

Anthroposophical Society in Australia

News from the General Secretary

Issue No. 7, July 2024



**General Secretary
Jane Bradshaw**

Anthroposophical light and warmth for winter

Dear members, I hope this newsletter finds you well, the shortest day has passed with the winter solstice and now as our planet starts to breathe out so may we.

We are fortunate we have a plethora of anthroposophical wisdom to enable the light and warmth within.

The many and varied online possibilities for enrichment from sources like Goetheanum TV and *Anthroposophy Worldwide* and all the local and international links to talks and discussions that are made available to us.

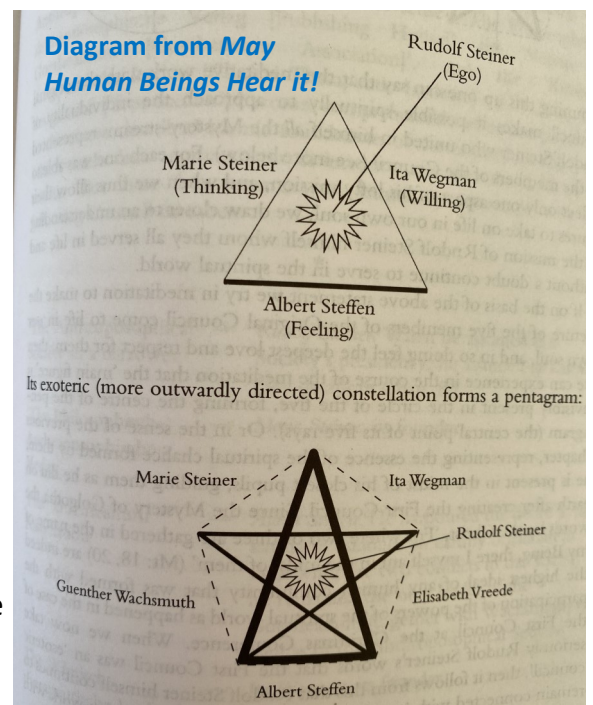
A strong inner life is needed in these dark days to overcome the strife in the world around us and not succumb to the 'world-soul pain'.

Apart from daily meditative work, my weekly study group is essential here. Like many of you, I dedicate two hours to reading and discussing with others.

In our group studying S. O. Prokofieff's *May Human Beings Hear it!*, the most recent meeting dealt with chapter 5, 'The Esoteric Archetype of the Original Council of the General Anthroposophical Society', in which the original members are described, along with their unique contributions. As members, being aware of the original council and why the individuals were chosen has an immediate relationship to the present and the future.

They were 5 members — Albert Steffen, Marie Steiner, Ita Wegman, Elisabeth Vreede and Guenther Wachsmuth.

The nearly equal representation of male and female in the membership can be seen in the spiritual scientific fact that, beginning in the 20th century, the female incarnation will, in



the evolution of humanity, gain equal importance as did the male incarnation in the past.

Rudolf Steiner is the sixth member.

I cannot go into that fully here but I would like to quote some of the content.

I hope you can apply this practical meditative exercise in your own lives.

“Following the path of knowledge of spiritual science one can use a process as follows, first of all call to mind the main characteristics of the cosmic stream to which one belongs, then, on the second stage, one completely extinguishes the Imagination thus created and direct one's whole attention to the other, initially quite alien, stream.

“When after repeated attempts one can finally identify oneself with it so strongly, that one feels as if at home with it, then this second step corresponds to the transition from Imagination to Inspiration. To truly connect with the alien karmic stream, one has to penetrate the Imagination of it produced in one's mind — an Imagination that can even have a repulsive effect — with the higher Inspiration, whereby a process of becoming completely one with it can be attained. Only following that can one try to link up the two images (of one's own and the alien stream) in one's soul in a totally objective manner and make an effort not to mix into their confluence any personal sympathies and antipathies. In such a conscious union, the result of which is the issuing forth of something completely new in the soul, can an element of the highest Intuitive insight rise in the soul.”

In the original council, this meditation can be particularly effective.

