

ANTHROPOSOPHIC MEDICINE CONFERENCE

MELBOURNE 14 - 18 APRIL 2025

*“Bringing healing forces through
Anthroposophic Medicine”*

International Keynotes

Dr Adam Blanning
Dr med.Marion Debus



WELCOME

It is a great pleasure to welcome you to the 2025 Anthroposophic Medical Conference in Melbourne, Australia! I would like to thank the Australian Anthroposophic Medicine Association and the Michael Centre for hosting the conference this year.

We are so very fortunate to have two Leaders of the Medical Section, Dr Marion Debus and Dr Adam Blanning, travel from the other side of the world to Australia to share their experiences and bring their latest research. Both Dr Debus (Klinik Arlesheim, Switzerland) and Dr Blanning (Denver, Colorado), have decades long and broad experience in multi-modality teamwork in the medical field. Anthroposophic medicine from its very beginnings, has incorporated nursing care, manual and artistic therapies and medical work, all being vital to the practice of Anthroposophic medical care. Our longing in Australia, New Zealand and the South Pacific region, including Asia, is always to learn more of what lives in medical practice in other parts of the world. We are equally fortunate to have a selection of Specialist Conferences, to enhance our individual modalities and our multi-modality work together, with international guests, Dr Marion Debus (Oncology), Dr Katharina Gerlach from Germany (Eurythmy Therapy) and Australian presenters Charlotte Rogers (Anthroposophical Nursing, Art and Massage Therapy) and Lisa Devine (Pastoral Medicine and Grief) with Patrice Orange leading the eurythmy sessions for all participants each morning.

Our aim is to work with committed people from our region on questions of understanding and caring for human beings through the cycle of life - from child development, through health and illness, with a special focus on cancer as a life challenge, and coming to the end-of-life. Dr Blanning and Dr Debus will work with us in exploring this from a medical perspective, spiritually and physically. Questions such as: How do we understand the challenges experienced in child development? How do we care for the whole human being in illness, with a focus on oncology? What medicines, activities and care options can bring increased wellbeing, wellness and healing? How do we learn to stand up for the values and dignity of each individual's development and their choices in illness and dying? How can we develop coherence in our teamwork, that places us in the service of this great human task as health professionals? Where to from here in furthering our work locally and in the broader world (CARE projects)?

Our hope is that this time of sharing and learning can bring enthusiasm for our growth together as a community, nationally and regionally so that beginners and advanced practitioners of medicine can learn from each other, renew and strengthen old friendships and establish new connections. We warmly invite you to join us in bringing our hearts, minds/thoughts and wills together to further this caring work on a day to day basis and for the future.

Dr Narelle Savage and Dr Lisa Harris

Coordination Group - Dr John Power, Dr Lisa Harris, Dr Narelle Savage, Dr Paulo Moraes, Sarah Mann, Pippa White, Jennifer James, Lisa Devine, Leanne Sarah

