



Anthroposophical Society in Australia
Canberra Branch

Summer 2023 Newsletter



***Forgetful of my self-determin'd will,
World-warmth, heralding the summer,
Fills all my Soul and Spirit-being.
To lose myself in light
My Spirit vision summons me,
And divining forcefully proclaims,
'Oh lose yourself, to find yourself anew!'
(Calendar of the Soul 9 - tr. W & L Mann)***

Dear members and friends in the Canberra Region,

With the warmth of summer comes the dreamy, lovely feeling of drifting. Water is more in our thoughts and experience, and plays into life in very different ways in this season. Tides, coolness, wetness, flow, waves – these draw us out into

the world. With delightful feeling and season comes a risk that we each get to know all too well – the risk of "losing ourselves".

To lose myself, in order to find myself anew – paradoxical, but perhaps we can sense a certain truth in there confirmed by our own life experience. Taking a break, and coming back refreshed, perhaps it's that simple!

Wishing you all a refreshing and joyous holiday break – may you return having found yourself anew!

Tim Bourke

Secretary, Canberra Branch, Anthroposophical Society in Australia

Practical Help Needed in 2024!!

The Management Committee of the Canberra Branch (Louise Pilon, Riitta Korpinen, Elaine Goodman and Terry Flynn) is looking for ways to better serve and encourage anthroposophical activities and members in our region.

We have found that some practical tasks are "falling between the cracks" and so would appreciate one or two members or friends who are willing to take on one or more of the following tasks, sharing the burden with members of the Committee:

- *Helping manage branch communications – including emails, newsletters, events notifications etc.*
- *Helping organise events – such as festivals, winter warmers. Spring Fair bookshops, conferences, guest speakers etc.*
- *Joining our Committee (optional at this stage but we will very much appreciate one or two people putting themselves forward by the time our AGM comes around early next year*

Please do email us at canberraanthropos1@gmail.com or see one of us if you are able to help out in any way, large or small – your support will be very much appreciated!

Canberra region What's On

Are you interested in one or more of the below? Please let us know and we can assist with organizing.

- ☐ Special guest speakers from interstate – what topics would you like to have more of?
- ☐ Shared viewing and follow-up discussion of an on-line international talks? Especially for those who may not access zoom at home.
- ☐ Create a new Study Group around a specific theme or range of topics?

Regular Canberra and local region group activities

Class lessons for the School of Spiritual Science

The First Class of the School of Spiritual Science has three Class Holders in the Canberra Region with lessons generally held monthly. After the lesson there are opportunities for contributions, dialogue and sharing of research. Class intensives involving presentations and artistic activity are also usually held twice a year. Blue card required.

Ainslie Arts Centre, Braddon: 11am on the 3rd Sunday of the month Marilyn Lewis (private home): 8am on Tuesdays monthly (dates to be confirmed).

Please register with Marilyn Lewis, Coordinator, marilyn.lewis@gmail.com Ph: 6288 1495

Membership enquiries for the Class: Marilyn Lewis

or Louise Pilon: **Ph: 0411 512 412**

Thursday morning study

Study selected texts

Held in private homes - Free

For enquiries contact Terry Flynn: theresaflynn@gmail.com Ph: 0487 384 800

Thursday evening study

Group reading and discussion. This group is currently reading the edited collection of lectures by Rudolf Steiner with the title 'Staying Connected' on the theme of our connection with those who have died (the 'so-called dead,' to use Steiner's phrase). Free

Meet: Queanbeyan private home

For enquiries contact Terry or Vince Flynn: **Ph: 0487 384 800**

Christian Community in Canberra

Sundays at 10am and Wednesday at 9:30am The Act of Consecration of the Human Being Children's service and community gathering held every fortnight 11am on Sundays after the Act of Consecration. There are also other regular and special event/festival activities

For the latest program, newsletter, and other information see

<https://www.thechristiancommunity.net/canberra/> or contact: Reverend Ioanna

Panagiotopoulos ioanna.panagiotopoulos@thechristiancommunity.net

Ph: 0447 504 233

Weston Creek Community Orchard working bees

Third Sunday of each month 10am -2pm

For enquiries contact Chris Boswell:

Email: ochriso@iprimus.com.au

Pressel Massage

Dr Simon Pressel developed a massage therapy based on anthroposophical principles.