“Initially, the images of Marie Steiner and Ita Wegman ought to be placed before the soul's eye, and in as *alive and vivid* a manner as possible by calling to mind the personal and supra-personal polarity of these two individualities. Then one must immerse oneself in the best qualities of both and attempt to look with Steiner's eyes at the higher being. Here special attention should be directed to the figure who presents herself to the soul experience as the more alien one. Only when such an intensity of inner experience has been reached that the polarity of the two figures begins to be transformed into a new higher unity, can one try to connect them gradually in one's soul and by doing so bring the polar characteristics into a higher harmony. When that succeeds, there is revealed to us the central mystery of the Rosicrucians — the **mystery of the Brazen sea** — and with that the possibility to actualise this in the social sphere . . . “

<https://rsarchive.org/Lectures/GA093/English/RSP1985/19041104p01.html>

This is a beginning step and obstacles will stand in the way. Inner effort is needed to bring this third element which, like a bridge, unites both poles. There lives the synthesis, the seeds for the future.

This meditation is a guide to transform, in this incarnation. To be free from individual karmic mainstream conditions and their antipathies and sympathies.

J W Goethe: The Secrets —

“from the constraint that binds all beings, a man who overcomes himself is freed”



Sergei Prokofieff

Contact Jane Bradshaw:

generalsecretary.asina@gmail.com

0483 442 906

Management Committee addition

Introducing Tanami Magnus, who responded to our advertisement in the newsletter for a member to assist with administrative tasks and who will work with the management team.

'I was born in Perth and spent many years in the Kimberley before returning again to Perth. I met Anthroposophy in my early 20s and studied Steiner teacher training at Taruna in New Zealand.

'In my mid-late 30s I began the task of starting a Steiner school in Perth (Helena River Steiner School) which I then dedicated the next decade of my life to.

'I look forward to serving the Society in this small way by being on the Management Committee.'



New members welcomed

Steve Kapolis — Michael Group

Jan Raiisa Berg — Michael Group

Trevor Crowe — Tasmania

Jane Farra — Mid North Coast Branch

Emily Long — Mid North Coast Branch

Lisa O'Donnell — Mid North Coast Branch

Daniel da Silva Piason — Sydney

Boris Krestelica — Western Australia

Indonesia connection request

I received this email from an anthroposophist in Indonesia.
I have often wondered if we could invite Asian Pacific fellows to join the ASinA.
They do not have a GAS branch in their countries.

Hello from Indonesia.

Would there be any possibility for us in Indonesia to develop some collaborations with ASinA, with the goal of nurturing the growth of Anthroposophy in Indonesia?

So far, various groups in Indonesia have been developing Anthroposophy-related studies and implementation, mainly on the individual level and with support from anthroposophists from abroad.

We currently have around 7 Waldorf schools and a small number of Biodynamic gardens and farms, and zero Anthroposophical Medicine practitioners.

We hope that we could get some support and linkages with ASinA since Goetheanum seems too far away.

Regards, Octavius

octavius.tjiantoro@gmail.com

Looking for Charmaine Salter

We are looking for someone called Charmaine Salter.
She was a Waldorf teacher in Johannesburg and Durban, in South Africa.
Please ask her to email me if you know her.
— Jane

New branch formed, another revived in northern NSW

Mid North Coast Branch of the Anthroposophical Society in Australia

We are excited to announce the formation of the Mid North Coast Branch of the Anthroposophical Society in Australia. The branch has formed in response to a desire by many people in our region to come together, work with common purpose and learn collaboratively out of the spiritual insights Anthroposophy offers us to be of service to humanity.

Our region is a rich and diverse one in terms of the many anthroposophical initiatives that are working here, including five Steiner schools, two biodynamic groups and many individuals or small businesses working out of Anthroposophy.

We believe that working together out of love, freedom and courage is the only way we will be able to meet the challenges of our times and be ready for what will be asked of us in the future.

We welcome anyone who is interested in working together using anthroposophical insights and teaching. Whether you are new to Anthroposophy or already have a deep understanding, all are welcome.

To get involved, join the branch, join a study group, create an event, find support in starting your study group or just find out more, please contact:

midnorthcoast.asina@gmail.com

Deborah Neale - Branch Representative

Cath Van Schie - Chair

Lisa O'Donnell - Secretary

Jane Farrah - Newsletter and Communications

Sonny Neale - Treasurer



Upcoming Study Groups and Events

To attend a study group or event please email - midnorthcoast.asina@gmail.com or text 0491114566 with the study group or event you would like to attend.

