

HEALTH AND HEALING

PREPARING FOR EASTER

An inspiring program of presentations and conversations, workshops and Members Gatherings

Thursday 25 March until Sunday 28 March 2021

THE PROGRAM

7pm Thursday 25 March

Healing Foods and the importance of biodynamic nutritional principles in supporting the healthy human constitution and temperament.

Presentation and conversation with Irmhild Kleinhenz VENUE: The Christian Community Canberra, 7 Holtze Close, Hackett, ACT

7:15pm Friday 26 March

The Seven Life Process and the Star Gate as a model for understanding the importance of working with illness and sensory disturbances.

Presentation and conversation with Irmhild Kleinhenz VENUE: The Kurrajong Building, Orana Steiner School, Unwin Place, Weston Creek, ACT

9am – 5pm Saturday 27 March

Practical Workshops - Home Care during illness for children, people with disabilities, chronic illnesses and the aged.

Two workshops guided by Irmhild Kleinhenz and Charlotte Rogers. See separate flyer.

VENUE: The Kurrajong Building, Orana Steiner School, Unwin Place, Weston Creek, ACT

6 - 9pm Saturday 27 March

Members Dinner and Conversation with guest Jane Bradshaw, General Secretary, Anthroposophical Society in Australia and Management Group. See separate flyer. VENUE: The Kurrajong Building, Orana Steiner School, Unwin Place, Weston Creek, ACT

1:30 – 3:30pm Sunday 28 March

PREPARING FOR EASTER - The Raphaelic Imagination connecting the future stream of healing through Rudolf Steiner's Raphaelic Mystery Play and the statue of the Representative of Man.

A presentation and reflective conversation led by Irmhild Kleinhenz, followed by a shared Afternoon Tea.

VENUE: The Kurrajong Building, Orana Steiner School, Unwin Place, Weston Creek, ACT



Please join us in this time of recovery from the trauma and tumult of the past 15 months in our region, we invite all those interested in learning more about the anthroposophical approaches to healing.

Families and teachers

especially those involved in Steiner Schools will gain insights into how to help strengthen children and others through illness.

Irmhild Kleinhenz, is a qualified Anthroposophic Naturopath and Integrative Medicine Health Consultant, tutor and mentor with extensive experience and training over many years.

Charlotte Rogers is a highly experienced Registered Nurse, Anthroposophic Nurse Consultant, Art Therapist and Rhythmical Massage Therapist. Charlotte also runs a Health Retreat in Bellingen NSW.

Private consultations are available with Irmhild Kleinhenz on Thursday 25 March in Hackett and Monday 29 March 2021. Home visits may also be possible. Please text: 0444 551 381

COST: By Donation unless otherwise advised.

Registrations and Enquiries:

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