



Anthroposophical Society in Australia
Canberra Branch

August - September 2022 Newsletter

YUMA –Hello or Welcome in our local Ngunnawal language

WINTER > SPRING GREETINGS dear members and friends in our Region



As we observe the gradual changing of the season, out of the physical cold of winter, our hearts are warm with the inner activity of reflection. The soul qualities we develop in this time foster a real engagement in hope and striving for a better future. The seeds lying waiting in the fallow earth are beginning to spring and so also our ideas seek fostering through a warmed heart into an energized deed orientation.

Wherever we look today, there is extraordinary activity at work. Yes, there are also adverse dark forces which we cannot ignore. They exist to make us conscious and to implore us to act, to overcome the seeming stranglehold of technology and destructive materiality. This is the Michael task of our time.

How can we make space in our daily life for truly experiencing beauty, to recognize and embrace the thoughts from beyond our physical senses? Through anthroposophy we learn the many ways we can enhance and strengthen our inner life and our outer environment, and primarily this comes from attending to the rhythmic stream – whether it

is the conscious daily rituals, the engagement with the arts, with meaningful exercise and outdoor activity such as gardening. Most of all it requires a time for reflection and meditation each day that harmonise our inner relationships with our greater cosmic existence – the world of Spirit.

The Canberra Branch acknowledges the traditional custodians of the region, the Ngunnawal and Ngambri and we pay our respects to elders past present and emerging. Indigenous The recent Winter

Warming Life Story sharings by both Judy Clingan and Tim Bourke highlight the energy of thinking and acting creatively with the engagement of Inspiration, Imagination and Intuition. These faculties, uniquely given us from and through the spiritual hierarchies, enable us to represent the very best of ourselves and so also of and for humankind. We hope you will join us for more of these as we head into spring.

For those interested, the Michael Festival will be celebrated by the Christian Community in two workshops with Reverend Paul Corman in September, check the details in What's On.

This issue also has some new events taking place this weekend and beginning in September, so we encourage you to read through carefully.

At a recent Branch coordinators meeting with the Society's General Secretary, we received information on special opportunities for engagement with the upcoming 100 year anniversaries of various aspects of the founding of anthroposophy. On New Year's Eve 1922, the First Goetheanum burnt down as a result of an arson attack. To commemorate this event, there are initiatives taking place here and all over the world but primarily at the Goetheanum. Please read further in the International section.

The Society would like to re-establish the Australian Directory that was once published regularly in the 1990's. If you are interested in assisting with this task, please get in contact with Jane Bradshaw; generalsecretary.asina@gmail.com.

The Society is also about to send out a Members Survey. Could we encourage you to complete the survey and help us to move forward in consolidating our work.

In our last newsletter we wrote about the passing of one of our Canberra members Alexa Mclaughlin. For those interested and who missed the commemoration we held on 26 June, there will be a memorial gathering held 12 noon on Thursday 15 September at the Tradies Club in Dickson to which everyone is welcome. Alexa's ashes will be scattered on Mt Ainslie that morning.

A special website page has been created [HERE](#) from tributes by friends for anyone interested in learning more about Alexa and her life. If you have something you wish to add, please send it to the Canberra Branch email; canberraanthropos1@gmail.com.

Anthroposophical Society members who have recently crossed the Threshold include Richard O'Brien 15.8.22 in Bowral and Pam Schultze 23.8.22 from the Northern Rivers region. Both were known to many Canberra members and friends.

"The human being is the higher sense of our planet – the star which connects it with the upper world, the eye which it turns toward Heaven"

Novalis Fragments

Canberra region What's On

Eurythmy class with Adam Chan

last chance this year to do eurythmy with Adam accompanied by Elaine Goodman on piano.

Saturday 27 August 2022.

3.30-4.30 adults; 4.45-5.35 children and teens

\$20 payable in cash at start of lesson.

Christian Community, Holtze Place off Madigan st, Hackett

Register. E; canberraeurythmyclasses@yahoo.com

Part-Singing with Wayfarers directed by Judith Clingan

Join Judy and her choristers - adults and young people - singing short and longer, easy rounds, and songs in two or three parts.....maybe even four parts

Saturday 10 September 2022 3pm

Rise Sanctuary, 17 Brockman St Narrabundah

Cost: \$20 adults; \$30 Family

Bookings; judithclingan@me.com or 0410 617 427

Winter Warming into Spring Life Stories – Part 2 of a Creative Life with Judith Clingan AM

Wednesday 14 September 2022 6pm

Quaker Friends Hall, cnr Bent and Condamine sts, Turner, ACT

Judith will share the next chapter of a lively illustrated presentation on the manifold creative achievements of her life. Please refer to the attached flyer.