PROGRAM

	MONDAY, APRIL 14	TUESDAY, APRIL 15	WEDNESDAY, APRIL 16	THURSDAY, APRIL 17	FRIDAY, APRIL 18
08:30	MORNING EURYTHMY 8:30 to 9 am with Ptries Orange				
09:00	SPECIALIST CONFERENCE Opening and Choice of:		GENERAL CONFERENCE Welcome and Introductions		
09:15	<ul style="list-style-type: none">• ONCOLOGY with Dr Marion Debus• ANTHROPOSOPHIC NURSING, Rhythmic Massage & Art Therapy with Charlotte Roger• PASTORAL MEDICINE with Lisa Devine• EURYTHMY THERAPY with Dr Katharina Gerlach		PLENARY SESSION Warmth for human development <ul style="list-style-type: none">• Pre-birth and early childhood by Adam Blanning• Healing, aging and dying by Marion Debus	CASE STUDY Understanding deeper developmental needs and treatment <ul style="list-style-type: none">-Polarities in childhood Part 2 by Adam Blanning	PHYSICAL, SOUL & SPIRITUAL PAIN Pain relief in illness and the dying process by Marion Debus with Ptries Orange, eurythmy therapist
10:30	MORNING TEA 10:30 to 11am				
11:00	<ul style="list-style-type: none">• ONCOLOGY with Dr Marion Debus• ANTHROPOSOPHIC NURSING, Rhythmic Massage & Art Therapy with Charlotte Roger• PASTORAL MEDICINE with Lisa Devine• EURYTHMY THERAPY with Dr Katharina Gerlach		BACKGROUND FOR CASE STUDIES PAEDIATRIC: Integration processes in child development- Polarities in childhood Part 1 by Adam Blanning ONCOLOGY: Re-integration therapies and medicines by Marion Debus	CASE STUDY Oncology Case study <ul style="list-style-type: none">• GP Case presentation• introducing a multidisiplinary team model of care utilising therapeutic intuition	PALLIATIVE CASE STUDIES Working together as a therapeutic community at the end of life with Dr Narelle Savage, Pippa White and Lisa Harris
12:00 13:00				GRIEF AND PSYCHOTHERAPY by Lisa Devine	FORUM To 1.30pm Voluntary Assisted Dying Forum - questions to panel
13:00	LUNCH 1pm to 2.30pm				
13:30	<ul style="list-style-type: none">• ONCOLOGY with Dr Marion Debus• ANTHROPOSOPHIC NURSING, Rhythmic Massage & Art Therapy with Charlotte Roger• PASTORAL MEDICINE with Lisa Devine• EURYTHMY THERAPY with Dr Katharina Gerlach		CASE STUDY Resilience and reclaiming of the I-Organisation with Adam Blanning	BREAK OUT INTERPROFESSIONAL GROUPS To 3.30pm To develop the therapeutic need for choice of paediatric or oncology case study	LUNCH 1.30-3pm
14:30				AFTERNOON TEA 3.30-4pm	3-4pm OPTIONS Good Friday Church Service with Lisa Devine ..OR Break out inter-professional groups to form therapeutic concept of paediatric and oncology case studies
15:30					
16:00	AFTERNOON TEA 4pm to 4.30pm			CASE STUDIES From 4pm Sharing outcomes from break out groups on the Paediatric and Oncology case studies	AFTERNOON TEA 4-4.30pm
16:30	Free time	BREAK OUT GROUPS Break-out inter-professional groups discussing resilience case study			FORUM The Medical Section's CARE areas and goals <ul style="list-style-type: none">• Pediatrics• Infectious Diseases• Mental Health• Oncology• Aging and Palliative Care
17:30	DINNER 5.30 to 7pm				
19:00 20:30	PUBLIC LECTURE The background and future of Anthroposophic medicine Dr Marion Debus	PUBLIC LECTURE Metamorphosis of the Life body from birth to death Dr Marion Debus	PUBLIC LECTURE Rhythms of earthly biography and development. Dr Adam Blanning and Dr Marion Debus	PUBLIC LECTURE Rhythms of spiritual biography and development Dr Adam Blanning and Dr Marion Debus	CLOSING LECTURE 7pm Future steps for Anthroposophic medicine Dr Lisa Harris 7.15pm Accompanying one on the other side of the Threshold: Lisa Devine

PRESENTERS

KEYNOTE Dr med. Marion Debus (Switzerland)

Head of the Department of Oncology and anthroposophic physician at the Klinik Arlesheim, Switzerland. Senior physician in interdisciplinary oncology, specialist in internal medicine and hemato-oncology. Co-leader of the Medical Section at the Goetheanum, Switzerland. Medical editor of the magazine Der Merkurstab. In addition to interdisciplinary oncology, her main areas of medical work are hematological diagnostics, chemotherapy and sonography.

Mon 14th April	Oncology Specialist Conference 9am-4.30pm Public Lecture 7pm
Tue 15th April	Oncology Specialist Conference 9am-4.30pm Public Lecture 7pm
Wed 16th April	Plenary Session General Conference, 9:15am Oncology 12pm Public Lecture 7pm
Thu 17th April	Oncology Case Study 11am, 2.30pm and 4.30pm Public Lecture 7pm
Fri 18th April	Physical, Soul and Spiritual Pain 9.15am



KEYNOTE Dr Adam Blanning (USA)

Dr Blanning practices anthroposophic family medicine at the Denver Center for Anthroposophic Therapies (DenverTherapies.com) in Colorado, USA. Co-leader of the Medical Section at the Goetheanum, Switzerland, international lecturer and co-director of physician training for anthroposophic medicine. Author of Understanding Deeper Developmental Needs: Holistic Approaches for Challenging Behaviors in Children (2017), and Raising Sound Sleepers: Helping Children use their Senses to Rest and Self-soothe (2023).

