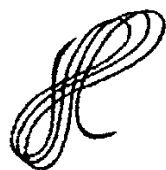
Ian George talked about 'Social Art' pursued by Joseph Beuys. His work is sometimes perceived as 'difficult', and it certainly is challenging to one's own comfortable or unconscious assumptions. When we engage with it, though, it can become an eye-opener.

In this issue of the Vic News you will find various thoughts on and approaches to 'Diversity and Inclusion' expressed.

You will also find two articles on Eurythmy. Rudolf Steiner developed Anthroposophy in the world not just through esoteric knowledge but through artistic creation with the members.

You will find on pages 14 – 15 the map and the table that indicate where the Vic Branch members live. I hope you can find other members in your area. It is vital that we come together to study, to experience arts or to join in other creative impulses.

Yasushi Hayashi  
for the Vic News Team



**The Melbourne Therapy Centre Inc. A1145M**  
*A non-profit association to establish anthroposophical therapies*  
**Patrons : Prof Avni Sali                      Prof Marc Cohen**

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***Supplementary Report for the 2021 AGM of the Victorian Branch - Anthroposophical Society,*** by Paulo Moraes - principal GP at the Melbourne Therapy Centre and MTC board member.

The Melbourne Therapy Centre (MTC) embodies Anthroposophic Medicine (AM) work in Victoria. The MTC was founded 35 years ago and is the only multidisciplinary anthroposophical Centre that has stood the test of time. Our pioneers, who long crossed the final threshold include Joan Salter (the first president of the MTC-Association), Maxine Hewitt, Anne and Roland Hapke, Peggy Macpherson, Margaret Curl, Margaret Piper, Dr Shirley May and recently departed Deanna Cooper.

In 2020, AM worldwide celebrated its centenary since the founding by Dr Ita Wegman (MD) and Rudolf Steiner (PhD). Although it was a 'Zoom Fest of Conferences' due to the Pandemic, AM practitioners all over the world were able to strengthen their connections with all continents.

AM Medical and Allied Health professionals are supported by the Australian Anthroposophic Medicine Association (AAMA – <https://www.aamaanthro.com>) to promote Anthroposophical therapies.

Australian Anthroposophical doctors have been working in collaboration with the NZ colleagues via regular meetings with both countries via the NZ Anthroposophical Doctors Association.

The current MTC multidisciplinary team includes:

- 5 GP's (2 Anthroposophic trained and 3 with a special interest in Nutritional Medicine)
- 2 Anthroposophical RN-nurses
- 3 Osteopaths and 1 Massage Therapist

1 Curative Eurythmy and 1 Art Therapist

1 Psychologist and 1 Biographic-work counsellor

1 Anthroposophical Naturopath and Paediatric Occupational Therapist

1 Acupuncturist (Zen-discipline)

1 Alexander Technique practitioner and Physiotherapist

1 Maternal & Child Health Nurse

In 2019 the MTC had its first Crowd Founding Campaign to raise funds towards proposed extension of its present Building. The broader Steiner School and MTC community were instrumental for in the success of the event and encouraged the MTC Committee to proceed with current extension plans.

The extension plans were presented at the recent Anthroposophical Society AGM (July the 3rd 2021) and will be accessible via the new MTC website which will be launched soon.

During 2020 and now in 2021, it has been a challenging time of Pandemic and now the roll-out of Covid-Vaccinations. The MTC GPs are available to discuss any health concerns on these matters and we have a range of AM and Integrative remedies to support people's decisions.

Wishing all Vic-Branch members a safe and healthy winter.



## THE CHALLENGE OF FACING EVIL, PART 2

### Social Healing, the Lord's Prayer and the Art of Forgiveness

Talks and Eurythmy on **the 4<sup>th</sup> September (9 am)** at the Aurora Australis College of the Arts, 2 Union Street, KEW with:

- Irmhild Kleinhenz
- Dr. Christiane Kehoe
- Birgith Lugosi

Irmhild will continue on this theme and look more specifically at the Anthroposophic methodology of healing and care for the ill. Christiane will talk to the importance of relationship and empathy in supporting us through these times and provide some very practical tips regarding how to support children and adolescents especially. Birgith will conclude with the performance of the "Our Father" – the Lord's Prayer.

## MICHAEL FESTIVAL - 02 October

This is a preliminary notice on the Vic Branch Michael Festival to be held on **the 2<sup>nd</sup> October**. There will be following presentations:

- Stephanie Isvik from the Southern Highlands  
"The Mission of Michael"
- Atika Rea and Celia Cornick  
"The Influence of the Michael Forces in Nature in relation to Bio-Dynamics"
- Jan Schjoettelvig  
"Michaelic Path of Development" – Introduction to his book *The Little Something*
- Aurora Australis, Southern Light Eurythmy Performance.
- Johanna Schaefer with Speech Students  
– performance of their works.