Please note that some study groups or events require you to be a member of the branch. To enquire about becoming a member please email Deb or Cath: midnorthcoast.asina@gmail.com

Location: Chrysalis High School, 121 Hyde St, Bellingen NSW

Life Phases - Bernard Lievegoed

For members and friends. Tuesdays from 5.30pm, commencing 23rd July 2024

Awakening to Community by Rudolf Steiner (facilitated discussion on this lecture)

For members only. Wednesdays from 3.45pm, Commencing 24th July 2024

Heart Consciousness: A Lecture by Helen Vogel

For Steiner Teachers and Members, 4pm, 25th July 2024

Introduction to Anthroposophy

All welcome. Date to be confirmed.

Inclusive Communities: Discussion led by Rod Tomlinson

All invited. Date to be confirmed.

THE NOVALIS BRANCH OF THE ANTHROPOSOPHICAL SOCIETY IN THE COFFS HARBOUR – NAMBUCCA, BELLINGEN & DORRIGO REGION

As local Class and Society Members we re-formed the Novalis Branch [formerly 2004 - 2009] on the 8th June this year. We already carry, and have carried, responsibility for the life of the Anthroposophical Society in our area for two decades. Some have been doing so for over 40 years and were part of donating the land for the Chrysalis Steiner School [Bellingen], have been dedicated practitioners, and teachers for either or both Chrysalis and Casuarina Steiner Schools [Coffs Harbour], and have held many study groups, workshops, festivals and events to bring Anthroposophy to the wider community.

Our desire rests in our dedication to providing a public face for Anthroposophy in our region and beyond, to further Spiritual Science inaugurated by Rudolf Steiner, and to consolidate the many rich offerings we individually and collaboratively make available. This impulse also arises out of our understanding of and commitment to meeting the needs of the future - a heartfelt concern many will share.

By re-forming the Novalis Branch we hope to link and expand our efforts in free association with other Branches in Australia and the General Anthroposophical Society, Goetheanum.

For further information and inquiries please contact: Katherine Taylor 0458 943 041 [between 3:00 – 5:00 pm]

Reflection meditation

To resolve our past requires knowledge

To forge our future we need courage

To experience the present we must develop
dedication

Our thinking needs riddles to wake up

Our feeling needs pain to mature

Our willing needs resistance to grow strong

Rudolf Steiner

From the Goetheanum:

The 30th March 2025 will be the anniversary of Rudolf Steiner's death.

A series of regional activities will take place in north-western Switzerland, with reference to the fact that Steiner lived there whilst, over many years, he worked on Anthroposophy.

A project with the Bayerle Foundation should lead to three lectures with exhibitions. A musical premiere of a work by Leopold van der Pals is organised in Basel. The clinic in Arlesheim will also celebrate their 100 years.

A three-day event is planned at the Goetheanum on 30th March and a conference on the centenary will be held at Whitsun.

Parsifal will be performed three times during this period. All the tickets were sold out online within an hour.

Events are being organised in many countries to mark the 100th anniversary of his death.

* * *

The last series of lectures with Goetheanum TV will be analysed. We need to develop an overall picture of needs and a shared awareness of communication.

The weekly magazine has been going since 1921 and *Anthroposophy Worldwide* has been around for a few years, now in several languages, and there are now also video productions. The image of Anthroposophy and public relations work are also an aspect of this.

In 2000, the Executive Board handed over the weekly publication to the Goetheanum management.

The channels through which communication takes place today have developed considerably: Paper, digital, newsletter, social media, podcast, videos.

The number of subscribers was 5000 in 2017 and 6000 in 2024, but in 2000 it was still 12,000!

The coronavirus era has greatly promoted digitalisation. The videos, even if they are well made, are not yet reaching a wide audience. Looking at the analyses shows that there are many employees involved in communication, but the impact remains very small. Which target groups do we want to reach?

The Mathematics and Astronomy Section will offer some courses digitally.

Dear Partners of the World Goetheanum Association

Dear Readers

Three of our new partners are united by the challenge of combining art and society. The bond between the two forms of expression of human life is being forged in different ways — recognising society through music — enabling culture through cultural percentages — teaching and promoting art and science for sustainable social transformation.