Magda Rojas from Colombia, is currently a locally based physiotherapist and offers the Pressel Massage in Canberra.

To book an appointment with Magda:

magdalizethr@gmail.com

Ph. 0415 685 130

Canberra Branch Library

The Canberra Branch holds a library of publications that include those of Rudolf Steiner and other authors. Catalogues of the collection are available, and books and other media may be borrowed - Free for members, \$20 per loan by non-members. The catalogue is now available online here:

<https://docs.google.com/spreadsheets/d/1XZbgzrndziljq9aHr9kqDmFhEUYnb5V4/edit?usp=sharing&oid=105963213709335519827&rtpof=true&sd=true>

The library is currently located in the home of **Marilyn Lewis** in Fisher Ph: 6288 1495.

Australia-wide on-line and other activities

[The Two Jesus Children, a pictorial contemplation](#), 3rd Sunday in Advent, 17th December at 5.00 pm AEDT. You are invited to contemplate with Fiona Campbell on the mystery of the two different portrayals of Jesus in his youth, as described by St Matthew and St Luke. This contemplation offers insights into the Kings and Shepherds streams by experiencing them from within—entry by donation. [Please have a look here for more details and to book.](#)

[The Creation of the Etheric Heart and the Spiritual Communion of Humanity](#), 25th December to 5th January at 700 pm AEDT. An online retreat with Jude Neeme-Samson and Craig Logan. Each evening will have the nurturing aspect of a retreat for our soul and our spiritual work in the coming year. For more information and [registration](#).

Biography Online - December 2023

Seasonal Greetings



Good day,

We finished our last course for this year two weeks ago and are now in the harvesting phase of our Training Program: 1st year Trainees on their biographical interviews, the 2nd years on their biographical analysis of a chosen subject, and the 3rd years on their biographical study of a volunteer client. All Trainees are invited to join our annual Graduation Gathering.

2024 courses are now planned - see our [Course and Events PDF](#) overview. Find more information on our [Course Dates](#) web page.

We wish you a wonderful end of year celebration with family and friends, and all the best for 2024.

Karl-Heinz Finke & Laura Summerfield



Join our 4th Online Training Program

[Read more](#)

Enrol for the Foundation Course: *Take Charge - Reflect on your Life Journey*

Start the preparatory Learning Pack at any time.

Complete with online sessions, Thu. 25 to Sun. 28 Jan 2024.

[Read more](#)

First 2024 Training Module: *Typologies*

Start the preparatory Learning Pack at any time.

Complete with online sessions, Fri. 22 to Sun. 24 March 2024.

[Read more](#)



Join our Course on Holistic Adult Education

Awakening the will to Learn

The preparatory Learning Pack is available now.

Online sessions are scheduled for Thu. 18 to Sun. 21 Jan 2024.

[Read more about Adult Learning.](#)

This course is based on Coenraad van Houten's work.



Save the Date

2024 Online Biography Gathering

Building an International Community

Friday 21 June to Sunday 23 June 2024

Health and Healing in Human Biographies

Exploring the Etheric Organisation

Includes: 3 Lectures by Dr Michaela Gloeckler

[Look at the International Biography Gatherings](#)

A conference to celebrate the 100th anniversary of the Christmas Conference

for members and friends



27 December – 31 December 2023

**Recognising and Affirming the Mystery Deed of the Christmas Conference
as We continue to Cultivate the Life of the Spirit in our Time**