Advertisement

# BEUYS

joseph beuys cafe

melbourne

### NINE TALKS OVER NINE WEEKS

The Joseph Beuys Cafe is holding a series of talks, conversations, workshops in Spring 2021. These wide-ranging talks, intended for the public unfamiliar with the Joseph Beuys and the influence of Rudolf Steiner on his work, will be held on Thursday evening's commencing at 6 pm for approximately one to one and a half hours at the Joseph Beuys Cafe (covid permitting).

#### TOPICS & SPEAKERS INCLUDE:

Date	Speaker	Topic
2 September	Dr Nigel Hoffmann	Threefold Social Impulse
9 September	Honorary Professor Julian Goddard	Beuys: His influence on Tisna Sanjaya
16 September	Ian Cumming	Environmental Questions
23 September	Robyne Latham	The interface between Beuys and my Aboriginal heritage.
30 September	Dr Andy Wear	Beyond Beuys
7 October	Birgith Lugosi	Embedded Movement
14 October	Dr Simon Spain	Community Engaged Art
21 October	Emeritus Professor David Thomas	Beuys and Materiality
28 October	Ian George	The Spirituality of Beuys
	Subject to change	

Further information will be made available closer to the events via our Instagram & Facebook accounts (#josephbeuyscafe) or by joining our mailing list which can be found at [www.josephbeuyscafe.com](http://www.josephbeuyscafe.com)

You can visit the Joseph Beuys Cafe or attend the talks, by appointment only.

For an appointment call Ian George 0418589697

## FORUM – sharing thoughts, questions, responses

### ON DIVERSITY AND CULTURAL COMPETENCY

*There was an initiative in the Management Committee of the Anthroposophical Society in Australia to make a statement on Inclusion, Diversity and Reconciliation and to develop a Reconciliation Action Plan (RAP) in partnership with Reconciliation Australia. There seems to be a move among Anthroposophical Societies in various countries to make such a statement. Below is a statement by the Anthroposophical Society in Great Britain:*

When Steiner gave a lecture to a London audience in 1913, he opened it with the following words: 'Allow me...to greet you in the warmest way with that deep, inner feeling of unity that belongs to Anthroposophy, and in which all people on earth can unite without distinction of race, colour or any such thing.'

We are open to every human being in seeking spiritual and cultural freedom, equal human rights and fairness in economic life.

We respect our differences, embrace our shared values, and acknowledge the pain experienced by minority communities past and present.

We commit to working together to create a culture for positive change, where views are respected and goodwill celebrated.

*We had some discussions in the Victorian Branch Committee on this, and we as a committee thought this was not only unnecessary but also undesirable. This was conveyed to the members at the recent Vic Branch AGM and to the Management Committee in Hobart prior to the AGM of the AS in Australia. Below are the thoughts of the Vic Branch Committee (which was read out at our AGM), followed by an excerpt of the Vic Branch Constitution, and then the statement made by the US Society. It is an important issue, and it is good for the members to think over this. Please send your thoughts to the Committee:*

[anthroposvic@gmail.com](mailto:anthroposvic@gmail.com).

### ON THE PROPOSED INCLUSION, DIVERSITY AND RECONCILIATION POLICY

#### – Victorian Branch Committee

Almost 100 years ago, on New Year's Eve 1922/23, the Goetheanum stood in flames, fanned by hatred for the spiritual impulses it stood for. As it burned to the ground in 'terrible splendour', Rudolf Steiner, standing on the hill leading to the carpenters' workshop, pointed towards the building, and said to those who were present, most of whom had in fact, built the building, "Impress this moment on your minds."

Rudolf Steiner re-founded the Anthroposophical Society one year later at the 1923 Christmas Conference. Steiner had always kept himself separate from the Society, focused on his spiritual research, personal audiences with members and on his esoteric lessons, expecting administrative functions to be managed effectively by others. However, the Society was in disarray, torn by dissenting factions and by too many well-meaning but failed initiatives not sufficiently grounded in Anthroposophy.

He became busy, re-establishing local groups on a firmer basis and hoped that they would become more open, less sectarian. Here, it might be valuable to remind ourselves of what characterises a sectarian person. "...a person who strongly supports the religious or political groups that they are members of..." which, because of the nature of this one-sided approach, often involves "...conflict with other groups".

Now, let us be clear, we are not against anyone following their own personal interests. They are entirely free to do this, but not through force of their personal views on other members of the Society, especially if those views conflict with the Anthroposophical Society statutes, which clearly state:

"... The Anthroposophical Society rejects any kind of sectarian activity. Party politics it considers not to be within its task. "

Our task in this Society is to do the work with our brothers and sisters, to do the spiritual work, not political work, and whilst this impulse towards Reconciliation is worthy and important in Australia, it is not the job of the Society. Worthy social and political



causes are too numerous to mention, but those battles must be fought by individuals and groups outside the Society. The Society is a spiritual endeavour, a path of cognition to guide the spiritual in the individual human being to the spiritual in the Universe.

