

A Festival of Change – Social Threefolding

five Creative days on sustainable Social and organisational change

20 – 24 SEPTEMBER Harmony centre, 11 beresford str mittagong

Irmhild Kleinhenz - Functional Threefoldness within the Human Body Hamish Mackay - Economy Life Gillian Rogers - Social Rights Life Iris Curteis - Spiritual Cultural Life

"Where the realm of freedom of thought and action begin, the determination of individuals according to generic laws ends." Rudolf Steiner

Social Threefolding is the recognition that three distinct social spheres operate in all human social organisations. Based on this understanding the coordination of the social life processes are not unitarian or centralised by state or leading elite. Instead, these three self-directed, relatively autonomous spheres vertically and horizontally balance and enhance each other:

(1) CULTURAL-SPIRITUAL LIFE EMPOWERS AND UPHOLDS UNASSAILABLE FREEDOM, INDIVIDUALITY AND CREATIVITY: (2) SOCIAL LIFE SUPPORTS, SUSTAINS, AND PROMOTES EQUAL JUSTICE AS ITS HIGHEST ASPIRATION, OUT OF AN UNDERSTANDING THAT WE ARE ALL EQUAL BY VIRTUE OF OUR HUMANITY: (3) ECONOMIC LIFE, IS BALANCED BY RECIPROCAL INTERACTIONS BETWEEN PEOPLE AND PEOPLE, AND PEOPLE AND ENVIRONMENT, GOVERNED BY SOLIDARITY WITH THE ENDEAVOUR TO MEET HUMAN NEEDS AND ENABLE INDIVIDUALS TO WORK OUT OF THEIR PREBIRTH INTENTIONS. WITH SOCIAL THREEFOLDING/SOCIAL SCULPTURE WE CAN BUILD SYSTEMS THAT REFLECT WHAT IT IS TO BE TRULY HUMAN.

Contact Iris Curteis iris@storyvisionsource.com bookings: https://events.humanitix.com/a-festival-of-change-social-threefolding-five-creativedays-on-sustainable-social-and-organisational-change-eubbjbbs A brief introduction: https://www.facebook.com/anlomal/videos/555046406788837 Threefolding Tho Ha Vinh https://www.youtube.com/watch?v=pfxKRxVgQuQ We use engaging presentations, deep conversations, and some unusual tools: Storytelling, creative engagement, and board games.

Why Storytelling and creative activity?

Storytelling makes us adaptable, it expands the scope of our mental lives beyond the confines of our actual experience socially, physically, and in every other way. It offers a fluid unencumbered interaction and immediately creates human community. We are all experiencing an unprecedented techno-boom; information technology supplies us with more 'facts' than we can process, but without the wisdom, the insight, needed to interpret and integrate them into our lives, tying us more and more to materialism. Storytelling gives us the space and tools to integrate knowledge gained through intuition, perception and reason and calms inner chaos. Our healthy human organism needs beauty: our brain uses a third of the oxygen our body can take up, when we produce, or experience the production of beauty, it simultaneously releases beneficial chemicals, endorphins, serotonin, oxytocin, etc. that have vital emotional and physical functions. We could say our human organism is designed to create acts of beauty more than it is designed to produce food or offspring.

Why Games?

We want to stimulate great conversations:

The Landlord's Game was designed by Elizabeth Magie for her economics students as a practical demonstration of those principles that enrich the few and impoverish the many. *Monopoly*, retailed and patented by the Parker Brothers, is a stolen and corrupted version of Landlord's Game . The players' goal is to drive opponents into bankruptcy.

CoQuest and CoQuest Threat by Michael Howard: All great games of the past depend on competition. Team sports transfer this competitive dynamic from two individuals to two groups. Within teams a high level of collaboration is exercised to be effective in defeating the others. This curious mix of collaboration and competitiveness is also found in business, politics and warfare. The prevailing assumption is that selfinterest is deeply rooted in human nature that competition is unavoidable, necessary and a fact of life. And yet, as self-interest intensifies, more and more people aspire to live in harmony with all who dwell upon our living Earth. It may not be possible to eradicate self-interest entirely, but our humanity depends on our striving to harmonize our own needs and aspirations with those of others. Michael's website: <u>livingformstudio.org</u>

The Social Puzzle is a puzzle that can only be solved by players giving away pieces to others. Look around, who needs what you have ...

Conversation: Conversation literally means to 'walk with or turn around with' Hamish, Gillian, Irmhild & Iris have worked with Theory U, and deep listening and understand the power of conversation to build a communal image and relationship to both ideas and to one another. Therein lies the seed to innovate change and new initiatives.

As its not possible to pay for knowledge

We invite you to shift your perception and to attend this event as sponsors. We ask you to consider what it takes to developed a seminar that provides you with a sound introduction to the Threefold Social Organism using: an informed understanding of Steiner's theory, guided conversation, creative activities, contemplative storytelling and experiences gained through games. You can imagine that it has taken devoted time and commitment and heartfelt-will to develop this programme, to synthesise our individual skills, knowledge and experiences and to place them at your service.

