



Anthroposophical Society in Australia  
Canberra Branch

## *July 2023 Newsletter*



***Devoted to the Spirit's revelation,***

***World-being's light I gain;***

***Thought power grows in clarity***

***To give my Self to me;***

***And, wakening from thinker's might,***

***Feeling of Self is freed***

***(Calendar of the Soul 39 (14) - tr. W & L Mann)***

*Dear members and friends in the Canberra Region,*

*Warm greetings from the depths of the Canberra winter!*

*In the Canberra region, we are very fortunate to be able to experience the contrast of the four seasons very clearly, and many of us know that this experience can be enhanced, deepened, and transformed through meditative practice guided by Rudolf Steiner's "Calendar of the Soul". The frosty, cold mornings, while certainly difficult in some ways, can also inspire a sense of the*

*Earth spirit's wonder and perceptive opening to wide open "cosmic" spaces, a perception aided by the crystallising cold intensity arising from the long, dark nights. While we as humans seek to gather and transform our warmth inwardly in this season, it is possible to also feel the elemental world rejoicing in the smallest detail, even down to the glistening frost on the ground, the mist embracing the earth and yes, even the wonder of seeing the seasonal dusting of white snow on the Brindabellas.*

*After a short break since the very successful events last year, we are re-commencing our evening "Winter Warmers" series this year with a session titled "Journeying North into Spring - From 4000BC to contemporary life, where and how is Anthroposophy living today?" at the Quakers Hall (Friends Meeting House) in Turner, on Wednesday 9<sup>th</sup> August at 6pm. Hannah Semler and Baz Parker, recently returned from three months travelling in Europe, will share their personal reflections on what and where the cultural shifts appear to be happening in Europe, and then invite conversation on the topic. See details below. Please register your interest and join with us for a night of warming food and company, lively spiritual discussion and sharing.*



Anthroposophical Society in Australia  
Canberra Branch

Inviting you to  
**WINTER WARMING – journeying north into Spring**  
**6pm Wednesday 9 August 2023**

Woolman Room - Friends Meeting House  
cnr Condamine and Bent streets, Turner ACT

Hannah Semler and Baz Parker  
have recently returned from three months travelling in Europe.  
*Following a warming vegetarian soup and desert, we look forward  
to sharing our personal reflections on what and where the  
cultural shifts appear to be happening in Europe.  
From 4000BC to contemporary life, where and how is  
Anthroposophy living today?  
We will share some images and invite conversation on the topic.*

*Photo: The Matterhorn, Zermatt, Switzerland April 2023; Hannah Semler*

**Bookings essential for catering purposes:**

[canberraanthropos1@gmail.com](mailto:canberraanthropos1@gmail.com)

or Ph: 0410071969

**Suggested donation to cover costs:**

**\$25 / \$15 concessions**

Please make payment as transfer to:

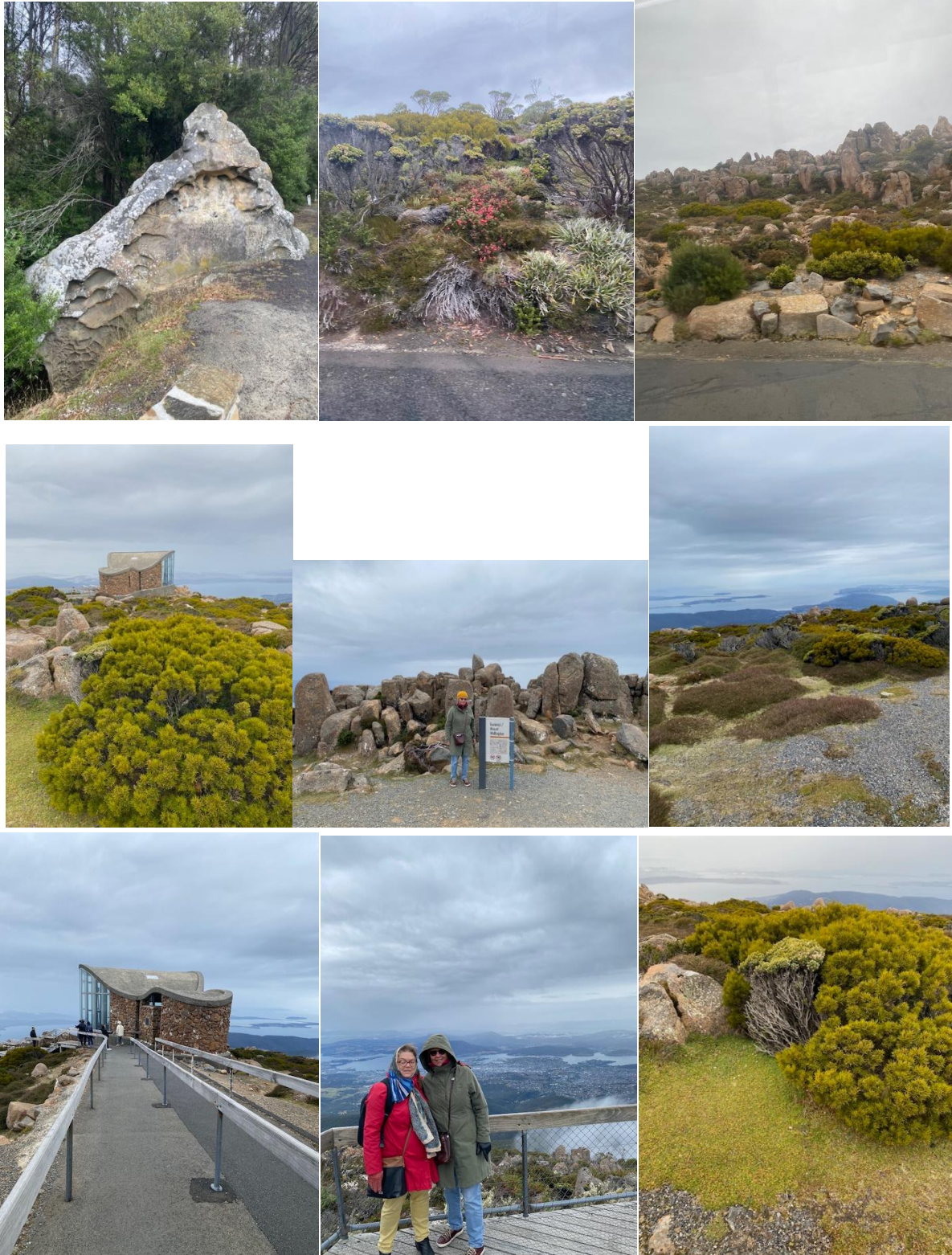
Anthroposophical Society in Australia, Canberra Branch  
Bsb: 325185 Acc: 03493794 Reference: Winter Warmers

*We are always looking for members and friends willing and able to present "Winter Warmers" (or other) activities, so please do contact any member of the Management Committee if you have something to offer – the life of anthroposophy is in the mutual, warm sharing of our spiritual striving.*

*Soon after our August Winter Warmers, we plan to celebrate a Michaelmas Festival in late September or early October at Lewis Hall at Saint Columba's Uniting Church in Braddon. Further details will be provided shortly.*

*Two of our Committee members (Riitta Korpinen and Louise Pilon) recently attended the Annual General Meeting of the Anthroposophical Society in Australia in Tasmania. A report on the AGM will be sent by the National Committee shortly; in the meantime, below are some photos from their visit courtesy of Riitta:*





*After a period of having to make do with meeting in Committee members' homes, mainly due to the additional COVID restrictions on schools, the Management Committee of the Canberra Branch has been fortunate to recently negotiate the monthly use of the Board Room at the Orana School for our Committee meetings at a very reasonable rate. Building on our recent involvement with the Orana Spring Fair last year, we hope that this will help the Society locally to slowly build and rebuild connection with this vitally important, living local anthroposophical initiative.*

*Tim Bourke*

*Secretary, Canberra Branch, Anthroposophical Society in Australia*

## **Canberra region What's On**

### **August Winter Warmers**

**6-8.30pm Wednesday 9<sup>th</sup> August**

**Woolman Room, Friends Meeting House** Cnr Condamine and Bent Streets, Turner

See flyer above for more details

### **The Work of Marion Mahony Griffin – National Archives**

**4-5pm Thursday 10<sup>th</sup> August**

**National Archives of Australia** Kings Avenue, Parkes ACT

After establishment of the Marion Griffin Garden at Grevillea Park on 14 February 2023, this event is designed to bring together various groups aligned with Marion's approach and philosophy for a private viewing of her work.

At the same time, this viewing will feed into the process of designing an interpretive walk featuring local native plants and nature-connection spots around Lake Burley Griffin, allowing environmentalists and nature lovers a unique opportunity to take inspiration from Marion's work.