We heard from Miliwanga Wurrben, at a meeting called by the Management Group on 6 June this year. She spoke about 'universal balance' and we listened to her wonderful experiences within a Queensland Steiner school, 'smoking' the school. 'I am so blessed' she says to have worked with students, teachers and parents, an experience which really 'touched (her) heart' (and I suspect really touched the hearts of all those who heard her say those words). Miliwanga also told us that she is 'already doing reconciliation through groups/ workshops/ story telling' and that her way of helping young people was to '...take them out and do things' not to 'sit in a room with do's and don'ts'. But what else did Milli say? I wonder how many heard her plea.

She asked us to take Steiner education to the indigenous communities and herein lies the opportunity, not in the words of reconciliation,

although that may be an outcome. But here we might live in the doing, to take Steiner schools to the Indigenous communities, but who will take that up? No... perhaps we would rather write nice words and appear apologetic, cultured and 'woke', perhaps we want to have another workshop to show just how in tune we really are... but don't ask us to do anything!

How tragic it would be if this opportunity might go begging!

So, the call to arms must be, to do your spiritual exercises, develop your etheric heart forces, your spiritual organs of perception and learn from all the opportunities that live within the Society. Then go out into the world and, if it is your karma to do so, and take up these community questions, doing so with a strong grounding and strength in the powerful forces that one can develop through Anthroposophy.

Let us be very clear with our thinking on these external political questions. Political forces would seek to divide us, turn this Society into a sectarian society, something that Steiner himself fought against in 1924 and which was the reason for him to reform the Society.



#### Panellists

**Deborah Neale** is ASinA officer for diversity and cultural competency. A Steiner teacher, she has served as a board member in Steiner schools in Australia and Asia, and is currently completing a MA in Educational Management.



**Iris Curteis Ph.D.** is a storyteller and social artist with a passion for community building. She has worked with Elders of the First People of this continent in Yarning Circles that emphasis the profound spiritual depth and relationality of all Indigenous Knowledge.



**James Deefholts** has been a Waldorf Teacher since 2005, and is currently teaching at Cape Byron Rudolf Steiner School where he is the Chair of College. He works with teachers as a one-on-one mentor and in professional development sessions.



#### Special guest

**Miliwanga Wurrben** is an Elder from the Central Arnhem region in NT and a traditional Rembarnga woman, a Cultural Education Consultant and advocate for the rights of Indigenous People.

*The panellists of the AS in A Webinar  
"Diversity, Inclusion and Reconciliation" held on 06/06/2021*

We all must be aware of these oppositional forces which never cease to try and halt our progress towards a healthy society which is an unmistakable element in the developing of a spiritual life.

It is not an easy road by the very fact that we are all individuals, but it must be done with an iron will and with loving heart forces.

We must reject this proposal nationally and request that Dornach fight, with renewed clarity and with the Society's statutes in mind, to repeal all the errors of this nature occurring with the Society worldwide.

Imagine now, if you can, those flames of oppositional forces that worked against Anthroposophy and led to the destruction of the first Goetheanum. Forces that tried to tear the heart from the Society. Do not allow such flames of division to gather around and destroy the core impulse of this Society one hundred years later. Stay true to the path that was outlined by Steiner.

(July 2021)



## From the Vic Branch Constitution

### 4. Purpose

a. The Purpose of the Anthroposophical Society will be the furtherance of spiritual research; that of the School of Spiritual Science will be this research itself. A dogmatic stand in any field whatsoever is to be excluded from the Anthroposophical Society.

b. The Anthroposophical Society is in no sense a secret society but is entirely public. Anyone can become a member, without regard to nationality, social standing, religion, scientific or artistic conviction, who considers as justified the existence of an institution such as the Goetheanum in Dornach, in its capacity as a School of Spiritual Science. The Anthroposophical Society rejects any kind of sectarian activity. Party politics it considers not to be within its task

### POSITION STATEMENT ON DIVERSITY – Anthroposophical Society in America

The Anthroposophical Society in America [US] is committed to honoring and supporting every human being in fulfilling their potential. Individuals engaged in continuing self-development and with interest in one another are the necessary foundation for strong, healthy communities of all kinds, for the global ecology that we carry together for the benefit of all.

The Anthroposophical Society in America [US] does not condone or support any activities of individuals or organizations that deny or denigrate the dignity and humanity of any human being or group of human beings.

The founder of anthroposophy, Rudolf Steiner (1861-1925), was a spiritual researcher of human origins and the evolution of consciousness from a Western perspective. He developed his insights into many practical applications for the benefit of humanity. He addressed questions of individuality, race, ethics, and religions in his talks and writings in the early 20th century.

