



HEARTFIRE CENTRE
for Speech & Drama

Heart Fire workshop 4, 2024: introduction to The Art of Speaking Lyric Poetry.

This is Heart Fire's fourth and final introductory workshop of 2024. In the first we used our integrated speech and acting methodology to explore Rudolf Steiner's insights into the nature of language and the sounds of speech. In the second we used our methodology to explore how language pours itself into the epic style: the fundamental nature of storytelling. In the third we used our methodology to explore the second great outpouring of language in the dramatic style: some of the fundamentals of an art of acting built on the premise that human beings are composed of spirit incarnated into soul and body who must make the treacherous descent into darkness as they undergo the trials of human destiny. Now in this final workshop of the year we will use our methodology to introduce the third great language stream: lyric poetry. Here we encounter the human spirit's striving to heal the apparent separation between soul and world.

Drawing on the works of some of the great poets of the English language, (including Shelley, Wordsworth, Coleridge, Hopkins, D H Lawrence, TS Eliot, Judith Wright), and translated excerpts from the 9th of Rilke's Duino Elegies and Rudolf Steiner's Calendar of the Soul), we shall explore how our own souls can make the same journey that the poet made: how each precise image found in nature or the world around us, by being crafted into words, transforms from something 'out there' into a reality within us. Likewise, each precise sensation within us finds its expression in an image of something 'out there': not because of a clever likeness identified by the intellect but because they are one. There is no separation except the one the intellect devises to make sense of our material perceptions.

Closer to the time, when we have received your registration, we will send you a file containing the texts and speech exercises from which we will draw our inspiration and which we ask you to read, before the workshop. We do not require you to have learned them but the more familiar you are with them the richer our exploration will be.

You do not need to have attended any of the previous workshops in order to participate in this one.

The workshop is aimed at anyone interested in using Steiner's speech and Chekhov's acting methodologies to enrich their self-development as performers, teachers and human beings.

Our workshops are recognized as Professional Development for teachers.

We are hosted by Samford Valley Steiner School who generously provides overnight accommodation in their kindergarten for our weekend courses, for \$10.00 per night.

Further information will be available after registration or if you have enquiries. (see leaflet).