This will be a small group viewing at the archives from 4-5pm. Registration is essential. See <https://www.eventbrite.com.au/e/the-work-of-marion-griffin-national-archives-tickets-645734097067?aff=oddtcreator> for tickets.

### **Canberra Theosophical Society Talk – The Serpents of Wisdom presentation by Canberra TS member Grahame Crookham**

**1pm Saturday 15<sup>th</sup> July**

**Friends Meeting House** Cnr Condamine and Bent Streets, Turner

For details see <https://theosophicalsociety.org.au/statics/canberra-group>

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**Are you interested in one or more of the below? Please let us know and we can assist with organizing.**

- Special guest speakers from interstate – what topics would you like to have more of?
- Shared viewing and follow-up discussion of an on-line international talks? Especially for those who may not access zoom at home.
- Create a new Study Group around a specific theme or range of topics?

## **Regular Canberra and local region group activities**

### **Class lessons for the School of Spiritual Science**

*The First Class of the School of Spiritual Science has three Class Holders in the Canberra Region with lessons generally held monthly. After the lesson there are opportunities for*

*contributions, dialogue and sharing of research. Class intensives involving presentations and artistic activity are also usually held twice a year. Blue card required.*

Ainslie Arts Centre, Braddon: 11am on the 3rd Sunday of the month Marilyn Lewis (private home): 8am on Tuesdays monthly (dates to be confirmed).

Please register with Marilyn Lewis, Coordinator, [marilyn.lewis@gmail.com](mailto:marilyn.lewis@gmail.com) **Ph: 6288 1495**

**Membership enquiries** for the Class: Marilyn Lewis

or Louise Pilon: **Ph: 0411 512 412**

### *Thursday morning study*

Study selected texts

Held in private homes - Free

For enquiries contact Paul Harris:

[paulbrisbane@comcen.com.au](mailto:paulbrisbane@comcen.com.au) **Ph: 0423 167 887 or 6295 8273**

### *Thursday evening study*

Group reading and discussion. This group is currently reading the edited collection of lectures by Rudolf Steiner with the title 'Staying Connected' on the theme of our connection with those who have died (the 'so-called dead,' to use Steiner's phrase) . Free

Meet: Queanbeyan private home

For enquiries contact Terry or Vince Flynn: **Ph: 0487 384 800**

### *Christian Community in Canberra*

Sundays at 10am and Wednesday at 9:30am The Act of Consecration of the Human Being Children's service and community gathering held every fortnight 11am on Sundays after the Act of Consecration. There are also other regular and special event/festival activities

For the latest program, newsletter, and other information see

<https://www.thechristiancommunity.net/canberra/> or contact: Reverend Ioanna

Panagiotopoulos [ioanna.panagiotopoulos@thechristiancommunity.net](mailto:ioanna.panagiotopoulos@thechristiancommunity.net)

**Ph: 0447 504 233**

### *Weston Creek Community Orchard working bees*

Third Sunday of each month 10am -2pm

For enquiries contact Chris Boswell:

**Email: [ochriso@iprimus.com.au](mailto:ochriso@iprimus.com.au)**

### *Pressel Massage*

Dr Simon Pressel developed a massage therapy based on anthroposophical principles.

Magda Rojas from Colombia, is currently a locally based physiotherapist and offers the Pressel Massage in Canberra.

To book an appointment with Magda:

[magdalizethr@gmail.com](mailto:magdalizethr@gmail.com)

**Ph. 0415 685 130**

### *Canberra Branch Library*

The Canberra Branch holds a library of publications that include those of Rudolf Steiner and other authors. Catalogues of the collection are available, and books and other media may be borrowed - Free for members, \$20 per loan by non-members. The catalogue is now available online here:

<https://docs.google.com/spreadsheets/d/1XZbgzrndziljq9aHr9kqDmFhEUYNb5V4/edit?usp=sharing&oid=105963213709335519827&rtpof=true&sd=true>

The library is currently located in the home of **Marilyn Lewis** in Fisher **Ph: 6288 1495.**



## Australia wide on-line and other activities

**Monday 10th to Friday 14th July: Breathing through the night, an online painting intensive for Winter**, over 5 consecutive evenings (5pm-6.30pm AEST) painting the cycle of the night. This is a deep breathing activity, an artistic contemplation ideal for warming the inner and outer chill of Winter and bringing the health-bringing forces of the breath into harmony. Based on a classic Hauschka art therapy exercise, we will paint the cycle of the night from sunset to sunrise using colour and verse. Suitable for anyone familiar with Goethe's Theory of Colour and wet-on-wet painting. Please have a look at <https://anthroposophyau.org.au/event/breathing-through-the-night-a-painting-intensive-for-winter/> for more details and to register.

