



Anthroposophical Society in Australia
Canberra Branch

March 2022 Newsletter

Dear members and friends in the Canberra Region

AUTUMN to WINTER the time of transition is with each of us

Together we come to celebrate our deeds and nature's gifts and offerings. We spend time bringing to consciousness how these gifts arise – not only from the physical but also from beyond the physical world. Our spiritual activity task seems ever more critical, to recognize the forces to which we contribute daily and that meet us during our sleep life to be transformed into new life energy for the day ahead.

With these thoughts in mind, we are delighted to be inviting you to join us for upcoming events including a special presentation by Peggy Day-Hakker from the Pedagogical Section on Friday 27th May and a Members dinner on Saturday 28th May for which details can be found in our event listings and attached flier. Members were grateful to have come together on 1 May for the AGM and welcome Tim Bourke to the Committee. It was also wonderful to hear about the new STAR initiative of home tutoring and Fiona Campbell's many creative activities including the upcoming on-line and in person creative workshops. Please refer to the attached flier and event listing.



April was a busy time for many members and friends. We held an inspiring Easter event on the theme Spirit Triumphant with Louise Pilon sharing some of her painting studies to the theme, Elaine Goodman sharing a wonderful verse and singing together before our sumptuous shared high tea. The General Anthroposophical Society in Dornach held its AGM in hybrid form for the first time. It also included break-out discussion groups and a possibility of voting on-line. Recordings are available on their website. The Anthroposophical Society in Australia held the AGM in Adelaide also in hybrid form with about a total of 40 members attending. We will no doubt hear more from the Management Group through the next newsletter.

Canberra region What's On

Pedagogical Section work collaborating with Rudolf Steiner education communities today

Friday 27 May 2022 7pm

Where: Yarramundi Cultural Centre, Yarramundi Reach ACT

Who: Peggy Day-Hakker is the Coordinator of the Section and is keen to have a conversation with members, friends, teachers and anyone from Steiner School communities interested in attending. Please refer to the attached flyer.

Registration and inquiries: canberraanthropos1@gmail.com Ph: 0402 782 632

Cost: Donations Welcome

Members Dinner

Saturday 28 May 2022 5:30 for 6pm

All members of the Canberra Branch are invited to bring a friend along. Members from other branches also welcome.

Booking essential by latest Tuesday 24 May 2022.

Cost: Suggested donation \$20

First Class Intensive with speech and eurythmy

Sunday 29 May 2022 9am – 12midday followed by a shared lunch

First Class members only – Blue Card required

Enquiries; Marilyn Lewis marilyn.lewis@gmail.com Ph: 6288 1495

Regular Canberra and local region activities and allied initiatives

Class lessons for the School of Spiritual Science

The First Class of the School of Spiritual Science has three Class Holders in the Canberra Region with lessons generally held monthly. After the lesson there are opportunities for contributions, dialogue and sharing of research. Class intensives involving presentations and artistic activity are also usually held twice a year. Blue card required.

Ainslie Arts Centre, Braddon: 11am on the 3rd Sunday of the month

Marilyn Lewis (private home): 8am on Tuesdays monthly (dates to be confirmed).

Please register with Marilyn Lewis, Coordinator, marilyn.lewis@gmail.com

Ph: 6288 1495

Membership enquiries for the Class: Marilyn Lewis

or Louise Pilon: **Ph: 0411 512 412**

NEW Fortnightly Eurythmy classes for children and adults with Adam Chan

Saturdays commencing 21 May 2022

Where: Christian Community Chapel, Holtze close, Hackett

Beauty and strength of gesture. When we can move together, there is a different relationship, there is a different knowing of one another, there is a greater trust. Canberra Eurythmy

introduces you to Eurythmist, Adam Chan <https://1drv.ms/v/s!AsFoDC87fyOug7VBrQoFQt2B-Pk7ng>

3pm Children; 4pm Adults

Cost: \$20 per session

Register. E; canberraeurythmyclasses@yahoo.com

Thursday evening study

Group reading and discussion. This group is currently at capacity.

