



**Anthroposophical Society in Australia
Canberra Branch**

January 2023 Newsletter

Dear members and friends in the Canberra Region YUMA!

NEW YEAR GREETINGS to EVERYONE



*Even as the blossom and fruit,
By the Sun-Spirit ripened,
Spring from the flowering stem,
So from the stem of man's inner being,
Will Truth uplift his budding cup of light.
Tended by God and nurtured by the
Good.*

*Therefore to the Truth
Every good man aspires,
As to the Light
The plant reaches out
Lest it droop ere it comes to flower.
Verses and Meditations - Rudolf Steiner*

A superb summer's morning on the Murrumbidgee

We commence the year with much organizing. Annual General Meetings, conversations, events and new study activities, festivals and how we as the committee best support anthroposophical endeavours and our own work here in the Canberra region.

Fiona Campbell continues to offer inspiring webinars and teachings.

A really exciting new initiative in the Canberra region is the STAR program (Steiner Training and Research) offering classes for with several home school children and their parents

enrolled. You can read more about STAR in the article included in this newsletter. Come and hear more and bring your questions for Petra, she will be sharing progress and available to answer questions following the AGM on 23rd February.

It promises to be an exciting year ahead.

On an important practical side - WE NEED A NEW BRANCH COORDINATOR. Hannah is stepping down after 5 years and will be on an extended long holiday in Europe from March this year. Therefore, please consider if you have the wish and can make the time - the vacancy is open and the Committee are keen for new members. The Annual General Meeting will take place earlier than usual for this reason. Feel free to call Hannah to find out more.

Each month the committee meets, and we share something of our anthroposophical study. It always gives us something to reflect and work on. This month Elaine shared one of Rudolf Steiner's insights in the lecture series 'Secret Brotherhoods'. Just as we are about to be born, the being of Ahriman joins us and leaves us just before we die. This being works on the forces that shape the different racial types and geographic cultural regions of the world. Tim has also progressed further with his understanding of Rudolf Steiner's 'Theory of Light' as given to teachers in the 'The Light Course'. Louise has been studying the Fifth Gospel by Rudolf Steiner. Terry has also just read 'The Scientist of the Invisible' - AP Shepherd which could be a good book for those new to anthroposophy.

Canberra region What's On

Marion Mahony Griffin Anniversary Planting

A new gardening group is forming, with a view to commemorating and celebrating the life and contribution of Marion Mahony Griffin, architect, cocreator and anthroposophist

4-6pm Tuesday 14 February

Venue: Environment, Meditation and Healing Garden - Grevillea Park
5 Menindee Drive Barton, ACT 2600

Afternoon tea courtesy Canberra Interfaith Forum. Event is FREE

Registration requested: <https://www.eventbrite.com.au/e/marion-mahony-griffin-anniversary-planting-tickets-524216604977>

Enquiries; Carolyn Minchin 0405 918 441

This event is organized by Landcare ACT, The Walter Burley Griffin Society and Canberra Interfaith Forum

Canberra Branch Annual General Meeting and Sharing

Members are encouraged to attend. Friends are welcome, especially to the Sharing following AGM formalities.

Thursday evening 23 February 2023 – 6:30pm – 8:30pm

Venue: Friends Meeting Room, Cnr Bent and Condamine sts, Turner ACT

RSVP: Canberraanthropos1@gmail.com. Ph. 0402 782 632

The Art of Blackboard Drawing, Watercolour painting and pastel drawing

A workshop with David Newbatt – visual arts and drama teacher, Camphill in Scotland

Saturday 25 February and Sunday 26 February 2023

Harmony Centre, 11 Beresford Street, Mittagong NSW

This initiative is sponsored by Helios Health, Beauty and Harmony – The Dombroski Foundation

Cost: \$250 full weekend or \$150 per day

Registration and Enquiries; 0410 657 420. Refer to attached Flyer



The Threshold – ageing and the end of life

A play with music, written, composed, designed and directed by Judith Clingan AM.

Longtime member and friend of anthroposophy, this work has been created since March during lengthy hospital stay following a major accident, through COVID and through temporary accommodation due to flooding of home and studio.

With input from over 100 70plus year old women, this signature work will be performed by women; a 15-person choir, string quartet, singing bowls, actors, dancers and original imagery projections by Judith – all set in a café-like atmosphere.

Saturday 4 March 4:00pm and 8:00pm; Sunday 5 March 11:00am

Venue: The Chapel, Centre for Christianity and Culture

Blackall st, Barton, ACT. Parking available on site beside the chapel. Bus 5min walk (2) or (6)

Cost: \$40 conc. \$35. Tables of 4 \$140 Books essential: go to TryBooking

Easter Festival

Sunday afternoon 2 April 2023 – *Save the Date*

Are you interested in new helping to create new activities? We may be able to assist.

- In person Painting & Drawing classes and workshops
- Special guest speakers from interstate – what topics would you like to have more of?
- Shared viewing and follow-up discussion of an on-line international talks? Especially for those who may not access zoom at home.
- Create a new Study Group around a specific theme or range of topics?

Regular Canberra and local region group activities

Class lessons for the School of Spiritual Science

The First Class of the School of Spiritual Science has three Class Holders in the Canberra Region with lessons generally held monthly. After the lesson there are opportunities for contributions, dialogue and sharing of research. Class intensives involving presentations and artistic activity are also usually held twice a year. Blue card required.