We acknowledge and understand that readers today will likely find some of these lectures and passages that characterize race and other group identities to be deeply offensive. The negative views of race and religions implied in these passages are unacceptable in any contemporary context and do not inform any aspect of the work of the Anthroposophical Society in America [US].

We explicitly reject any theory that might be construed to be part of Rudolf Steiner's work that characterizes or judges any human being as superior or inferior based on racial, gender, ethnic, religious, or other group identity.

Throughout his life, Steiner spoke about the growing social and spiritual importance of overcoming racism for the health of communities and future humanity. A very clear statement of this view is in Lecture I of his series *The Universal Human* (1909):

...in its fundamental nature, the anthroposophical movement . . . must cast aside the division into races. It must seek to unite people of all races and nations, and to bridge the divisions and differences between various groups of people. The old point of view of race has a physical character, but what will prevail in the future will have a more spiritual character.

As a leadership group for the Anthroposophical Society in America [US], the General Council affirms and commits to the practice of a more just and equitable human future and to encouraging such practices in all anthroposophical organizations and activities.

Membership in the Anthroposophical Society is open to everyone who sees the value of anthroposophy without regard to gender, national origin, race, ethnicity, sexual orientation, age, or religion. In addition, the Society encourages a wide range of artistic, scientific, and economic perspectives and practices. The US Society is part of the worldwide General Anthroposophical Society centered in Dornach, Switzerland. More information about the Society can be found at [anthroposophy.org](http://anthroposophy.org).

*Adopted by the General Council of the Anthroposophical Society in America, on July 3, 2019*

<https://anthroposophy.org/learn-more/governance/>



## EURYTHMY IS FOR EVERYONE

– Sumie Nagura

### *Eurythmy is inclusive*

Eurythmy is an art form which is open to anyone. No prior knowledge or experience is required. Eurythmy is gentle, using mostly unacrobatic movements, and it does not challenge our physical limits. Its focus is on the beauty of the movement rather than the beauty of the physical body. Eurythmists cover their body line with a loose-fitting dress and emphasise their movement with a thin silk veil. (I started my Eurythmy training despite my age of mid-forty, and fortunately the size of my head or the length of my limbs were not of concern.) Eurythmy can accommodate individual needs and circumstances.

### *The challenge of gaining new senses and skills*

The gift of Eurythmy is to cultivate our perception of artistic movement, so Eurythmists strive to gain flexibilities in their body movement to express various qualities. They aim to develop an awareness to capture what is not yet recognisable, which they would share these with others. They develop their skills through careful observation, exploration and practice. Eurythmy also bolsters our cognitive capacity. Recent studies show that, unlike how a computer allocates data, human memory, and how we re-experience past events, is affected by our body movements and posture. Trauma and flashbacks are the negative impact of body memories which take over one's conscious control. Through Eurythmy one could develop the power of self-control and actively condition one's health harmoniously.

### *Knowing through doing*

In a group Eurythmy session, we stand in a circle at the beginning. We may then step backwards and forwards together. This is a fundamental movement of Eurythmy, quite simple and easy for many people.

How do you experience this movement?

'What's the point of doing Eurythmy?'

'Many told me Eurythmy is wonderful, but I don't get it.'

'People just imagine they feel something special with Eurythmy!'

Such comments remind me of Sisyphus's unending

frustration in Greek mythology. Sisyphus suffers because he believes his labour must bring good feeling, the sense of satisfaction and fulfilment. The advice to Sisyphus is to give up on the idea of feeling motivated and driven towards your goal.

The attitude of "I don't wanna" and "you can't make me" will 'win' each time, even at the cost of your own well-being. Eurythmy provides an opportunity to become aware of one's feeling and offers the chance to change one's negative habits.

### *Eurythmy for making meaning*

As people stand in a circle and adjust their position to make it perfect, they activate their sense of geometry to measure the distance, the angle and the curve. When they all find a position which they deem right, harmony and beauty emerge as they step backwards and forwards. The participants may reflect on what it means to do this exercise in a group, which can lead to bigger questions such as the purpose of one's actions, and the meaning of life.

Keeping such open-ended questions in mind while moving allows one to begin to express personal strengths and uniqueness within a group. Rudolf Steiner says that life is about cultivating self-discipline so that one becomes free to control one's own will. When each participant works according to this principle, Eurythmy becomes lively and beautiful.

### *The quality in the circle of people*

Once I was in a session with a senior lady. She wore a lemon-yellow dress and yellow eurythmy shoes and had a fresh calendula flower behind her ear. Her movement was clumsy compared to the younger participants, but she knew how to share her inner experience with the others. Her presence brought richness to the group, and it was a joyous and humbling experience to see part of her life through Eurythmy. A group of people can learn together through Eurythmy, but the outcomes are never the same as they arise out of the balance between individual contributions and the group dynamic.