D. N. Dunlop, the initiator of this year's [World Goetheanum Forum, which will take place from 19-21 September 2024](#), also sought cooperation between cultural and economic life. Following on from this, our Forum will be dedicated to central questions about the connection between economics and peace; one of the guiding questions that the preparatory team asked itself in its discussions was: "What would these ideas look like on a global scale if a world economic conference were held, and how could it contribute to peace?" [Take a look](#) at four inviting thoughts from the preparatory team and [register here](#)!

This summer, it will be decided whether a new legal form known as "companies with tied assets" will have a chance of becoming a reality in Germany. Every company can get involved by taking part in the "[waiting list](#)" campaign and perhaps even joining the ranks of companies waiting for politicians to have the courage to try something new on 10 September 2024 in front of the Bundestag.

We wish you an inspiring reading

— Katharina Hofmann

From the Goetheanum:

I received this request from the Goetheanum.

Some of you may remember we did a similar gathering of information at the Futures meetings in 2019. There we shared our local initiatives.

I need your help again.

Please let me know if you would like to assist in enabling Australia to be part of this project in one or more of the categories.

Jane

The request below:

Dear Country Representatives,

Hereby we would like to ask your help with the following!

We are crafting a world map to show in which country what anthroposophical activities (institutions) can be found. We identified 9 categories and just want to show in this first step, how many of each category, for instance schools or farms, are present.

Here you will find the 9 categories.

Could you maybe all help us and explore in your countries how many (so the number) of which institutions are based in your country?

1. Members of your Anthroposophical Society:
2. Country Societies: (this number we of course know)
3. Waldorf schools:
4. Cultural institutions (Universities, theatre houses, culture houses, conference places):
5. Medical institutions (Hospitals, elderly homes, etc):
6. Curative institutes (like Camphills, Social Curative schools etc):
7. Biodynamic institutions:
8. Associations (of doctors, schools etc):
9. Companies (and partners of the WGA):

Conference of the Section for Curative Education and Inclusive Social Development — from October 2 to 6, 2024

We are delighted to celebrate this special year together and are warmly inviting you to join us.

Everyone in our field of practice is welcome to this conference. We will try to communicate in a language that is easier for everyone to understand. As we are also striving to discover new ideas, subjects may arise that are still difficult to grasp for all of us.

During the conference the Section for Inclusive Social Development will be founded. Inclusive Social Development – this part of the name of the new Twelfth Section at the Goetheanum will also designate the content of the conference. With this theme we would like to develop ideas for the future.

And we are celebrating the 100th anniversary of Rudolf Steiner's course on 'Education for Special Needs'. In 1924, Rudolf Steiner gave 12 lectures to a small group of people. Important themes were presented. For 100 years they have served as leitmotifs for work with people with diverse needs and abilities. Out of this impulse the most varied organisations and places have arisen in over 50 countries worldwide, and we look forward to getting to know them.

Something Else Studio

- a Uriel initiative

Supported by The Ligsma Kirpe Trust and The Anthroposophical Society in Victoria

Saturday 6th of July 2024 3pm -6pm

hosted by The Christian Community, 319 Auburn Rd, Hawthorn 3122

The redeeming of the double in Shakespeare's 'The Tempest'

A performance, commentary and conversation with Dawn Langman

Dawn Langman will explore the initiation journey of Prospero in what is probably one of Shakespeare's final plays. Her performance will feature key moments in the play. These moments address recognition of the double or shadow in our lives, forgiveness, and reconciliation woven together with a commentary on these themes. After the performance and an interval for refreshments, you are then welcome to join us for a shared conversation. If you would like to find out more about Dawn, her work and what she is bringing to the world, you can listen to an interview with Dawn Langman from 2017 [here](#).

Saturday 6th of July 2024 3pm -6pm

recommended donation \$20

members/concession \$15

Donations can be made into this Bank account under "Uriel event"

The Christian Community in Australia Melbourne Inc

BSB 313 140, Account No. 12260444

Treasurer's email: melb.treasurer@thechristiancommunity.net



The Art of Acting

HEARTFIRE CENTRE
for Speech & Drama

Drama workshop at Samford Valley Steiner School

Friday 26th July – Sunday 28th July.