We begin with a shared hot vegetarian soup and desert (gluten free) followed by a presentation and creative activity.

Registration and inquiries: canberraanthropos1@gmail.com Ph: 0402 782 632

Cost: \$25 full \$15 concessions.

Michael's Life Gestures

Two workshops with Reverend Paul Corman

Saturday 24 September 2022, 11:45am

Sunday 25 September 2022, 12:30pm

Venue: Christian Community in Canberra, 7 Holtze Close. Hackett

Cost: suggested donation \$25 per session

Bookings and Enquiries; canberrasecretary@thechristiancommunity.net

Save the Dates

Orana Steiner School Spring Fair

Sunday 13 November 2022

Would you like to assist with the Canberra Branch Book stall? Please contact Hannah Semler 0402 782 632

Canberra Branch Advent and Christmas Festival

Sunday 11 or 18 December 2022

If you would like to be involved in organizing this special event, please contact Riitta Korpinen 0408 221 385 or Louise Pilon 0411 512 412

Planning for Spring and Summer

We need to hear from you if you have any planned activities or events that will be of interest to members and friends of anthroposophy in our region.

Also, is there anything you would like the Canberra Branch to organize.

Regular Canberra and local region activities and allied initiatives

Class lessons for the School of Spiritual Science

The First Class of the School of Spiritual Science has three Class Holders in the Canberra Region with lessons generally held monthly. After the lesson there are opportunities for contributions, dialogue and sharing of research. Class intensives involving presentations and artistic activity are also usually held twice a year. Blue card required.

11am on the 3rd Sunday of the month Ainslie Arts Centre, Braddon:

8am on Tuesdays monthly (dates to be confirmed). Marilyn Lewis (private home):

Please register with Marilyn Lewis, Coordinator, marilyn.lewis@gmail.com

Ph: 6288 1495

Membership enquiries for the Class: Marilyn Lewis or Louise Pilon: Ph: 0411 512 412

Thursday evening study

Group reading and discussion currently 'Manifestations of Karma' – lectures by Rudolf Steiner 1910. Held in a private home in Queanbeyan. This group is currently at capacity.
For enquiries contact Terry or Vince Flynn: **Ph: 0487 384 800**

Thursday morning study

Study selected texts
Held in private residence, Fraser
For enquiries contact Paul Harris:
paulbrisbane@comcen.com.au
Ph: 0423 167 887 or 6295 8273

Weston Creek Community Orchard working bees

Third Sunday of each month 10am -2pm
For enquiries contact Chris Boswell:
Email: ochriso@iprimus.com.au

Seasonal Composting working bees in Spring

Spring working bees are being organized mostly for 2pm on selected Sundays.
Enquiries; Rosie Outhred; rose3pose@gmail.com

Christian Community in Canberra

Hotize Close, Hackett
Sundays at 10am The Act of Consecration of the Human Being services
Children's hour held every fortnight 11am
Also other special event activities
For enquiries contact: Ioanna Panagiotopoulos ioanna.panagiotopoulos@gmail.com
Ph: 0447 504 233

Pressel Massage

Dr Simon Pressel developed a massage therapy based on anthroposophical principles.
Magda Rojas is a locally based physiotherapist and offers the Pressel Massage in Canberra.
To book an appointment with Magda; magdalizethr@gmail.com or **Ph. 0415 685 130**

Eurythmy

Are you interested in undertaking eurythmy or eurythmy therapy? please contact Clare Goodman; **Ph: 0420 321 393**

Canberra Branch Library

The Canberra Branch holds a specialist library of publications that includes those of Rudolf Steiner and other authors. Catalogues of the collection are available and books and other media may be borrowed - Free for members, \$20 per loan by non-members.
The library is currently located in the home of **Marilyn Lewis** in Fisher **Ph: 6288 1495**.

Allied interest groups

Theosophical Society in Canberra

For those interested, the Canberra Group of the Theosophical Society meet monthly with open talks and workshops.