### *Actions speak louder than words*

I use simple language to address the quality of sounds and gestures when I teach children.

For example:

Here I am,	I
There you are,	A
We love each other, so.	O

Imagine how young children smile and move with those words and enjoy this exercise. During the lockdown I found myself becoming pessimistic towards myself and others. Witnessing the delighted attitude of children on their return to school was a blessing for me.

Unlike adults, children did not hesitate to reunite with their classmates, blowing away adults' anxiety with their genuine joy. This experience gave me a personal resonance to the above teaching content. It has become a prayer for the children's inner strength to be firmly grounded throughout their life. The children noticed the change in me, and they responded positively. Through Eurythmy, optimism towards the world can be imprinted in children's body memory, and in turn, it may protect them from negativity towards oneself during adolescence. The Eurythmy teacher learns from the children and serves to teach the children. I wish as the Bible says:

*Dear children, let us not love with words or speech  
but with actions and in truth. (John 3:18)*



## **EURYTHMY THE NEW ART OF MOVEMENT – Birgith Lugosi**

*"Art is the mirror of the spiritual world  
in the world of senses" – Rudolf Steiner*

Eurythmy was inaugurated by Rudolf Steiner and had its first beginning in 1912.

Eurythmy is visible Speech and Music and therefore it is not a dance or mime. Very different indeed! Eurythmy makes visible Speech (Poetry - Drama) or Music (Tones and Intervals) transformed into movement the sounds.

The divine creative Word the macrocosmos becomes visible through movement in the microcosm. The Word becomes Music - Colour - Movement before manifesting in Speech or Music or Painting or Sculpture or Natura. All this can be the bridge back into the Spiritual World.

The Greek Alphabet or the Hebrew Alphabet are sounds which forms the etheric world. Our etheric body is formed through the sounds, consonants and vowels. We make visible those forces who work behind the manifestations. That is - we show the artistic creation of movement in space through consonants and vowels. Also the Music within the quality of a Poems, the rhythms and colours.

The "Divine Creative Word" visible through Eurythmy given as a creation of the Spirit which leads on to the human organism itself. Movements which are found in Universe and Nature, hidden from us, belonging to the etheric Worlds. Revealing the creative activity of the (Word). The movement and influences of our World of Stars - Planets and Zodiac.

Educational and Curative Eurythmy was given to us by Rudolf Steiner so we can offer preventative healing to children and adults, or with specific illnesses. He developed its potential to address underlying imbalances that are the root of illnesses, for instance karma.

The Healing Art of Eurythmy gives the Eurythmist a unique understanding of the healing power of the sounds and the possibilities for the transformational power within the individual. The whole human being is taken into consideration - not only the bodily condition but also emotional, psychological and spiritual aspects.

The view reflects the insight of Anthroposophical medicine, an integrative approach to health, also developed by Rudolf Steiner. Eurythmy invites you to be an active participant in your own healing process.

In the healthy organism the cosmic movements are reflected in a harmonious way as happens in the Artistic Form of the Eurythmy which then works as a healing influence on the audience. Curative Eurythmy grows out of movement – gestures of pure art and education.





# AURORA AUSTRALIS

Anthroposophical College of the Arts  
Melbourne Eurythmy School

## ART OF MOVEMENT



## PART TIME AND FULL TIME EURYTHMY COURSES

## FULL TIME AND PART TIME EURYTHMY COURSES

Aurora Australis is an Anthroposophical College, (founded by Birgith Lugosi in 1990), based on the understanding of the human being as given by Rudolf Steiner.

Beside the main topic (tone and speech eurythmy) the curriculum includes:

- Musicology
- Anthroposophy
- Art history
- English literature
- Form Drawing
- Painting
- Sculpture (clay-modelling)
- Introduction in Educational Eurythmy and Steiner Education
- Cosmology
- Anthroposophical Medicine
- Speech formation

The College offers also a **Foundation Year** in Anthroposophy, finishing with a Certificate.

Successfully finishing the eurythmy course you get a Diploma, which is recognised by the "Section for Speech, Eurythmy and Music" in Dornach, Switzerland.

**Birgith Lugosi**, Artistic Director

Dipl. Eurythmy, Dipl. Curative Eurythmy, Dipl. Med. Assistant

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**Phone:** (+61 - 3) 9852 - 8751

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1996 Melbourne Eurythmy School, AURORA AUSTRALIS



## Aurora Australis Anthroposophical College of the Arts Melbourne Eurythmy School

- Aurora Australis , Anthroposophical College of the Arts was founded by Birgith Lugosi , Karl Kaltenbach and Burnum Burnum a Woiworrung and Yorta man at Wallaga Lake in southern New South Wales.

The College is in its 32 year under the direction of Birgith Lugosi and offers a Diploma in Eurythmy, the only Australian Eurythmy Diploma recognized by the Section of Eurythmy at the Goetheanum, Dornach, Switzerland.