Using the integrated Steiner/speech and Chekhov/ acting methodology practiced at Heart Fire we will explore how the art of acting can be renewed for our time through the conscious application of the processes made accessible through insights arising from the spiritual research of Rudolf Steiner. This experience of a spiritual dimension in our art is not just some vague mystical sense which many human beings might acknowledge. Rather, it is a capacity that can be consciously cultivated through the precise knowledge of how the spiritual processes that underlie the whole created universe penetrate into every detail of human speech and language and of our human constitution; allowing us to become an instrument for the conscious expression of the human soul and spirit.

Shakespeare's Hamlet is the text to which we will apply all the processes we introduce. We have chosen a play by Shakespeare because his insight into the drama of the human journey is universally acknowledged to be unsurpassed. His language, infused with the body, soul and spirit levels of experience that alone can make us fully human, is the means for transformation of our instrument.

To gain the most from the workshop, if you are not familiar with Hamlet, you will need to read and/or watch it so that you understand the context that the play provides. We will, however, focus primarily on Hamlet's character and some of his most famous words and speeches because the consciousness that struggles to evolve in him pre-figures the first stage of that development of consciousness demanded by the spirit of our times.

Once you have registered for the workshop you will be sent a file containing the main speech/Chekhov exercises and the texts we shall be working with, along with other necessary information for the workshop.

**Date and Venue : 1st - 6th November 2024
at Rudolf Steiner House, Sydney**



Forward by Kan-anek Kaewthaweesab MD. M.Sc.

Regarding to our civilization in the way to make a consideration to the organs, we make a way to connect the organs of the human being to the organs of the animals. We studied the organ of animals and make a theoretical postulation in the analogical and ontological knowledge to formulate the concept of the human organs, under the limitation of the world of senses. The organs is considered as the part of the whole, in the mechanical materialistic way. In the natural science and medicine, we make a consideration to the Lung as the organ of the air as our breathing activities, the liver as the organs of metabolism as the cook with fire, the kidney as the organ of the water and the heart as the mechanical pumps. That is why the therapy of the lung, we think of the respirator to manage our air. In the therapy of the liver the good substances for liver to process or cook them for healing. In the therapy of the kidney, at the end, the hemodialysis to eliminate the water and substance out of the body and the therapy of the heart with the concept of pump and resuscitation.

In the modern understanding see the organs from the final results of activity materialistically. This is the reason why the concept of the organ transplantation is the ground-breaking concept when the patients arrived at the end-stage of the organs. There is many successful surgical cases of the organ transplantation, however, afterwards the patient has developed the changes of consciousness and subconsciousness which there is no explanation from the medical understanding.

This is the foundation to re-consider that the organs is not the part which performs only its mechanical and biological activities. If the organs are the summation of the parts which perform the activities which connects to the main system as robot or AI can work on it, it is not possible to be the carrier to serve the activity of soul and spirit. From the anthroposophic understanding, by the guidance of Rudolf Steiner. The physical illness comes to manifest in the physical body, but mostly doesn't originate in it, it origins from the soul or mind. However, the mental illness which makes its expression in the activity of the soul or mind, it originates from the body. By this perspective, to gain the insight into the world of the individual mental illness, the opportunity to work is possible for the healing process. The organs are related to our metabolism which we are not only using them from the carrier of our life in this incarnation as the carrier of ethers and connect with the elements, however, we carry the forces in the forms and functions of the organs and transform them during the period between death and re-birth into our body of the next-incarnation. With the concepts, it makes us possible to understand the task of the organs which serves the soul and the spirit in our biography.

In this conference, we are looking at the anatomy, physiology and pathology in the body and soul of the lung and liver, under the perspective of anthroposophic medicine and artistically work. we are looking forward to working with you, who interests in anthroposophy.

**With cordially warm regards,
Kan-anek**

Faculty of The training.



Dr.Kan-anek Kaewthaweesab M.D. M.Sc.

He is an individual anthroposophic physician. His medical work originates from the mainstream medicine. He studied several types of complementary medicine and applied this to his medical practice. He is the general secretary of the Anthroposophic Medicine Association Thailand (AMAT). He also serves as the organizer of anthroposophic medical training for physicians and therapists in Thailand. When he first encountered the Anthroposophic Medicine, he suddenly realized the importance of this medical approach as the medicine of humanity.

