

KNOWING REALITY™

A weekend seminar 11th – 13th July with Ian Trousdell

At Rudolf Steiner House, 307 Sussex Street, Sydney CBD

Public talk on Friday evening 7.30 – 9.00

Saturday 9 am – 5 pm and Sunday 9 am – 1 pm

Come for the entire weekend or just one of the sessions

Anthroposophy is a Way of Knowing

leading you into the inner life and being of nature



This seminar will teach you how to use the three intuitive senses

Dr. Rudolf Steiner applied in his own spiritual research.

You will learn how to experience the energy and the soul states of any being you send your loving awareness to, enriching your profession and interests in life.

Greater Intuition = meeting knowing being

Inspiration = feeling hearing meaning

Imagination = seeing sensing imaging

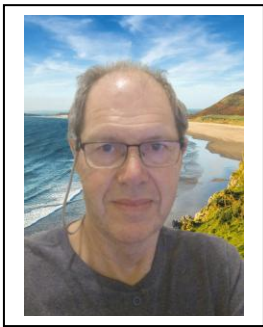
*'In just a short weekend my view of the world has utterly transformed.
What I have spent years reading about I can now experience myself, and furthermore,
I now have the techniques to continually develop this capacity into the future.'* Jeremy R. (UK)

Rudolf Steiner stated clearly that Anthroposophy is a path of intuitive knowing. At the end of Ch 5 in his book *Esoteric Science* he wrote that the Anthroposophical path of 'erkenntnis' starts with study but then moves beyond the intellect into intuitive knowing using three specially developed intuitive senses. These open the door to the deeper multidimensional reality which is around us all the time. This communication with Nature's community of life is Anthroposophy as a way of knowing. It is spiritual science in practice.

*'Our age is different from the past and requires us to grow up into mature human beings.
Please do not take this in a superficial, merely external sense, but in a deeply inward one.
We must reach maturity and find the path into the spiritual world through our souls.'*

Rudolf Steiner, 5th May 1914, Basel, Switzerland.

Weekend Programme: Friday evening public talk 7.30 - 9.00. / Seminar - Saturday 9 to 5 / Sunday 9 - 1 /
Programme: Explanations, freeing awareness exercises, discovery of one's higher Self, group discussions, intuitive research methods, methods of validity, self-generated insights and sharing. Blackboard sketches and notes.



Ian Trousdell has led spiritual science seminars in Europe, China, Australia and NZ based on fifty years of anthroposophical self-transformational practice and has worked with spiritual scientists in Europe. His teaching is based on personal experience with intuitive research capacities developed over many years following Rudolf Steiner's indications. He has been a Waldorf teacher for 25 years, worked in Biodynamics, led the Foundation for Water research programme at Emerson College (UK) and is a director of Flowform International Ltd. He is married with five children and six grandchildren.

Seminar: Friday talk \$20. Saturday 9am-5pm \$120 / Sunday 9am-1.00pm \$80.

Ensure your place, book the seminar early. Contact Berna Poljak at poljakberna@gmail.com

Confidential Private Consultations are also available in which Ian will use his spiritual perception capacities to work with you and your higher Self to answer whatever questions you bring. Consultations are \$180 for a 50-minute session. (\$30 discount to \$150 for seminar participants.) Bring your own recording method if you wish. Times & venue to be confirmed. For information or to make a booking: ian.trousdell@gmail.com WhatsApp +61 21 959112

*'Thank you so much for our time. I am grateful for the profound healing that you helped to bring into my life.
My higher Self is like sunshine radiating into my whole being! Warm and gentle.'* Caroline P (USA) online consult