Due to travel restrictions internationally and the need for more Eurythmy Therapists in this Country we are offering a 2 year part time Curative Eurythmy Training course, commencing on the 2 February 2022 , 2 days weekly.

We invite you to apply for this unique offer in Melbourne, Australia.

Educators, Health Practitioners and those who do work with children and adults with disabilities as well as those who seek support for their own wellbeing are called to contact us for more information.

Aurora Australis  
Anthroposophical College of the Arts

2 Union Str. Kew 3101  
Contact Birgith Lugosi on 03 98528751 mobile 0448 844453

## THE WIDER WORLD

### INAUGURAL ANNUAL ERWIN BERNEY ORATION FUNDRAISER

**An Event in Sydney in August and can be accessed via Zoom – Annet van Kesteren**

You may be a regular attendee of events at Rudolf Steiner House, or a good customer of the Book Centre in Sussex Street. You may only have heard of a Waldorf School, Sydney Rudolf Steiner College, EduCareDo, Biodynamic Farming or some other initiative of the Anthroposophical Movement.

All of these initiatives fall within the work of Anthroposophy, the applied philosophy of Rudolf Steiner. There is also a building in Sydney's city centre, 'Rudolf Steiner House', which has been there since 1979. There is a flow of events that take place in the building. It represents a place in the world, where nurturing our understanding of Anthroposophy and developing the care to participate in the various places in Sydney—where Anthroposophical

work is done—happens. It is always a struggle to meet the financial basis to keep such a place alive. A small group of us who work and contribute to the life in the building want to offer an annual fundraising event which will contribute to its foundation in the world and allow it to continue as a living source for the various schools and initiatives in Sydney and beyond. We have named it after Erwin Berney, who was a key figure in Sydney and had a passion for Anthroposophy. We are hoping that especially those who may not know the building would be encouraged to come along and discover it as a place of spiritual presence and contribute towards its upkeep. If you can't make it on the night, it is also possible to make a donation via the Eventbrite site in the flyer below. If you prefer to make a direct deposit to the St. John's Branch instead, please use the enquiries email for details:

Enquiries: [msamson@email.org.au](mailto:msamson@email.org.au)



# *Inaugural Annual Erwin Berney Oration Fundraiser*

*Building a Community of the Spirit, and the Dead's  
Support in this Community  
and  
Anthroposophy's Task for the Michaelmas Festival*

*Presentation by Lisa Romero,  
international lecturer, author and teacher*

*Saturday August 21<sup>st</sup> 2021 @ 5.00 - 7.30pm*

*Special fundraiser event minimum donation \$55  
Donations possible for those who cannot attend via the Eventbrite  
link below*

*Rudolf Steiner House, 307 Sussex Street, Sydney*

*5.00 - 5.45pm Refreshments*

*5.45- 6.30pm Report on the work of the St John's Branch and in  
Rudolf Steiner House*

*Musical contribution by Sarah Corbett*

*6.30 Talk by Lisa Romero*

*Registration and Donations:*

*<https://www.eventbrite.com.au/e/inaugural-annual-erwin-berney-oration-fundraiser-tickets-153582353955>*

*Enquiries: [msamson@email.org.au](mailto:msamson@email.org.au)*



*Lisa is loved in Sydney where her work with Erwin Berney led to her becoming one of the custodians of his work and developing the EduCareDo programme.*

*When asked to hold a talk to the Sydney community as part of the fund raiser her response was immediate and suggested this theme of connecting with our dead in the development of a community of spirit.*

*She will join us from Ireland via a zoom link.*

## FROM THE GOETHEANUM

[goetheanum.co/en/news/working-paper-on-racism](https://goetheanum.co/en/news/working-paper-on-racism)

### Statement: Anthroposophy and racism

20 June 2021  
Sebastian Jüngel

For the 2021 AGM, a group within the Goetheanum Leadership put together a working paper on anthroposophy and racism.

The paper addresses accusations of racism aimed at Rudolf Steiner and anthroposophy. Gerald Häfner, Constanza Kaliks, Peter Selg and Justus Wittich provide an outline of the anthroposophical position during the emergence and implementation of National Socialism in Germany. There were vehement journalistic and even actual attacks on Rudolf Steiner from "nationalist, right-wing, racist and anti-Semitic groups". After the war, the accusations came from the political left and focused on "converging content and ideology" (key word: eco-fascism) and alleged cooperation with the Nazis. The paper rejects these allegations: they do not arise from an interest in knowledge because existing statements and monographs on the question were not consulted. The conclusion the paper arrives at is that of the "strategic management of opinions and indignation".