VENUE: The Michael Centre, 37a Wellington Park Drive, Warranwood, VIC Australia

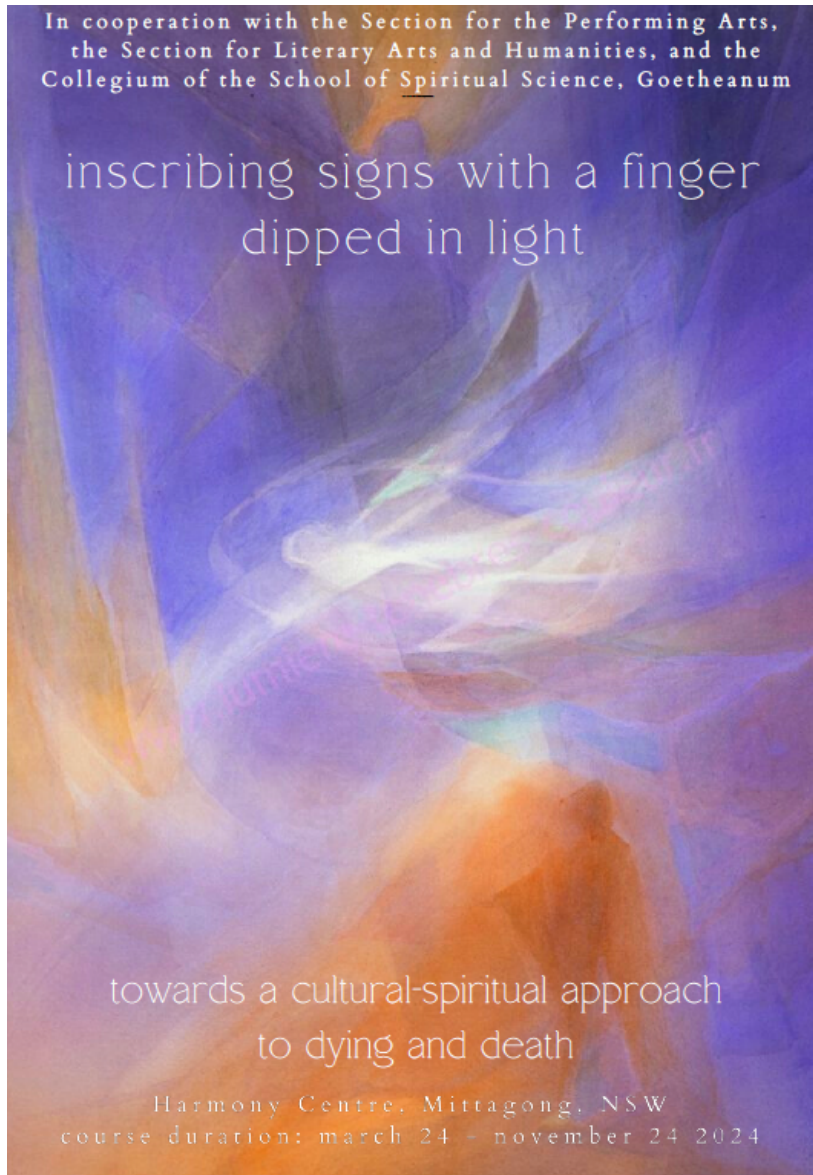
The conference includes lectures, workshops, conversation groups, performances
and the Class Lesson for the members of the School of Spiritual Science.

For more information, contact Helen Vogel at hvogel09@gmail.com.

Visit <https://events.humanitix.com/asina-christmas-mystery-conference>

for more information and registration.

Jointly hosted by the Anthroposophical Society and the School of Spiritual Science in Australia.



Inscribing Signs with a Finger Dipped in Light ...

Professional Education - Towards A Cultural-Spiritual Approach to Dying and Death

Harmony Centre, Mittagong, NSW, course duration: March 24 - November 24 2024

This course is offered in cooperation with the Section for the Performing Arts, the Section for Literary Arts and Humanities, and the Collegium of the School of Spiritual Science, Goetheanum. It is the result of two years of intense preparation by the course conveners, and consultation and development with our teaching faculty. Participants will be taught and guided by inspiring and competent tutors in theoretical, applied and creative subjects in both face-to-face and online session.

"On the fourth planet, in the daytime consciousness, there is also the possibility that certain beings will not be subject to the law of elective affinity. There must come an overarching form of life. This is birth and death, which did not exist before. This could only come about through the fact that beings no longer existed in isolation, but were held together by a supersensible thread of life. The individual incarnations are strung together as if on a thread. The being now becomes manifold in time through birth and death. Before, human beings were only manifold in space. [...]