He transformed his clinical practice by using the concept of anthroposophic medicine as the center of practice. He is also certified in classical homeopathy, Acupuncture, Naturopathy and Spatial Dynamics. He teaches and lectures in the anthroposophic medical training in Thailand, Taiwan, Indonesia and Switzerland; the international Integrative Oncology Training in Thailand and India; The Asia-Pacific Anthroposophic Pharmaceutical Training with Albert Schmidli.



Lisa Devine

Lisa began working with at-risk youth, and in the disabilities field. She has a Masters in Psychology, and has counselled young people and their families over many years. She has trained in the Metal Colour Light therapy Training as therapist. Her connection to Rudolf Steiner began through Eurythmy training, and has deepened ever since. She has worked as Chaplain/ Counsellor at three Steiner schools in Melbourne, and is now Chaplain for Glenaeon Rudolf Steiner School and the Central Coast Rudolf Steiner School.

Lisa is a core tutor for Steiner teacher trainees at Sydney Rudolf Steiner College, and is highly sought after around Australia as a speaker and facilitator in the areas of conflict resolution, child, inner and professional development – working out of the Anthroposophical impulse. She is also a priest of The Christian Community, being the resident priest for the Sydney congregation. Lisa is a co-founder of Seed Australia. For our seminar, she is the organizer and facilitator.

Timetable and Schedule

Schedule	Minutes	1st November 2024	2nd November 2024	3rd November 2024	4th November 2024	5th November 2024	6th November 2024
0830 - 0915	45	Travel to Venue		Movement in Space - By Kan-aneK			
0915 - 0930	15			Short arrangement			
0930 - 1045	75			Interactive Learning in Small Groups: Goetheanistic Observation Exercises as a Phenomenological Approach to Nature of the Organs Based on the Observations and Inner Experiences with Artistic Activities and Transformative Processes. - Lisa & Kan-aneK			
1045 - 1115	30			Morning Break			
1115 - 1145	30			Question and Answer - Lisa & Kan-aneK			
1145 - 1245	60	Introduction and Gathering with participants	Dynamic of the group work in Case Studies - Lisa & Kan-aneK				Final words and Conclusion
1245 - 1430	115		Lunch Break & Breathing out				
1430 - 1600	90		Anthroposophic Approach to Organ of The earth - Lung (1)	Polarity in the Archetype of Pathology as the spiritual path - (2) Pneumonia / Hysteria	Anthroposophic Approach to Organ of The will - Liver and Gall bladder(1)	Polarity in the Archetype of Pathology as the spiritual path - Liver Diseases / Depression	
			Kan-aneK	Kan-aneK	Kan-aneK	Kan-aneK	
1600 - 1630	30		Afternoon break				
1630 - 1745	75	Earthly and Cosmic life, between dead and re-birth and the process of the organ formation (1)	Anthroposophic Approach to Organ of The earth - Lung (1)	Therapeutic Concept for Archetype of Lung diseases	Anthroposophic Approach to Organ of The will - Liver and Gall (2)	Polarity in the Archetype of Pathology as the spiritual path - Gall Diseases / Mania	Travel Back Home
		Kan-aneK	Kan-aneK	Kan-aneK	Kan-aneK		
1745 - 1845	60	Dinner Break					
1845 - 2000	75	Earthly and Cosmic life, between dead and re-birth and the process of the organ formation (2)	Polarity in the Archetype of Pathology as the spiritual path - (1) Asthma / OCD	Open Space for Special Issue	Anthroposophic Approach to Organ of The will - Liver and Gall (3)	Therapeutic Concept for Archetype of Liver and Gall diseases	
		Kan-aneK	Kan-aneK	Lisa & Kan-aneK	Kan-aneK	Kan-aneK	

Community coworker/manager coaching courses

I am reaching out to share with you an introduction to a coaching program that I have been developing over the past year. This is a coaching program specifically created for workshop managers/coordinators working in Anthroposophical settings, which can be tailored to the needs of the individuals and their work settings.

Since leaving the Newton Dee Camphill Community in Scotland, after 21 years, and moving back to Denmark with my family last summer, I have thought a lot about the kind of training I would have found helpful in my day-to-day practice over the years. Developed in response to this reflection on my years of experience as a coworker, workshop leader, welfare officer and general manager, this “bespoke” program of training sessions has been specifically designed to enhance the understanding of anthroposophical social therapeutic and social pedagogical learning tools, methods and approaches.