Wed 16th April	Plenary Session General Conference, 9:15am Polarities in Childhood Part I, 11am Resilience and Reclaiming of the I-Organisation, 2.30 pm Public Lecture 7pm
Thu 17th April	Polarities in Childhood Part 2, 9.15am Public Lecture 7pm



PRESENTERS

Dr Katharina Gerlach (Germany) - Specialist Conference Presenter

Head of the Institute for Eurythmy Therapy and member of the Research Institute (RIArT), Alanus University of Arts and Social Sciences. Team IKAM Coordination of the International Eurythmy Therapy Section of the Medical Section, School of Spiritual Science Dornach

Mon 14th April Eurythmy Therapy 9.15am-4pm

Tue 15th April Eurythmy Therapy 9.15am-4pm



Lisa Devine - Specialist Conference Presenter

Christian Community Priest, Chaplain, Lecturer, Counsellor and Consultant in Steiner schools. Senior tutor Sydney Rudolf Steiner College, registered psychologist and qualified eurythmy therapist. Originally trained as a youth worker.

Mon 14th April Pastoral Medicine Specialist Conference 9.15am-4pm

Tue 15th April Pastoral Medicine (Grief) Specialist Conference 9.15-4pm

Thu 16th April Grief and Psychotherapy, 12pm

Fri 17th April Good Friday Service, 3pm

Lecture: Accompanying one across the threshold, 7.30pm



Dr Lisa Harris - Conference Host

Integrative GP specialising in Anthroposophic Medicine and GP Proceduralist in Palliative Care. Clinical Diploma in Palliative Medicine and qualified Rural Generalist in Palliative Medicine. Leads a multi-disciplinary integrative team from the Sophia Integrative Medicine mid North Coast clinic in Coffs Harbour including nurses, specialists and therapists.. <https://www.sophiaintegrativemedicine.com.au>

Mon 14th April Opening/Welcome Session, 9am

Fri 17th April Palliative case studies, 11am

Forum: Voluntary Assisted Dying 12pm

Forum: Next Steps, 4.30pm



Dr Paulo Moraes

Melbourne Therapy Centre GP. for over 30 years integrating complementary and Anthroposophic medicine with conventional medical practice in family medicine, child health and palliative care. In 2023 recipient of National Institute of Integrative Medicine award for 'Outstanding contribution over many years in the field of Integrative Medicine'.

Thu 17th April Case study, Oncology, 11am



PRESENTERS

Dr Narelle Savage

GP specialising in Anthroposophic and integrative medicine. Representative of the Medical Section in Australia. Board member of the Australian Anthroposophic Medicine Association. Narelle graduated from medicine at the University of Newcastle in 1999, with a medical science degree, and a medical research degree on hearing loss and its effects on preschool children.

Fri 17th April

Palliative case studies, 11am



Charlotte Rogers - Specialist Conference Presenter

Anthroposophic Nurse. Owner/operator of Charlotte's Health Retreat in Bellingen New South Wales. operating as a medical retreat, one which extends and supports conventional medicine. Trainer and practitioner of Rhythmical Massage therapy, Hauschka Art therapy and Anthroposophic nursing therapies. Extensive experience with psychiatric patients, children and adults.

Mon 14th April

Anthroposophic Nursing and Therapies 9.15am-4pm

Tue 15th April

Anthroposophic Nursing and Therapies 9.15am-4pm



Pippa White

Freelance palliative care nurse and educator. Diploma of Nursing and Diploma Holistic (Anthroposophical) Nursing. Specialising in hospice and home-based palliative nursing care and death care and anthroposophical nursing care. Pippa teaches home-based treatments for parents of young children and offers anthroposophical nursing treatments.

Fri 17th April

Palliative case studies, 11am



Patries Orange - Eurythmy

Co-leader of eurythmy therapy training in the South Pacific region, including Cape Town, South Africa. Trainer in teacher development courses in the UK, India, the US, China, and Australia. Resident in Australia since 2007, Patries is tutor and co carrier at Pacifica college for eurythmy.

