

An ASinA webinar Sunday 22nd November at 5.00pm AEST/3pm AWST

Dear friends,

Following on from our successful *A Conversation About Ageing* a few weeks ago, we invite you to attend our webinar *Planning for the Future of Anthroposophic-based Aged Care in Australia*. This event is another step towards a future project for creating a residential aged care service that supports Rudolf Steiner's image of the three-fold human being; one that puts comfort, community and creativity at the centre of the care model.

As Anthroposophists, we are often very knowledgeable about what happens to us after death and how to prepare for life over the threshold, but spend less time making provision for our last years here. Although most of us have clear preferences with regard to end-of-life care, there can be a disconnect between these preferences and what happens in practice. Perhaps we assume our loved ones understand us well enough to provide for us as we would like. Perhaps we think we'll just worry about it when the time comes. But perhaps we don't realise how much thought and planning is required to make our final years nourishing and dignified.

So please join us as we explore how to develop a model of services for older people at a time in that time of our lives when we need more care and support. Our speakers are:

Naturopath Irmhild Kleinhenz: current and future Anthroposophic-based care models Dr Lisa Harris: current home and hospital models of care in Australia Dr Joanna Jaaniste: dementia and the role of creative arts therapy

What: Planning for the future of Anthroposophic-based Aged Care in Australia
When: Sunday 22nd November at 5.00pm AEST/3.00pm AWST
Where: Online via Zoom
How to register: Click <u>here</u> to register! Your *unique* link will be on the confirmation email.

Please submit any questions you have to: Irmhild Kleinhenz <u>irmhildk@outlook.com</u> or Fiona Campbell <u>paintedspace@gmail.com</u>

This initiative supported by the management group of the Anthroposophical Society in Australia