For enquiries contact Terry or Vince Flynn: **Ph: 0487 384 800**

Thursday morning study

Study selected texts

Held in private residence, Fraser - Free

For enquiries contact Paul Harris:

paulbrisbane@comcen.com.au

Ph: 0423 167 887 or 6295 8273

Weston Creek Community Orchard working bees

Third Sunday of each month 10am -2pm

For enquiries contact Chris Boswell:

Email: ochriso@iprimus.com.au

Seasonal composting working bees

Autumn and Spring working bees are organized mostly for 2pm on selected Sundays.

Enquiries; Rosie Outhred; rose3pose@gmail.com

Christian Community in Canberra

Hotze Close, Hackett

Sundays at 10am The Act of Consecration of Man services

Children's hour held every fortnight 9am Also other special event activities

For enquiries contact: Ioanna Panagiotopoulos ioanna.panagiotopoulos@gmail.com

Ph: 0447 504 233

Eurythmy

If you are interested in undertaking eurythmy or eurythmy therapy, please contact Clare

Goodman; **Ph: 0420 321 393**

Pressel Massage

Dr Simon Pressel developed a massage therapy based on anthroposophical principals.

Magda Rojas is a locally based physiotherapist and offers the Pressel Massage in Canberra.

To book an appointment with Magda; magdalizethr@gmail.com or **Ph. 0415 685 130**

Canberra Branch Library

The Canberra Branch holds a specialist library of publications that includes those of Rudolf Steiner and other authors. Catalogues of the collection are available and books and other media may be borrowed - Free for members, \$20 per loan by non-members.

The library is currently located in the home of **Marilyn Lewis** in Fisher **Ph: 6288 1495**.

NSW Events

The Sydney Branch has a wonderful diverse events calendar. You can find listings and details by clicking [HERE](#)

The NSW Branch also has regular listings [HERE](#)

A Weekend Arts Retreat with Fiona Campbell

Friday 3 – Sun 5 June 2022

Linuwel Steiner School, Morpeth

Cost: \$250

For bookings and further details, click [HERE](#)

Other Events in Australia

Check the website link [HERE](#)

ON-LINE webinar series

**Monthly Study group – On-line with Martin Samson on the Gospel of St John
Until-29 May 2022:**

An ongoing contemplative gathering with lecture, discussion, guidance, and questions around meditation and living a spiritual year. You can find more information about this group [HERE](#).

Image and Lustre – working with Steiner’s Colour lectures

A painting masterclass online with artist Fiona Campbell

13 May – 5 August 2022

Fridays 2-4pm

Cost: \$250 for 7 classes

Contact: Fiona Campbell paintedspace@gmail.com

Refer to attached flier or the link [HERE](#)

Anthroposophy in Australia

The website of the Society in Australia is constantly being updated with new information.

It is FREE to subscribe to the latest news from the Anthroposophical Society in Australia. Just go to <https://www.anthroposophyau.org.au/> Scroll to the bottom of the page and just enter you email address. Its as simple as that!

Internationally based courses

Holistic Biography training with the team of Karl-Heinz Fink and Laura Summerfield continue their workshop and training program across four continents. To check the latest - just go to the website; <https://holisticbiographywork.com/training/> . They are also active on Facebook.

Live Video Series: Anthroposophy – an extension of science?

A series of lecturers from the Goetheanum – live streamed in German and available as recordings in English. Go to <https://goetheanum.co/en/news/live-video-series-anthroposophy-an-extension-of-science>

The leadership at the Goetheanum have adapted their communications and presentations and are thereby reaching a wider audience. If you have not yet subscribed, can we encourage you to do so by using this link: <https://www.goetheanum.org/en>

EduCareDo - the distance learning Anthroposophic Foundation Course that was founded by Erwin Berney in the 1990s is now offered on-line world-wide. Lisa Romero is one of the leading directors and facilitator of the *Inner Work Path* program and is currently based in Ireland. You can find details here; <https://www.educaredo.org/educaredo>

We look forward to meeting you soon

The Canberra Branch Committee, Anthroposophical Society in Australia

Hannah Semler, Coordinator 0402 782 632

Louise Pilon, Deputy Coordinator 0411 512 412

Terry Flynn, Treasurer 0403 495 824

Riitta Korpinan, Festivals 0408 221 385

Elaine Goodman

Tim Bourke

The Canberra Branch acknowledges the traditional custodians of the region, the Ngunnawal and Ngambri and we pay our respects to elders past present and emerging.