### Individual autonomy and self-efficacy

While Rudolf Steiner mentioned biological, ethnic and cultural influences on humanity, his main concern was with "the individuality's autonomy and self-efficacy" and its capacity to "transcend and transform biological, cultural and social premises and conditions". In 2000, a commission around the human rights expert Ted van Baarda (NL) identified individual passages in Rudolf Steiner's work that are considered racist today, but did not find any evidence of racist disparagement of others or of systemic racism.

The authors of the paper also look critically at the Anthroposophical Society and at where it appears very inward-oriented. They also honour the not to be underestimated achievement of members in the face of "challenging circumstances and immense

opposition". The practice of anthroposophy is based on cosmopolitan and social commitment.

[To the paper \(PDF\)](#)

This article was originally published in "Anthroposophy Worldwide" 5/2021.



## IBUGI : Institut für Bildung und gesellschaftliche Innovation

*The following is from the IBUGI website:*

<https://www.ibugi.de/en/ueber-uns/>

### What we do

At ibugi we explore, teach and live innovation in education and society. Our staff members develop their projects in teaching and research individually and collaboratively with a high degree of personal responsibility and self-monitoring, and organise corresponding formats and events. ibugi also incorporates practical social projects, such as CeSEB, which has been established in cooperation with the degree program of Philosophy, Arts and Social Entrepreneurship at Alanus University. We set great store by individual visions and ideas, as well as effective and constructive cooperation. We organise and conduct lectures and research projects, develop further education courses, conferences and forums and advise educational institutions.

Our institute is located at the house Eutopia in the heart of Bonn.

In October 2021, the IBUGI holds an interdisciplinary online Symposium (in English) on Rudolf Steiner. See the flyer on the next page.





# Call for Papers

## *International Steiner Symposium*

### *The Actuality of Rudolf Steiner: An Interdisciplinary Exploration of Steiner in the 21<sup>st</sup> Century (Online Symposium)*

**08/10/2021 – 10/10/2021**

Rudolf Steiner wrote and spoke prolifically about a wide range of areas, from social and political theory to philosophy, from spirituality to ethics, and from education to biodynamics. A common thread in this vast corpus of work was Steiner himself pointing out that everything he wrote and said was contextually bound by his experiences and surroundings, inviting the question: What can be learnt from Steiner's works which can help us understand today's society and our role within it?

This symposium seeks to address this question through an interdisciplinary collection of papers and contributions dealing critically and constructively with Steiner's work. As such, it sits within the Institute for Education and Social Innovation's (ibugi) broader research project of the same title:

<https://www.ibugi.de/en/forschung/>

The Institute for Education and Social Innovation is a research and teaching institution. As an academic institute affiliated with Alanus University of Arts and Social Sciences, we create a space in which free, interactive and interdisciplinary thinking, learning and teaching is possible. Within the institute and in cooperation with external partners we are searching for new ways to ask questions, to rethink and understand current problems, and to develop approaches for tackling current social challenges.

The symposium will be held online over 3 days, from **08/10/2021** to **10/10/2021**.

Holding the symposium online enables international contributions.

This call for papers invites contributions of 20–30 minutes from areas including, but not limited to:

- Identity and gender
- Ethics
- Political and social theory
- Philosophy and epistemology
- Education
- Social change and innovation
- Arts and aesthetics

If you are interested in contributing to the symposium please send an abstract of no more than 300 words by **02/08/2021** to Dr. Andrew Brogan ([ab@ibugi.de](mailto:ab@ibugi.de)). If you have any questions please do not hesitate to get in touch. There is no participation fee as either contributor or participant.

## FROM THE VIC BRANCH

### FESTIVE AGM was held on 3rd July

The Victorian Branch AGM was held on Saturday 3<sup>rd</sup> July 2021 at Aurora Australis, 2 Union Street, KEW. The usual business was conducted, and all motions have been passed. There was a discussion on the relationship of the Victorian Branch to the national Society, in particular how the thoughts and activities in Victoria should be reflected in the leadership group of the national Society. There is also an ongoing question of how we can secure a physical presence in Metropolitan Melbourne. The Committee is planning a meeting with the members to discuss these matters. Time and date will be announced later.

### Where do the Vic Branch members live?

In order to find out where the members of the Anthroposophical Society in this state live so that perhaps we can connect with others more locally, we have collated our membership list into a table and a

map. This is work in progress. Perhaps we can make a list of members with their interests and expertise and distribute it to other members? If you are interested in such a document, let us know.

### *Rudolf Steiner on Members' Meetings*

Everyone who goes to an anthroposophical meeting should have the feeling that one will find more there than when one merely studies Anthroposophy alone. We should be able to go to the meetings because we shall find human beings there, with whom we like to work at Anthroposophy together. In the literature on Anthroposophy, a certain view of life and the world is to be found. The anthroposophical meetings are there for people to find their fellow human beings. ...

In Anthroposophy it is the Truths it can reveal which matter: In the Anthroposophical Society it is the Life that is cultivated.

