# Novals Branch of the Anthroposophical Society Inc. Calendar of Events 2024

#### SEMINARS, EVENTS, WORKSHOPS

27 – 29 September HEART IN THE RADIANCE OF STARS; THE ETHERIC HEART AS ORGAN OF SPIRITUAL PERCEPTION - GILLIAN ROGERS, IRMHILD KLEINHENZ, IRIS CURTEIS Venue: 1 Elliot Close Bellingen, NSW 2454

Cost: concession \$180; General \$250; for all rates, further information and and contact please see booking site:

https://events.humanitix.com/heart-in-the-radiance-of-stars

#### 19 & 20 October - Pending MAGICAL TRANSFORMATIONS – ORAL STORYTELLING FESTIVAL WITH MULTIPLE STORYTELLERS Talks, Storytelling for Children 2 – 11: Stories for Adults and 12+: Storytelling for Community Building:

Talks, Storytelling for Children 3 – 11; Stories for Adults and 12+; Storytelling for Community Building; Stories as Spiritual Pathways Venue to be advised

Cost: Children's sessions free; Adults, Couples, Families, Groups to be advised Inquiries: iris@storyvisionsource.com

#### 23 November

#### CHRISTOPHER HOUGHTON BUDD

Entrepreneur, academic and long-time student of Rudolf Steiner's economic ideas, especially as they relate to the English-speaking world, Christopher has a PhD in Finance and Banking from London's City University. As well as his own academic publications, he has edited works by colleagues of the Economics Conference of the Goetheanum. The topics explore Steiner's socio-economic ideas in relation to current developments. Christopher's mainstream works include Finance at the Threshold, commissioned to introduce financial professionals (accountants, policy makers, central bankers) to Steiner's work, and Beyond Gold, a study of the core problem of our times: the role of the state and markets. Professional engagement with such people can change one's perspective on current events, even instilling optimism about the future. https://aebookstore.com/

Venue: 2 William St, Bellingen, 10:00 a.m. - 3:00 p.m.

Cost \$ 90.00 p.p; Concession \$70 p.p

Inquiries: Hamish Mackay 0412 862 823 or bio2024@bigpond.com

26th of October

HOME CARE FOR THE SICK - FOR PARENTS, CARERS & PROFESSIONALS Venue: Morning Star, 1 Elliot Close, Bellingen; 10:00 - 2:00; \$125 p.p. Bookings essential, please contact Irmhild: email irmhild@pm.me

#### STUDY GROUPS

3rd October - Thursdays fortnightly 6.30 to 7.30

FESTIVALS WITH SOPHIA – WORKING TOWARDS THE CHRIST IMPULSE, KATHY TAYLOR

In our age of the consciousness soul we can find ourselves working on our own path of meditation which can seem remote from our connection with others. Through celebrating the Christian cycle of festivals throughout the year on the path given by the Christian Community church (founded in 1922 with the spiritual guidance of Rudolf Steiner) we can form a new expression of our relationship to spiritual activity. Working in community as a free deed of Love, exploring possibilities for creating capacities for the future, nurturing our communities and ultimately coming into relationship with the higher beings surrounding us, these are the goals of our new Festivals. Kathy is offering this study group to work towards and create community festivals in our area. Feeling our feet slowly we hope to discover meaning and conviction on this path.

Contact: Kathy 0458 943 041

Venue: 'Sunrise', 538 Darkwood Rd Thora.

9th October - Wednesdays fortnightly

A STUDY OF TRANSHUMANISM: MERGING WITH AI - THE END OF HUMANITY? - FACILITATOR IRIS CURTEIS

When we speak of Transhumanism what do we mean? Technological 'enhancement' of the human being; Super Al or Artificial super-intelligence - systems that possesses cognitive capabilities that are intended to far 'exceed' intelligent human beings, capable of surpassing human intelligence by manifesting cognitive skills and developing thinking skills of its own and Self-programming Al capable of writing and optimising code without human intervention. According to insights gained through Spiritual science, we will need forms of this technology in the more distant future. As fear and avoidance will not serve us, I hope to create a space in which we can work deeply into an understanding of what is driving this. The questions I carry: What does it mean to be human? How can we meet and transform these technologies through our creative engagement and place them into the service of humankind rather than elevating them above us? Study group approach: As all things unitarian support arimanic forces and impulses and rather than all of us reading the same lectures or using the same sources, l invite you to bring your own sources, insights and approaches into this space. I will draw on work that has been carried out in the Section for Literary Arts and Humanities, in this field over a number of years, using arts based research and applied creative engagement. I would like to work with material we carry together, in a way that we can inspire a creative event performative rather than performance - a social act in the sense of Joseph Beuys' works. Iris Curteis, contact: iris@storyvisionsource.com

#### WEEKLY CLASSES

Mondays 12:30 – 1:30 HEALING MOVEMENT CLASS – IRMHILD KLEINHENZ Urunga Community House by donation