So, we now invite you to contribute financially to our needs – the costs of our travel, accommodation and food, resources, the venue hire and general catering so that we all have sustenance – and so we can sustain our own lives. We also invite you to consider what you would accept as a fair exchange if you were holding this seminar, and to consider what you can genuinely contribute so we can continue to offer this seminar to others.

We welcome conversations and questions and suggest:

\$300 Bare Bones – This contribution is subsidised concession rate; please only use this rate if it is truly not possible to make a higher contribution.

Early Bird rates: \$390 Individuals \$550Couples \$350 p.p Groups & Enterprises [min. 3 people] Early Bird helps us plan ahead, cover our accommodation bookings and venue.

Full Rates:
\$490 Individual
\$650 Couple
\$450 pp Enterprise/Group [minimum 3]
The full standard rates cover costs, contributes to our expenses and support us in our work.

\$980 p.p. is a generous Kinship Contribution that covers your full price attendance plus one other person who would without your support not have the means to come; it acknowledges our needs and begins a process of social change.

Change Sponsor DONATION– Your generosity subsidises other attendees, dignifies our efforts, acknowledges our needs and commitment and heartfelt-will to develop this programme, to synthesise our individual skills, knowledge and experiences and to place them in your service.

Thank you!

https://events.humanitix.com/a-festival-of-change-social-threefolding-five-creative-days-on-sustainable-social-and-organisational-change-eubbjbbs

Please remember to book your accommodation separately.







Iris Curteis is a Storyteller, Creative Speech - and Social Artist who encountered Threefolding as an 18-year-old and had the privilege to meet and learn from some of the leading innovators in this field in Europe. She understands how storytelling empowers our imagination and creative thinking and encourages us to appreciate our lives as works of art. As a social artist, she is passionate about using threefolding and creativity to examine and change the way we think, build our capacity to shape more humane communities and support transformational change. The focus of her work is the relationship between storytelling and community building. Grasping an idea through storytelling means we get inside the idea together - like an orchestra synchronising individual skills and instruments to interpret the idea of the whole symphony. Her background includes studies in visual art, storytelling, speech formation, and dramatic art (Europe), a B.A. and B.A. hon. in creative writing and a Ph.D. in storytelling and community building.

Irmhild Kleinhenz, Anthroposophic Naturopath; Post Grad Cert. Anthroposophic Medicine, IPMT Mentor and Tutor, Post Grad Dip. Integrative Medicine. Diploma for Naturopathy, Homoeopathy, Nutrition and Herbal Medicine, ANTA Accredited Fellow. Irmhild has a special interest in researching functional threefoldness within the Human Being as a template for social reform. There is a threefold order in the body that permeates every organ, indeed every cell. It enables us to assimilate the world within us, to expand and to surrender ourselves to a higher spiritual principle. If we want to understand each other as a social organism, then we need to learn about the collaborative or contrary actions of our organs; how each part of our internal being is an expression of a whole and how the whole is more than a sum of its parts. Only by deepening our understanding of these relationships, of how organs cooperate with each other, can we truly develop our personal freedom. As human beings we will increasingly be called upon to be responsible for nurturing our own health and to find the reverence and gratitude to care for each other during crises. The threefold dynamic within our organs is a pathway to intuitively finding the right remedial gesture and a rational therapy for personal and social healing.

Hamish Mackay is a biodynamic educator. Biodynamics is a restorative, regenerative practice that encompasses relationships within and between soil, plants, animals, people, and the cosmos. He sees life as a future calling us out of the present to participate locally as a member of a global community. He believes we can help each other to wake up through our interactions and create social conditions that enable and ennoble us to reach our full potential. His life interest is to contribute to the threefold social impulse encouraging individual autonomy, creativity, and freedom in thinking; safeguarding the individual rights of all in harmony with how we affect each other communally, and ensuring that physical and economic-ecological needs of individuals, communities, and environs are arranged through free associations operating with the necessary ethics and competences.



Gillian Rogers holds a Master of Steiner Ed., curriculum writing, organising teacher professional learning and briefly sharing a Head of School role. She has extensive experience in teaching centred around Steiner Education, from pioneering secondary school teaching, Prior to working in Steiner education, Gillian spent nine years in an inner city housing cooperative connected with the Demeter Bakery. It was here that she first encountered Steiner's social threefolding, which informed her work in school administration, and her impulse to arrange a series of workshops and lectures on threefolding and associative economics with Christopher Houghton Budd, an economic and monetary historian with a doctorate in banking and international finance. Currently she is interested in Community Development using place-based approaches that are centred on local collaboration and consultation, on development of leadership attributes aligned to Steiner context, but also inspired by Restorative Practices and Positive Psychology