What is connected with birth and death is man's karma. On the next planet, with the increased consciousness, man will no longer be conscious only of the effects of karma, but will be conscious in karma itself. (Lit.:GA 89, p. 145f)"

Birth and Death are the fourth of the Seven Secrets. Our decision to work together was born out of the insight that most people do not understand how to die, how to consciously meet Death, prepared and with equanimity. To counter and transform the Ahrimanic, we need to learn how to die well.

Predominantly, conventional approaches to quality end of life care offer a way to relieve pain and suffering, to provide compassionate support to family, friends and carers and increasingly include information that directs the terminally ill towards voluntary assisted dying. Death, in this stream of thinking, while it cannot be defeated can be 'managed' and scheduled – and therefore the spiritual dimension of the act of dying becomes an abstraction.

The consciousness, understanding and reverence that should surround dying and death and life beyond the threshold, have been silenced, misrepresented, denied and 'dropped' from the cultural-spiritual life of individuals and communities. It is often, at best, addressed with an 'end of life plan', 'life insurance' or 'insurance' that covers care or funeral costs.

As course presenters, we feel a deep need to build, cultivate and humanise a personal and communal awareness and out of this to develop a deeper relationship with Death, an understanding of the individual path of dying, and of the actual, autonomous moment of death.

There is a further question we wish to explore. Our fear of death and dying has separated us from life imbued with Spirit and pushed us deeper into materialism and consequently onto a path of destruction we now know by the term of 'omnicide'. Can we resolve to find new approaches to dying and death for the sake of Earth's healing and to evolve humanity towards freedom and love? Our increasingly challenging times will provide us with opportunities to realise and to deepen our spiritual interconnectedness and responsibilities.

Please explore the prospectus and contact us with any questions. Please direct enrolment inquiries to Irmhild Kleinhenz. A detailed programme will be available in December. Please let me know if you would like to have some hardcopies of the prospectus - some people find reading on a screen difficult.

Enrolments close: 15th February 2024

Contact for further inquiries:

Irmhild Kleinhenz 0444 551 381 naturopsych@protonmail.com

Iris Curteis 0487 719 476 an_lomall@bigpond.com

EVENTS IN VICTORIA



VIC Saturday 02 December 10am - 2pm. "The Twelve Holy Nights"—How can we prepare to meet the masters, teachers of mankind and to receive their blessings - A workshop with Birgith

Lugosi at Aurora Australis Anthroposophical College of the Arts, 2 Union St, **KEW**. Cost: \$50, RSVP: Birgith Lugosi [0448 844 453](tel:0448844453).



VIC Sunday 17 December 3pm. Vic Branch Christmas Festive Celebration for members and friends – with a lecture by Birgith Lugosi “How can we prepare for Christmas and the 12 Holy Nights”, modern and classical Eurythmy pieces performed by the Aurora Australis Performance Group, a piano recital by Shane Rohde, followed by food and conversation at Aurora Australis Anthroposophical College of the Arts, 2 Union St, **KEW**. Cost: \$35, Members/Concession \$30, RSVP: Birgith Lugosi [0448 844 453](tel:0448844453).

OTHER EVENTS – FURTHER AFIELD AND ONLINE

Tuesday 19 December 7pm. ‘Anthroposophia in light of the Christmas Conference’ Rudolf Steiner experienced Anthroposophia as a spiritual being who worked in and through the evolution of humanity. Early expressions of her being have transformed through the changes in earth existence. The Christmas conference saw a further expression of her being emerge. Through Steiner’s life he developed an ever deeper and clearer understanding of her and gave us many ways to work with her becoming. Anthroposophy can be read as human wrought wisdom along with wisdom of the human being. This lecture will offer some thoughts on how we can 100 years after the Christmas conference work with some of the indications given by Steiner for her full expression as Anthroposophia. A talk with Jude Neeme-Samson at Rudolf Steiner House, 307 Sussex Street at 7pm. You can also join this lecture via Zoom by clicking [here](#) to register.