### WEEKLY CLASSES

Mondays 1:30 – 2:30 SPEECHFORMATION & DRAMATIC ART – IRIS CURTEIS Urunga Community House by donation

#### Fridays - weekly MEDITATION CLASSES – IRMHILD KLENHENZ

This class will explore methods given by Rudolf Steiner as an occult remedy and practice to strengthen our inner life. This includes various breath exercises and mantras we can practice in the mornings and evenings to awaken cosmic thinking, the cosmic soul and the cosmic will. There are many methods of meditation and breath work; it can be difficult to choose which is suitable for us and the development of our consciousness soul. A 'path of schooling' can give us the tools we seek and support us to mature the necessary spiritual forces to transform the growing challenges to future health and wellbeing of the earth and humanity. If you wish to participate, or need more information, please contact Irmhild Kleinhenz 0444 551 381, irmhild@pm.me

#### ONLINE COURSES & TALKS

Oct. 12th; Nov 2nd; 16th; 30th; Dec 14th; online sessions 3:00 - 5:00 OUR VOICES TELL OUR STORIES - EXPLORING THE IMPORTANCE OF THE HUMAN VOICE IN LIFE STORIES, ORAL SOCIAL HISTORIES, TALES OF RESISTANCE, SURVIVAL & RECONCILIATION - IRIS CURTEIS

This online course explores the unique and powerful immediacy our human voice creates when we tell our stories, especially our family or life stories, but also oral histories, national historic narratives and counter narratives that create the full spectrum of voices, inclusivity, respect, truth-telling and possibilities of reconciliation. Only our human voice can hold the silences of the unrepresentable (violence, abuse, genocide, etc.) held within survivor, witness and bystander stories. Storytelling is a collaborative art form that builds community resilience. Sharing our experiences, weaving our memories, transmitting storied knowing between generations, are an act of wisdom sharing and relationship building to place, culture, kith and kin, where the human voice of the teller is as vital as the content being told. We will development creative writing practices, oral telling skills, and generative feedback. You will receive notes and one-on-one conversations on request. Please note: Sessions are not recorded. For Professional Development participants Estimated Workload: 24 hours

Online (group): 10 hours

Independent personal research, writing, practice and preparation: 14 hours

Cost: \$300; Early Bird \$250

#### ONLINE COURSES & TALKS CONTINUED

#### NOVEMBER 11TH 6:30 - 8:00 PHONTOMS, SPECTRES, DEMONS & SPIRITS

# Phantoms, spectra, demons, spirits are elemental beings which are formed by human 'activity' and impose on or weave into our physical - , etheric - , astral - and ego -sheaths. Some of our less enlightened activities not only leave traces, but manifest in the generation of elemental beings that do not promote our further development, but obstruct it. This talk will offer a beginning insight into how we - often unintentionally - create these beings and how we can consciously change this process.

Bookings essential, no charge

Contact lris@storyvisionsource.com

#### PREVIEW EVENTS IN 2025

#### ONE-DAY CHARCOAL WORKSHOP WITH BEVERLEY CLARKE

Higher Diploma Secondary Teaching (H.D.S.T. Rusden); Masters in Experiential Creative Arts Therapy (M.I.E.C.A.T) Studying ceramics and sculpture at the School of Arts and Design, Canberra, lead Beverly to a Masters in Experiential Creative Arts Therapy at the M.I.E.C.A.T Institute. Beverley worked as Experiential Creative Arts Therapist, with people addressing addiction, mental health conditions, relapse prevention, post-traumatic stress disorder, and in the fields of Aged Care and Dementia. She then commenced a seven-year, ongoing journey into Anthroposophical Art Therapy studies, focusing in particular on the approach of Liane Collot d'Herbois (1907-1999). She took the first three semesters at the Emerald Foundation, De Haag, with Josine Hutchison, followed by two years Neeltje Prior-Bollen in Titirangi/Waitakere (NZ), and continues her studies with Iris Sullivan, a master student of Collot d'Herbois, in Hawaii. Further details TBA

## TELLING THE DIFFERENCE, THE ORAL ART OF TELLING MYTHS, LEGENDS & SAGA, PARABLES, FABLES, & FOLKTALES - IRIS CURTEIS

Myths, Legends, Sagas, Parables, Fables, & Folktales are often lumped together or confused. They really are very different; they have different relationships to what we could call the sacredspiritual, they have different social functions, & they require different 'ways of telling'. This five-part online course is about getting to know these differences & building practical skills so you can confidently 'tell the difference' when you are telling a story. Whether you use storytelling in child or adult education, parenting, community building, social justice, caregiving, or are looking for creative ways to explore your cultural roots, this course will develop storytelling skills, inspire cultural insights and provide a clear, practical introduction to 'liminal space', the importance of story openings & closings, why we need them, & how they work.

Online fortnightly; Inquiries, expressions of interest and pre-bookings: iris@storyvisionsource.com