Mon 14th - Fri 17th

Morning eurythmy, 8.30am

Fri 17th April

Physical, Soul and Spiritual Pain
with Dr Marion Debus, 9.15am



SPECIALIST CONFERENCE

Oncology - the role of mistletoe extracts and adjuvant therapies in the 21st Century



PRESENTER - Dr med. Marion Debus

Co-leader of the Medical Section at the Goetheanum, Switzerland.

Head of the Department of Oncology and anthroposophic physician at the Klinik Arlesheim, Switzerland.

Senior physician in interdisciplinary oncology, specialist in internal medicine and hemato-oncology.

Medical editor of the magazine Der Merkurstab.

Monday 14th April - Tuesday 15th April 9.15am to 4.30pm

WORKSHOPS for medical practitioners, specialists and registered nurses

Learn about viscum album extracts (VAE or European Mistletoe), Integrative Oncology Best Practices and practical strategies for supporting and treating the “whole” patient. Participants will learn about the scientific evidence of VAE and its application and integration with conventional oncology treatment, as well as the psychological and spiritual dimensions of medicine.

- How Anthroposophic Medicine Can Enliven Your Imagination, Inspiration and Intuition as a Doctor
- Warmth Organization as a Doorway to Treating Cancer - an Anthroposophic View
- Viscum Album Extract (VAE) Current Research Updates and Adjuvant Challenges
- VAE Mechanisms of Action
- Threefold and Fourfold Prescribing
- Supportive External Applications for Patients Undergoing Cancer Care
- Host Trees, Helleborus Foetidus and Helleborus Niger
- Hyperthermia
- IV Therapies - Addressing emergencies and complications
- Troubleshooting VAE Response
- Breast Cancers and Challenges
- Treating the Whole Human Being - Providing the highest level of patient care
- Avoiding Practitioner and Patient Burnout

SPECIALIST CONFERENCE

Eurythmy Therapy



PRESENTER - Dr Katharina Gerlach

Head of the Institute for Eurythmy Therapy and member of the Research Institute (RIArT), Alanus University of Arts and Social Sciences. Team IKAM Coordination of the International Eurythmy Therapy Section of the Medical Section, School of Spiritual Science Dornach, Switzerland. Established in her own practice in the Therapeutikum Krefeld. Therapeutic focus is on neurological disorders, exhaustion and depression issues and musculoskeletal disorders. Doctorate on the subject of documentation of movement-orientated mind-body therapies at the University of Witten/Herdecke. Numerous publications on the effectiveness of eurythmy therapy in health care medicine.

PROGRAM	Monday April 14	Tuesday April 15
09:15 10:30	THERAPEUTIC INTUITION What is Therapeutic Intuition? Dr Katharina Gerlach	CASE STUDIES Introduction to Vademecum- Case Studies Dr Katharina Gerlach
10:30 11:00	MORNING TEA 10.30am to 11am	
11:00 13:00	WORKSHOP Intuition and the Therapeutic Process: Exercises and reflections In observing and perceiving a person in their movement Dr Katharina Gerlach	WORKSHOP Sharing of case studies, assisted writing session I and eurythmy Dr Katharina Gerlach
13:00 14:30	LUNCH 1pm to 2.30pm	
14:30 16:00	FORUM Eurythmy Feedback and Reflection on Therapeutic Intuition Introduction to Eurythmy Therapy Vademecum from the individual case to a general perspective Dr Katharina Gerlach	Vademecum Treatment Sheets: Assisted writing session II Dr Katharina Gerlach Eurythmy therapy exercises: review and practice of exercises for therapeutic insight and arising from case studies
16:00 16:30	AFTERNOON TEA 4pm to 4.30pm	

SPECIALIST CONFERENCE

Pastoral Medicine and GRIEF



PRESENTER - Lisa Devine

Resident priest of the Christian Community in Sydney. Lisa holds a Masters in Psychology and is a Chaplain, Counsellor and teacher in Steiner schools.

Lisa is a highly sought after and regular presenter, speaker and facilitator in the areas of conflict resolution, child, inner and professional development – working out of the Anthroposophical impulse and is a core tutor for Steiner teacher trainees at Sydney Rudolf Steiner College. A qualified and experienced eurythmist and eurythmy therapist, Lisa originally trained as a youth worker and has a long history and interest in working with young people.

