

# Enlivening The Script Within

2<sup>nd</sup> Etheric Geography webinar  
Live and online 18 September 2021

*Developing a salutogenic approach  
through reconnecting to the World ether*

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This 1-day intensive continues the themes introduced in *Reading The World Script*, but now we turn to human life: exploring how the forces and patterns of the Script work in our soul life, in our thinking and in our own life body.

## What is it about?

This webinar is more practice-based, as we explore how to enliven the life forces within to meet the challenges of today. See the program overleaf for more details.

## Stream of Life presenters

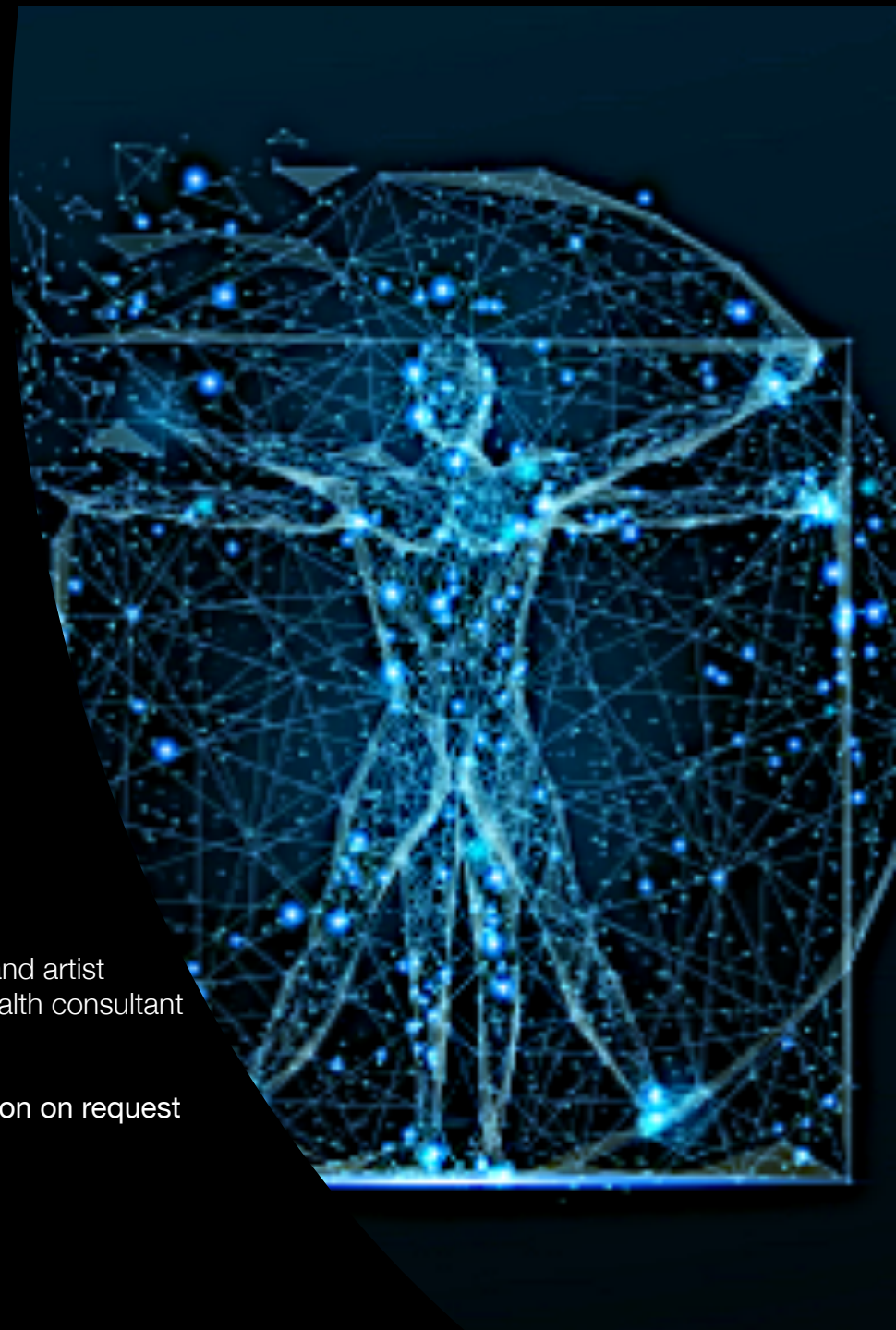
Martin Samson, author, poetic philosopher and theologian  
Dr Fiona Campbell, cognition and creativity researcher, lecturer and artist  
Irmhild Kleinhenz, Anthroposophic naturopath and integrative health consultant

**Cost:** \$50 including preparatory exercises. Hardship concession on request

**When:** 11.00 am -5.00pm AEDT, Saturday 18th September

**Register:** [Click here to register.](#)

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# PROGRAM

## Martin Samson

### Theme: Key Elements for a Moon Astrology

#### What will we do?

- Learn how to add spiritual thoughts and practices enlivened by the moon rhythm to our inner work. By doing so we will understand the spiritual effects of the moon year upon the Christ year.
- At the end of the day, we will join together for a contemplative festival to create a healing blessing for the world right now, to carry into our future.

#### Preparatory exercise

- During the day, imagine the Star Sign Virgo invisible behind the sun
- During the night, observe the change of shape and position of the moon in the sky. How late it appears and, as it goes through the new moon phase, its proximity to the sun.

#### Background material

- This session explores how our relationship to the moon cycles through the year can act as an enlivening force. We will observe how the waxing and waning of the moon relates to our yearly sun-cycle. Traditionally, the moon has been seen as a keeper of the feminine forces. However, there are also masculine aspects of the moon that play a role in our earthly lives, affecting our gender and parts of our karma.



# PROGRAM

## Dr Fiona Campbell

### **Theme: Developing Water Thinking**

#### **What will we do?**

- Revitalise our connection to the movements of the World ether within through experiential drawing.
- Then learn to strengthen our capacity for dynamic, fluid thinking, with contemplative exercises and more drawing.

#### **Preparatory exercise**

- Practice the cloud forming/dispersing exercise
- Find examples of the meander form in nature in your local environment and draw them

#### **Background material**

- This topic looks at natural water flow as a metaphor for thinking, using exercises for developing cognitive flexibility for dynamic, enlivened thinking. The exercises are grounded in Fiona's research into creative cognition. Her work draws on Theodor's Schwenk's study of natural water flow and Arthur Zajonc's meditation work.





# PROGRAM

## Irmhild Kleinhenz

**Theme: How do I understand salutogenesis in relation to my own health?**

### What will we do?

- Explore how health is not an absence of symptoms – rather, it is a constant ebb and flow of movements between the outer and inner formative forces of the etheric body. These forces affect the balancing act of our health.
- Compare healthy and diseased human tissues and organs and observe how different emotions and thoughts affect their functions - and vice-versa. We will also look at how natural remedies and therapies can influence the organs.

### Preparatory exercise

- Reflect upon a past illness and ask yourself – how do I manage my symptoms, such as pain, tiredness, etc?

### Background material

- In Psychoneuroimmunology, there is increasing evidence to suggest that various affective states, such as happiness or sadness, compassion or hatred, etc. can have a profound effect upon immunity and our organ functions.