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## EVENTS – ADVANCE NOTICE for 2024

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### Are Thoresen

**Thursday 01 February 7pm. “Hygienic Occultism and the Changes of the Spiritual World after the death of Rudolf Steiner”** A lecture by Are Thoresen, a lecturer from Norway, in **KEW** (Exact venue to be advised). Cost \$35, Concession \$30. For enquiry contact Birgith Lugosi at [0448 844 453](tel:0448844453).

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**Friday 02 – Sunday 04 February 10am–3pm. “Christianising the Elemental World and working with the Christ Force in healing through Hygienic Occultism in order to avoid translocating illnesses”** A workshop by Are Thoresen in **KEW** (Exact venue to be advised). Cost \$350, Concession \$300. RSVP required; contact Birgith Lugosi at [0448 844 453](tel:0448844453) or Jenny Meltzer at [0411 273 729](tel:0411273729).

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## Ueli Hurter

### Monday 6th/Tuesday 7th May in Melbourne

The 100th anniversary of Rudolf Steiner's Biodynamic Agriculture lectures will be celebrated with the visit from the Goetheanum by Ueli Hurter, who is the Co-leader of the Section for Agriculture and the member of the Executive Council of the General Anthroposophical Society. More information to follow.

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#### STUDY/ARTISTIC GROUPS IN VICTORIA

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##### KEW – Vic Branch Study Group

Thursday evening from 7pm at 2 Union Street, KEW. Studying Karma lectures, for members and friends. Contact Birgith Lugosi for details of material: [0448 844 453](tel:0448844453) or

[birgith.lugosi@gmail.com](mailto:birgith.lugosi@gmail.com).

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##### SANDRINGHAM

<The Fifth Gospel>, lecture series by Steiner: 1st & 3rd Monday of the month at 11am for a cuppa and chat. Reading at 11.30am. Contact John & Jocelyn: [johnwilson4221@gmail.com](mailto:johnwilson4221@gmail.com) or

(03) 9598 3416.

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##### WARRANWOOD – Michael Centre Drama Group

Weekly meetings Thursday from 5:45pm for a 6:30pm start until 9pm at the Michael Centre. Working on Shakespeare's 'Cymbeline', also study of RS lectures on 'The Search for the New Isis, Divine Sophia' and artistic speech and Eurythmy. Enquiries to Phil at [phil.ingelmo1@gmail.com](mailto:phil.ingelmo1@gmail.com) or 0403 438 414.

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##### WARRANWOOD – Speech and Drama Study Group

3<sup>rd</sup> Saturday, school terms 10am-12pm at the Michael Centre. 1 hour study of Steiner's <Speech and Drama> and artistic speech class by Johanna Schafer. By donation for the study, \$10 for the class. Enquiries to Johanna: [jaschafer3@yahoo.com.au](mailto:jaschafer3@yahoo.com.au) or 0418 400 578.

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##### CASTLEMAINE

Contact: Christine McAleer or Leanne Sarah at [vidarbranch@gmail.com](mailto:vidarbranch@gmail.com).

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##### GEELONG/SURF COAST

Encounter Anthroposophy – discussion on life using the perspective of Anthroposophy. Monthly. Our December gathering will be in Geelong to contemplate on Christmas. Contact Yasushi: [yasushi.hayashi@yahoo.com](mailto:yasushi.hayashi@yahoo.com).

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MANSFIELD – Pondering Steiner

Revisiting <The Festivals and their Meaning>. Thursday evenings at 7.30pm. Contact Janina Papas: 0421 812 881 or 03 5778 7567, or email: [janinapapas@gmail.com](mailto:janinapapas@gmail.com).