	Monday 14th April PASTORAL MEDICINE	Tuesday 15th April GRIEF
09:15 10:30	Introducing Rudolf Steiner's course on pastoral medicine (published as 'Broken Vessels' by Rudolf Steiner) Lisa Devine	Grief as the transformative power of the soul: The Wounded Healer Lisa Devine
10:30 11:00	MORNING TEA 10.30am to 11am	
11:00 13:00	PASTORAL MEDICINE Differentiating the tasks of physiological and soul/spiritual healing Lisa Devine	GRIEF IN BIOGRAPHY Grief process in different ages of life with a focus of end of life Lisa Devine
13:00 14:30	LUNCH 1pm to 2.30pm	
14:30 16:00	PASTORAL MEDICINE Freedom and self responsibility. Between spirit and nature Lisa Devine	THE THRESHOLD OF DEATH The importance of the other side of the Threshold for palliative care Lisa Devine
16:00 16:30	AFTERNOON TEA 4pm to 4.30pm	

SPECIALIST CONFERENCE

Anthroposophic Nursing, Rhythmic Massage and Art Therapy



PRESENTER - Charlotte Rogers

Anthroposophic Nurse. Owner/operator of Charlotte's Health Retreat in Bellingen New South Wales: operating as a medical retreat, one which extends and supports conventional medicine. Trainer and practitioner of Rhythmical Massage therapy, Hauschka Art therapy and Anthroposophic nursing therapies. Extensive experience with psychiatric patients, children and adults.

Monday 14th April - Tuesday 15th April 9.15am to 4.30pm

Anthroposophic Nursing

All nurses working with anthroposophic medicine are qualified nurses with state registration. We use massage, herbal teas and decoctions for compresses, inhalations and healing plant oils in oil dispersion bath apparatus. We use a wide range of plants for example ginger, mustard, lemon and lavender in various forms. The anthroposophic nurse's repertoire of treatments is large and includes foot baths, organ compresses and specific organ massages or the rhythmical body oiling.

Rhythmic Massage Based on the Anthroposophic understanding of the human being, the aim of Hauschka rhythmical massage is to re-establish the harmonisation of the ego, astral, etheric and physical bodies. With rhythmical movements and specific forms that engage the patient's own healing forces, rhythmical massage strengthens the middle rhythmic system, countering imbalances in the strength of intellect or the will, the metabolic limb system thereby reconnecting the individual to the greater rhythms necessary for life. The massage movements stimulate life giving forces and when specifically directed, can support weakened organs.

Hauschka Art Therapy consciously arouses active processes of perception, feeling and will in the individual by means of the specific content of the artistic set task. Many imbalances within the complex human organisation become manifest and through strengthening the art work whether drawing, painting or clay modeling, the healing process is set in motion by the patient. The speedy breathlessness of modern life creates an inner restlessness and via conscious slow deliberate brushstrokes which work on the middle rhythmic system, an inner peace is stimulated in the painting work. Blockages are released and the soul is allowed to breathe afresh.

CONFERENCE INFORMATION

Registration: Tickets can be purchased from 1st February 2025 via Humanitix: <https://events.humanitix.com/anthroposophic-medicine-conference-bringing-healing-forces-through-anthroposophic-medicine>

Fees: Conference fees are inclusive of booking fees, lunch, dinner, morning and afternoon tea and evening public lectures. Single public lecture tickets may be purchased separately.

Specialist conference 2 days Mon 14th - Tue 15th April \$395.00

General conference 3 days Wed 16th - Fri 18th April \$595.00

Full conference 5 days Mon 14th - Fri 18th April \$795.00

Single ticket to evening lectures \$35.00 (open to public)

If an option is not listed, it has reached its enrolment capacity and you will need to register for your second choice. If you would like to be added to a waiting list in case of a cancellation, please email admin@aamaanthro.com

Financial Support: Please contact treasurer@aamaanthro.com if you are a student or do not have the financial means to attend. Depending on your modality we will work to source financial assistance. This will be on a case by case basis.

Cancellations: Cancellation requests must be received by email no later than Friday April 11, 2025. Payment will be refunded less \$50 administration cost. Cancellation requests received after that date are not refunded, however you may transfer your registration to another person after confirming the change with us by email.