*The Life, Nature, and Cultivation of Anthroposophy*  
from the Letter to members on 03/02/1924 (GA260a)

### Vic Branch Members in Local Government Areas – July 2021



Vic Branch Members in Local Government Areas – July 2021				
Regions		LGAs/Suburbs		Number of members
Greater Melbourne  82	Melbourne Inner North	City of Melbourne	2	6
		City of Yarra	2	
		City of Moonee Valley	1	
		City of Moreland	1	
	Bayside	City of Stonnington	4	13
		City of Bayside	4	
		City of Glen Eira	4	
		City of Kingston	1	
	Melbourne Inner East	City of Boroondara	8	15
		City of Manningham	7	
		City of Boroondara	8	
		City of Manningham	7	
	Frankston-Mornington	Shire of Mornington Peninsula	4	4
	South-eastern Melbourne	City of Greater Dandenong	1	1
	Outer East Melbourne	City of Maroondah	16	33
		Shire of Yarra Ranges	17	
	Northern Melbourne	City of Banyule	3	7
		City of Darebin	2	
		Shire of Nillumbik	2	
	Western Melbourne	City of Hobsons Bay	1	3
		City of Maribyrnong	1	
		City of Wyndham	1	
Regional Victoria  17	Phillip Island	Cowes	1	2
	Gippsland	Noojee	1	
	Yea	Yea	1	4
	Mansfield Area	Mansfield	1	
		Maindample	2	
	Castlemaine Area	Harcourt	1	8
		Walmer	1	
		Maldon	1	
	Mount Macedon	Kyneton	1	
	Ballarat Area	Ballarat	2	
		Buninyong	1	
	Grampian	Glenorchy	1	3
	Geelong Area	Queenscliff	1	
		Inverleigh	1	
	Otway	Apollo Bay	1	

*Work in progress. It may contain some errors.*

## Vic Branch Library

The Vic Branch Library is still under preparation. Through the sale of some old anthroposophical magazines, we have raised \$330, which will go towards our Library Fund.

## Vic News Spring Issue

For the Spring Edition of the Vic News, I invite you to write something about 'healing'—medicine, therapy, personal journeys—or action in the community. I hope to hear from you.

Send your article to [anthroposovic@gmail.com](mailto:anthroposovic@gmail.com) by 15 September.

## USEFUL THINGS TO KNOW ...

### Vic Branch Committee

Birgith Lugosi	Branch Secretary,		
	Festival Co-ordinator	0448 844 453	birgith.lugosi@gmail.com
Andy Mardes	Treasurer, Public Officer	0428 132 392	anthroposovic@gmail.com
Yasushi Hayashi	Vic News Editor	0499 685 881	yasushi.hayashi@yahoo.com
Jenny Meltzer	Event Co-ordinator, Vic Branch Library		
Elizabeth McKay			
Ian George			
Nikki Vuillermin			

Vic Branch enquiries: **anthroposovic@gmail.com**

### SCHOOL OF SPIRITUAL SCIENCE Meetings of the First Class: Please check with the class holders.

**KEW** - 2 Union Street

4<sup>th</sup> Sunday of month at 10am\*

2<sup>nd</sup> Friday of month at 7.30pm\*

Class Holder: (Free rendering)

Birgith Lugosi 0448 844 453

**WARRANWOOD** 37A Wellington Park Drive

3<sup>rd</sup> Sunday of month at 10am; Feb. to Nov.

Class Holders: (Free rendering)

Guenter Zimmermann 03 9727 2456

David Morgan 0401 999 402

**ESOTERIC DEVELOPMENT GROUP** for Class Members

**WARRANWOOD** 37A Wellington Park Drive.

1<sup>st</sup> Sunday of Month at 10am Rob Gordon 0417 033 744

### VIC NEWS - Please send your member's news, reports, initiatives and creative contributions by email to:

The Editor [yasushi.hayashi@yahoo.com](mailto:yasushi.hayashi@yahoo.com) or to [anthroposovic@gmail.com](mailto:anthroposovic@gmail.com) **CLOSING DATES** for editions:

**15<sup>th</sup> March** - for Autumn (mid-April), **15<sup>th</sup> June** - for Winter (mid-July),

**15<sup>th</sup> September** - for Spring (mid-October), **15<sup>th</sup> December** - for Summer (mid-January)

Vic News is distributed to the members of the Anthroposophical Society (the Victorian Branch and the Michael Group) and to the friends of Anthroposophy in Victoria.

### LINKS and CONTACTS Visit these websites for further information:

The General Anthroposophical Society:

[goetheanum.org/en](http://goetheanum.org/en)

The School of Spiritual Science at the Goetheanum:

[goetheanum.co/en/school](http://goetheanum.co/en/school)

The Anthroposophical Society in Australia:

[www.anthroposophyau.org.au](http://www.anthroposophyau.org.au)

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