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## Online events from Chicago Branch

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*Please check time of the event for your region on*

- <https://24timezones.com/difference/>

*December 16,*

*Saturday*

*2:00 PM CT (US, Canada, Mexico City)*

*5:00 PM Sao Paulo, Brazil*

*3:00 PM ET (US, Canada)*

*1:00 PM MT (US, Canada)*

*12:00 PM PT (US, Canada)*

*10:00 AM Honolulu, Hawaii,*

*8:00 PM London, UK*

*9:00 PM Johannesburg, SA, Berlin, Germany, Paris, France, Prague, Czech Rep., Rome, Italy.*

*11:00 PM Moscow, St Petersburg, Russia.*

*Social Forms including comments on the Threefold*

*Social Order*

*online presentation*

*by*

*Stephen E. Usher*

*from Austin, TX, USA.*

*The talk will start with Andrew Jackson Davis, and explore some of the early experiments with social forms in the UK and the US. It will depict the Burnt Out Land and the origins of Spiritualism and Spiritism.*

*Marxism, Socialism, Capitalism, and the Threefold Social Organism will end the talk.*

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*The event is organized by the program committee.*

*of Chicago Rudolf Steiner Branch. For more information, please, contact*

*Andrei Onegin at [aconegin@rschicago.org](mailto:aconegin@rschicago.org)*

*The lecture is free,*

*but a \$15 suggested donation will help to support this program and provide for a speaker honorarium.*

*Please type "S.E. Usher "*

*on the first line of your payment application.*

*To make your payment, please,*

*follow the link <http://www.rschicago.org/donate>*

*Join Zoom Meeting*

*<https://us06web.zoom.us/j/86579788839>*

*Meeting ID: 865 7978 883*

*One tap mobile*

*+13126266799,,86579788839# US (Chicago)*

+13092053325,,86579788839# US

Dial by your location

• +1 312 626 6799 US (Chicago)

• +1 309 205 3325 US

Find your local number: <https://us06web.zoom.us/j/klD0sr6Rf>

Limited by 500 participants.

this lecture will not be recorded.



Stephen E. Usher

*has been a member of the Anthroposophical Society since the early 1970s. He completed a PhD in economics at the University of Michigan where he met Anthroposophy in a class in Lagrangian Mechanics taught by the late Ernst Katz. His career led to several years on the New York Fed economic research staff. He was managing director of the Anthroposophic Press from 1980 to 1989 during which time he secured a foreword by Nobel Laureate Saul Bellow for Steiner's Boundaries of Natural Science. He has lectured and written widely about Spiritual Science*

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## Anthroposophy in Australia

Information is available to anyone interested in anthroposophy through the [website](#). Anyone interested in becoming a member is welcome to contact the local Branch directly or complete an online enquiry form.

It is also **FREE** to subscribe to the latest news from the Anthroposophical Society in Australia. Just go to <https://www.anthroposophyau.org.au/>, scroll to the bottom of the page and enter your email address. It's as simple as that!

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## Internationally based courses and events

**The Goetheanum** in Dornach, Switzerland is offering a rich array of conferences and congresses, concerts and performances, webinars and livestreams leading up to the 100 Years Christmas Conference at the Goetheanum in December this year on the theme "That Good May Become". These are open to anyone. Please check them out [HERE](#).

**Holistic Biography training** with the team of Karl-Heinz Fink and Laura Summerfield and others continue their workshop and training program across four continents. To check the latest - just go to the website; <https://holisticbiographywork.com/training/> . They are also active on Facebook.

**EduCareDo** - the distance learning Anthroposophical Foundation Course that was founded by Erwin Berney in the 1990s is now offered on-line world-wide. Lisa Romero is one of the leading directors and facilitator of the *Inner Work Path* program.

You can find details here <https://educaredo.org>

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**The Canberra Branch Committee  
Anthroposophical Society in Australia**

Louise Pilon, Chair 0411 512 412

Terry Flynn, Treasurer / Public officer 0403 495 824

Tim Bourke, Secretary 0410 071 969

Riitta Korpinen, Festivals

Elaine Goodman

Postal address: TBA

*The Canberra Branch acknowledges the traditional custodians of the region, the Ngunnawal and Ngambri and we pay our respects to elders past, present and emerging.*

We respect your freedom to choose to remain on our mailing list. If you do not wish to receive this newsletter or mailings from the Canberra Branch, please reply UNSUBSCRIBE

If you wish to receive a mailed hard copy please advise by email or call one of the committee members.