Location: The conference takes place at the Michael Centre, 37A Wellington Park Drive, Warranwood, VIC Australia 3134 You can view the venue [here](#)

Accommodation: Warranwood is located in the outer eastern suburbs of Melbourne. It is a mostly suburban area with accommodation available through Booking.com, AirBnB and other private accommodation sites. If you are travelling by public transport, please see the below information to plan your stay and travel to and from the venue. Limited billeting with local Steiner school families may also be an option: please email admin@aamaanthro.com to register your interest.

Getting There:

Airport bus: There is an airport **Skybus** shuttle from the Airport to Southern Cross Station. [Book online](#) or you can purchase a ticket at the bus pick up point. (approx \$24 one way).

Public Transport: At Southern Cross you can purchase a **Myki card** at the station (either in the Southern Cross Hub or at a ticket machine) for all train and bus travel.

Use the [Journey Planner for Public Transport Victoria](#) to find your way around on public transport.

The nearest train station to the venue is Ringwood Station on the Lilydale train line.

Trains depart from **Platform 10 on the Lilydale line to Ringwood Station.**

Buses depart from Ringwood station to the Michael Centre approximately every half an hour for a 25 minute journey. From **Ringwood Station** catch the **364 Bus (Bay D) to Mulsanne Park/Wellington Park Drive (21 stops)**

By Car The main entrance to the Michael Centre is through the gate set back from Wellington Park Drive. Car parking is available on the grounds and in the street.

Stalls and Displays: We hope to offer display space and a variety of stalls during the conference. Expressions of interest from potential stallholders are welcome. For more information and to book a place, please email admin@aamaanthro.com

EVENING PUBLIC LECTURES*

Mon 14th April	The background and future of Anthroposophic medicine 7-9pm Dr Marion Debus	
Tue 15th April	Metamorphosis of the Life body from birth to death 7-9pm Dr Marion Debus	
Wed 26th April	Rhythms of earthly biography and development 7-9pm Dr Adam Blanning and Dr Marion Debus	 
Thu 27th April	Rhythms of spiritual biography and development 7-9pm Dr Adam Blanning and Dr Marion Debus	 
Fri 28th April	Future steps for Anthroposophic medicine 7pm Dr Lisa Harris Accompanying one on the other side of the Threshold Lisa Devine 7.15pm	 

**Public Lectures are included in all conference tickets for days you are registered. Single tickets can be purchased separately for \$35 via [Humanitix](#).*

The Medical Section of the School of Spiritual Science

The Medical Section is the International Coordination Centre for Anthroposophic Medicine, based in Dornach Switzerland.

These meetings are open to members of the School of Spiritual Science.

Its core tasks are:

- promoting and coordinating research and development in Anthroposophic Medicine and its various forms of therapy;
- organizing meetings and conferences, as well as training and further training modules for the deepening of Anthroposophic Medicine worldwide;
- publicising specialist articles, particularly on 5 CARE areas, in specialist journals and on the Anthromedics online platform;
- working for freedom in therapy, diversity of methods and qualified pluralism in medicine.

For further information on the Medical Section of the School of Spiritual Science [click here](#)

Conference meetings	
Mon 14th April 7.30am-8.30am	First Class – Discussion on medical section work in Australia led by Dr Narelle Savage
Tue 15th April 7.30am-8.30am	First Class meeting held by Dr med Marion Debus
Wed 16th April 7.30am-8.30am	First Class Discussion
Thu 17th April 7.30am-8.30am	First Class meeting by Dr Adam Blanning
Fri 18th April 7.30am-8.30am	First Class discussion

Acknowledgements

Dr Lisa Harris, Dr Narelle Savage, Dr Paulo Moraes, Dr John Power
Pippa White, Wolfgang Devine, Barbara Baldwin, John Wilson,
Jayne Azzopardi, Christine McAleer, Vivian Henderson, Jennifer James,
Mary Green, Phil Ingelmo, Johathon Klugman, Brigitte Fischer, Jane
Bradshaw, Irmhild Kleinhenz, Nikki Vuillermin

The Michael Centre

Melbourne Therapy Centre

Organic Kitchen Caterers

Medical Section in the South Pacific

Charlotte's Health Retreat

Sophia Integrative Medicine

Anthroposophic Palliative Care Circle

Weleda Natural & Organic Skincare, Baby Care and Medicines



**Anthroposophical
Society in Australia**