To subscribe to their Newsletter and check their website:
<https://theosophicalsociety.org.au/statics/canberra-group>

NSW Events

The Sydney Branch has a wonderful diverse events calendar. You can find listings and details by clicking [HERE](#)

Second Annual Erwin Berney Oration Fundraiser

"I Will Take It". - lecture presented by author and lecturer Andrew Linnell

Are we nearing the end of humanity's earthly evolution? Have we already succumbed to Ahriman? Can we have enthusiasm for what appears to be a grim future? We will explore Steiner's counterbalances to live in this Technological Age. Our Sacred Duty to wrest from Ahriman what the future needs.

Presentation on-line 8-9pm Saturday 27 August 2022 or

6:30 – 9:30pm at Rudolf Steiner house, Sussex St. Sydney

Tickets available [HERE](#)

Pacifica Eurythmy College – First Graduation performance tour

Monday 5 September 2022 6:30pm

Kamerai Steiner School, Belrose

Tuesday 6 September 2022

Lorien Novalis School, Castle Hill

Thursday 8 September 2022 6:30pm

Newcastle Steiner School

More details and tickets – Contact the individual schools.

Twelve Senses Eurythmy Performance

Saturday 17 September 2022 6pm

Spring Fair 10am – 3pm

Venue: Lorien Novalis School for Rudolf Steiner Education

Bookings: (02) 9658 0700

The NSW Branch also organizes events from time to time. For more information check the website [HERE](#)

Other Events in Australia

Check the website link [HERE](#)

ON-LINE webinar series

[Working with Steiner's Seven School Sketches](#), an online painting masterclass with Fiona Campbell,

Fridays 4pm AEST 2 September - 25 November 2022: seven sessions

This series continues from the *Nine Training Sketches course* earlier in the year and is part of the celebration of this year's centenary of Rudolf Steiner's vision of a new impulse in the arts. Some painting experience is required.

Cost: \$250 for 7 classes

Contact: Fiona Campbell paintedspace@gmail.com Refer to the link [HERE](#)

Architectural form & Consciousness -

The Question of Architectural Form in the Consciousness Soul Age

3 alternate weekends and 4 evenings, from Seville, Victoria.

Saturday 27th August - to Sunday 25th September 2022

For more information and registration, click onto [Module flyer](#)

Anthroposophy in Australia

The website of the Society in Australia is constantly being updated with new information.

It is FREE to subscribe to the latest news from the Anthroposophical Society in Australia. Just go to <https://www.anthroposophyau.org.au/> Scroll to the bottom of the page and just enter your email address. Its as simple as that!

NEW OCEANIA Youth Section in our region. For information, click [HERE](#).

From the Goetheanum, Dornach Switzerland

Can we encourage all readers to check the website of the General Anthroposophical Society [HERE](#) to find out more about what is happening, read articles, access the archives.

You will have the opportunity to see what's on, subscribe to publications available for members and others from the Newsdesk available for anyone interested.

Internationally based courses

Holistic Biography training with the team of Karl-Heinz Fink and Laura Summerfield continue their workshop and training program across four continents. To check the latest - just go to the website; <https://holisticbiographywork.com/training/> . They are also active on Facebook.

From Natural Science to Spiritual Science:

A Zoom presentation by Florian Sydow, the Anthroposophical Society in Hawaii.

5am AEST Sunday 28 August 2022

A Rising to the challenge posed by emerging technologies such as Artificial Intelligence (AI), Virtual Reality (VR) Robotics, Genetic Engineering, and related themes such as the Metaverse, Transhumanism, Posthumanism, and the Exploration of Outer Space including UFOs and so-called Aliens.

Register by [DONATION](#) and join [HERE](#) Enquiries *Andrei Onegin* E: aonegin@rschicago.org .

From the Agriculture Section

The vision of the Section for Agriculture is to ensure that the knowledge and experience of biodynamic agriculture is accessible worldwide to all those interested. With this in mind, they have recently launched a podcast and a number of online courses running August – October.

[Podcast "Perceiving a biodynamic farm"](#)

[Online course "The farm organism for planetary health"](#)

Live Video Series: Anthroposophy – an extension of science?

A series of lectures from the Goetheanum – live streamed in German and available as recordings in English. Go to <https://goetheanum.co/en/news/live-video-series-anthroposophy-an-extension-of-science>

EduCareDo - the distance learning Anthroposophical Foundation Course, founded by Erwin Berney in the 1990s is now offered on-line world-wide. You can find details here; <https://www.educaredo.org/educaredo>.

The Canberra Branch Committee, Anthroposophical Society in Australia

Email: canberraanthropos1@gmail.com

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Elaine Goodman

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