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**Saturdays 29th July – 26th August: In Our Own Words: Re-Telling the Parzival Tale, five creative writing online workshops exploring the key motifs of the Parzival and Grail legends.** Saturday afternoons 4.00pm – 6.00 pm AEST with Fiona Campbell, an activity supporting the Parsifal Project (Visit <https://anthroposophyau.org.au/event/the-parsifal-project-2/>) For more about this workshop, visit <https://anthroposophyau.org.au/event/in-our-own-words-re-telling-the-parzival-tale/>

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### **Heart in the Radiance of Stars**

**28 July - 30 July**

#### **The Etheric Heart – An Organ of Spiritual Perception**

Presenters: Gillian Rogers, Irmhild Kleinhenz, Iris Curteis

Where: School of Arts, 1 Old Pacific Hwy, Burringbar, NSW

Rates: Bare Bones \$250; Early Bird \$300; Full \$350 (further options see booking page)

See <https://www.anthroposophyau.org.au/event/heart-in-the-radiance-of-stars/> for further details and bookings

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### **You and I are we – questions of community**

**1 September @ 6:00 pm - 3 September @ 10:00 pm \$140**

Newcastle Waldorf School

30 Reservoir Rd, Glendale NSW 2285, Australia

Hosted by the Oceanic Youth Circle

Consider this a call to anyone who is young (18-35), working in Anthroposophy, or just interested in Anthroposophy to come together for a weekend of learning and connection.

See <https://www.anthroposophyau.org.au/event/you-and-i-are-we-questions-of-community/> for further details and bookings.

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## **Save the date! A Conference to celebrate the 100th Anniversary of the Christmas Conference**

**27 December @ 8:00 am - 31 December @ 5:00 pm**

Recognising and Affirming the Mystery Deed of the Christmas Conference  
as We continue to Cultivate the Life of the Spirit in our Time



VENUE: The Michael Centre, 37a Wellington Park Drive, Warranwood, VIC Australia

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### **Let Your Spirit Speak**

Person-centered spiritual direction and guidance courses with Martin Neeme-Samson

This begins a new way of working

More information, contact Martin at [msamson@email.org.au](mailto:msamson@email.org.au)

Or see the website [HERE](#)

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## **Anthroposophy in Australia**

Information is available to anyone interested in anthroposophy through the [website](#). Anyone interested in becoming a member is welcome to contact the local Branch directly or complete an online enquiry form.

It is also **FREE** to subscribe to the latest news from the Anthroposophical Society in Australia. Just go to <https://www.anthroposophyau.org.au/>, scroll to the bottom of the page and enter your email address. It's as simple as that!

## **Internationally based courses and events**

**The Goetheanum** in Dornach, Switzerland is offering a rich array of conferences and congresses, concerts and performances, webinars and livestreams leading up to the 100 Years Christmas Conference at the Goetheanum in December this year on the theme "That Good May Become". These are open to anyone. Please check them out [HERE](#).

**Holistic Biography training** with the team of Karl-Heinz Fink and Laura Summerfield and others continue their workshop and training program across four continents. To check the latest - just go to the website; <https://holisticbiographywork.com/training/> . They are also active on Facebook.

**EduCareDo** - the distance learning Anthroposophical Foundation Course that was founded by Erwin Berney in the 1990s is now offered on-line world-wide. Lisa Romero is one of the leading directors and facilitator of the *Inner Work Path* program.

You can find details here <https://educaredo.org>

### **The Canberra Branch Committee Anthroposophical Society in Australia**

Louise Pilon, Chair 0411 512 412

Terry Flynn, Treasurer / Public officer 0403 495 824

Tim Bourke, Secretary 0410 071 969

Riitta Korpinen, Festivals

Elaine Goodman

Postal address: TBA

*The Canberra Branch acknowledges the traditional custodians of the region, the Ngunnawal and Ngambri and we pay our respects to elders past, present and emerging.*

We respect your freedom to choose to remain on our mailing list. If you do not wish to receive this newsletter or mailings from the Canberra Branch, please reply UNSUBSCRIBE

If you wish to receive a mailed hard copy please advise by email or call one of the committee members.