Ainslie Arts Centre, Braddon: 11am on the 3rd Sunday of the month Marilyn Lewis (private home): 8am on Tuesdays monthly (dates to be confirmed).

Please register with Marilyn Lewis, Coordinator, marilyn.lewis@gmail.com **Ph: 6288 1495**

Membership enquiries for the Class: Marilyn Lewis
or Louise Pilon: **Ph: 0411 512 412**

Thursday morning study

Study selected texts

Held in Flynn private home - Free

For enquiries contact Paul Harris:

paulbrisbane@comcen.com.au **Ph: 0423 167 887 or 6295 8273**

Thursday evening study

Group reading and discussion. This group is currently reading 5 lectures on 'Reincarnation and Karma' Rudolf Steiner 1912 - Free

Meet: Queanbeyan private home

For enquiries contact Vince Flynn: **Ph: 0487 384 800**

Christian Community in Canberra

Sundays at 10am The Act of Consecration of Man services
Children's hour held every fortnight 9am Also other special event activities
For enquiries contact: Ioanna Panagiotopoulos
ioanna.panagiotopoulos@thechristiancommunity.net
Ph: 0447 504 233

Weston Creek Community Orchard working bees

Third Sunday of each month 10am -2pm
For enquiries contact Chris Boswell:
Email: ochriso@iprimus.com.au

Pressel Massage

Dr Simon Pressel developed a massage therapy based on anthroposophical principals, similar to the Rhythmic massage and Etheric massage.
Magda Rojas, a highly experienced physiotherapist from Colombia, is offering Pressel Massage in Canberra.
To book an appointment with Magda:
magdalizethr@gmail.com
Ph. 0415 685 130

Canberra Branch Library

The Canberra Branch holds a library of publications that include those of Rudolf Steiner and other authors. Catalogues of the collection are available and books and other media may be borrowed - Free for members, \$20 per loan by non-members. The catalogue will soon be made available on the website.
We welcome anyone interested in helping to manage the collection. **We are also searching for a good more permanent accessible location for the library.** It is currently located in the home of **Marilyn Lewis** in Fisher **Ph: 6288 1495.**

Australia wide on-line activities

Complementaries and Counter Colours: Exploring the meditative through observation and the artistic, an online masterclass

10 February-5 May: (7 sessions over 3 months)

Fiona Campbell will lead artistic exercises based on the preparatory exercises given by Steiner in *How to Know Higher Worlds* to enliven our inner images, using colour, archetypal processes, observation and contemplation. Previous painting experience is required.
For more information, [please look here](#)

What is Phenomenology?

A webinar and dialogue about our different understandings of 'phenomenology'.

15 February - 6.30-8.30 pm AEDT

This is a follow-up to the first successful webinar last November. There will be three more anthroposophic-based researchers and practitioners from different fields sharing their experiences and process of working phenomenologically.

Interested to find out more about this future-directed approach? Please go to the web link [here](#) for more details.

Let Your Spirit Speak

A person centred spiritual direction and guidance courses with Martin Neeme-Samson
This begins a new way of working

More information, contact Martin; msamson@email.org.au
Website; [HERE](#)

Anthroposophy in Australia

Members will be aware through monthly newsletters and the journal that plans are underway for the upcoming Annual General Meeting at the end of April and a National Conference later in the year. Canberra Branch Committee representatives will be attending in-person.

Information is available to anyone interested in anthroposophy through the [website](#). Anyone interested in becoming a member is also welcome to contact the local Branch directly or complete an online enquiry form.

It is also **FREE** to subscribe to the latest news from the Anthroposophical Society in Australia. Just go to <https://www.anthroposophyau.org.au/> Scroll to the bottom of the page and just enter your email address. Its as simple as that!

Most Branches have their own newsletters and events which they advertise.

If you are travelling interstate, be sure to check what's on or contact the coordinators—especially in [Sydney](#) and [Victoria](#), but also elsewhere.

Internationally based courses

The Goetheanum in Dornach, Switzerland is scheduling new courses and conferences for the year ahead. They also create several on-line publications, videos and forums. These are available for anyone to access with some requiring paid subscription. Please check them out [HERE](#).

Holistic Biography training with the team of Karl-Heinz Fink and Laura Summerfield continue their workshop and training program across four continents. To check the latest - just go to the website <https://holisticbiographywork.com/training/> . They are also active on Facebook.

EduCareDo - a distance learning Anthroposophical Foundation Course that was founded by Erwin Berney in the 1990s is now offered on-line world-wide.
You can find details [HERE](#)

The Rudolf Steiner Chicago Branch of the Anthroposophical Society in America organizes many online and also in person forums and webinars. To find the latest, and to subscribe, search [HERE](#)

The Canberra Branch Committee Anthroposophical Society in Australia

Hannah Semler, Coordinator 0402 782 632 (until 23 February 2023)
Louise Pilon, Deputy Coordinator 0411 512 412 (membership enquiries)
Terry Flynn, Treasurer / Public officer 0403 495 824
Tim Bourke, acting Secretary 0410 071 969
Riitta Korpinen, Festivals 0408 221 385
Elaine Goodman
Postal address; 12 Collicott cct. Macquarie ACT 2614

The Canberra Branch acknowledges the traditional custodians of the region, the Ngunnawal

and Ngambri and we pay our respects to elders past present and emerging.

We respect your freedom to choose. If you do not wish to receive this newsletter or mailings from the Canberra Branch, please reply UNSUBSCRIBE. If you wish to receive a mailed hard copy please advise by email or call one of the committee members.