The coaching sessions: I have been a teacher and supervisor within Camphill for over 20 years. As well as teaching the coworker foundation course, doing guest lecturing at the University of Aberdeen and Western Norway University of Applied Sciences, I have provided peer training sessions on Adult Support & Protection (Safeguarding), Communication Strategies, Reflective Practice, Personal/Professional Boundaries etc. As a result, it has always been clear to me that the core aim of the coaching sessions I would like to offer going forward should be the integration of social therapeutic and social pedagogical attitudes – and being able to apply them to our day-to-day practice.

My paramount aim would be to explore various applicable approaches, methods and modules of Social Therapy/Social Pedagogy. The coaching sessions would facilitate (in particular through personal and professional reflection) ongoing professional development while furthering the overall competence of all staff within the work setting for which the coachee is responsible.

Practically, these sessions can be conducted bi-weekly or monthly online, with each session lasting for approximately 60 minutes. During these sessions, the coachee will explore a specific subject, engage in discussions, and reflect on its application in day-to-day practice. Subsequently, in the following session, we will revisit the previous topic and introduce a new one – fostering continuous learning and growth.

A little about me: Born and raised in Denmark, I first encountered Camphill in 1997 when I arrived as a young coworker in Newton Dee. This was a life-enhancing event for me, and I returned to replace and cover in different houses and workshops for a few years until settling down in Newton Dee longer term to complete the BA in Curative Education & Social Therapy at the University of Aberdeen. After graduating, I set up and subsequently ran the Craft Studio as a work setting with the emphasis of enabling people with additional support needs and neuro divergent conditions to express themselves through a variety of arts and crafts while identifying their own therapeutic needs. After 7 years, I handed over the workshop and moved into a managerial position, taking on the role of welfare officer. As part of my time in the management role I also undertook the SCQF 10 (BA Hons/Post-graduate Diploma equivalent) in Leadership & Management in Social Care through the Scottish Qualification Authority. In my managerial role I began teaching a range of courses, as mentioned above. I also enjoyed inclusive music workshops with the residents and was heavily involved in the cultural life of the community.

After 21 years in Newton Dee, my family and I needed a new adventure, and we decided to move back to Denmark, settling in Odense on the island of Funen. Since the big move, I have set up AliusArt as a platform from which to offer freelance coaching and training to individual clients, inclusive art studios, not-for-profit organisations, social care providers, social prescribing services, community initiatives and outreach projects.

If you are interested in discussing this initiative further please do not hesitate to contact me.

Jonas Hellbrandt

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www.aliusart.com

Directory of anthroposophical initiatives: Listings now open

A contemporary directory of anthroposophical initiatives in Australia has been developed as a result of an ASinA member's generous impulse.

The Society is pleased to announce that this is now operational and members are invited to submit initiatives they would like included for listing.

Listings on the new online directory service – accessible on the Society's website – will be free to members for its first year of operation, after which they will cost a nominal \$20 a year (to help ensure listings remain operational and relevant).

The directory is a service to ASinA members and your involvement will shape its character and utility. It is envisaged that members may wish to make other members and visitors to the website aware of a range of initiatives, including:

- Anthroposophy oriented ventures or businesses, eg biodynamic supplies
- ethical enterprises useful to individuals and branches
- anthroposophical initiatives, including workshops, courses, cooperatives
- study groups
- projects seeking participants
- conferences and festivals

Intended listings can only be submitted using the form available on the ASinA website www.anthroposophyau.org.au

Listing submissions will be vetted before inclusion to ensure they are appropriate and relevant to ASinA members and friends.

How to use the Website directory

Here is the **link for the Submissions Form** and the **password**:

<https://www.anthroposophyau.org.au/directory-submission/>

The password is:

directory-2023-submission

Please note, you need to use these only if you wish to submit a listing.

The password is being used because, while anyone can look at and find items that are listed in the Directory, it is intended that only members can list their events, activities, etc on the Directory.

Where to find the Directory

Using a PC, on the top of the home page, click on **Trainings and Initiatives**, then scroll down to **Directory**.

Using an Android mobile phone, click on the three-line menu on the top right-hand side of the home page, go down to **TRAINING AND INITIATIVES**, and click on the **+** symbol beside it, then scroll down to **Directory**.