

# RECOGNISING AND AFFIRMING THE MYSTERY DEED OF THE CHRISTMAS CONFERENCE AS WE CONTINUE TO CULTIVATE THE LIFE OF THE SPIRIT IN OUR TIME

Wednesday 27th to Sunday 31st December

The Michael Centre

Wellington Park Dr, Warranwood, Victoria

Artwork by Birgith Lugosi

We welcome your participation in this important event to commemorate and celebrate the Christmas Conference which was held 100 years ago in Dornach, Switzerland. This was an earthly and supersensible event held through Rudolf Steiner to place the Foundation Stone for the Anthroposophical Society, the second Goetheanum and the future unfolding of Spiritual Science on earth; into the hearts of those present. It is on this Foundation that we stand today when we work out of Anthroposophy on Earth.

On this, the 100th Anniversary of the Christmas Conference, it is our deepest wish to gather together a group of like-minded, like-striving souls to raise our consciousness to understand what was placed before humankind 100 years ago so that through this our hearts may be warmed and our thinking enlivened so that we may strive towards the future with Michael strength and Christened heart for the good of mankind.

“O Light Divine,  
O Sun of Christ!  
Warm Thou  
Our Hearts,  
Enlighten Thou  
Our Heads,  
That good may become  
What from our Hearts we would found  
And from our Heads direct  
With single purpose.”

*The Foundation Stone Meditation*

## Wednesday 27 Dec

	Registration open 2.15pm to 5.00pm
3:00 to 4:00	Class Lesson 14 Guenter Zimmermann Blue card required
5:00 to 5:15	Welcome & Acknowledgement to Country
5:15 to 6:30	Lecture: "The Mystery Deed of the Christmas Conference" Helen Vogel
6:30 to 7:45	DINNER
8:00 to 9:30	Performance: "Foundation Stone Rhythm in Eurythmy & Eurythmy Performance" Aurora Australis Performing Group

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## Thursday 28 Dec

## Friday 29 Dec

## Saturday 30 Dec

8:00 to 9:00	Class Lesson 15 Marilyn Lewis Blue card required	Class Lesson 16 Philip Quenby Blue card required	Class Lesson 17 & 18 Peggy Day Blue card required
9:20 to 9:35	7 Rhythms in Eurythmy & Speech	7 Rhythms in Eurythmy & Speech	7 Rhythms in Eurythmy & Speech
9:35 to 9:45	Announcements	Announcements	Announcements
9:45 to 10:45	Lecture: "The Divine Plan" Philip Quenby	Lecture: "Humanity between Michael & the Dragon" Glenn Rawlinson	Lecture: "The Creation & Appreciation of Art from the Perspective of Spiritual Science" - Lukas Ryan
10:45 to 11:00	Dadirri - Jules Healey & Jennifer West	Dadirri - Jules Healey & Jennifer West	Dadirri - Jules Healey & Jennifer West
11:00 to 11:40	MORNING TEA	MORNING TEA	MORNING TEA
11:45 to 12:45	Lecture: "The Esoteric Musicology in Relation to the Zodiac & 7 Planets & 7 Life Processes" Birgith Lugosi	Drama presentation: "Proverbs" Phil Ingelmo & others "The Being Sophia" Cheryl Nekvapil	"Community building without hierarchy" Rod Tomlinson "Healing through Grace for a new Community: A Nurse's Perspective" Jane Bradshaw
1:00 to 2:15	LUNCH	LUNCH	LUNCH
2:15 to 3:30	Artistic/Creative Workshops	Artistic/Creative Workshops	Artistic/Creative Workshops
3:30 to 4:15	AFTERNOON TEA	AFTERNOON TEA	AFTERNOON TEA
4:15 to 5:15	Conversation Focus Groups	Conversation Focus Groups	Conversation Focus Groups
6:00 to 7:15	DINNER	DINNER	DINNER
7:30 to 8:30	Performance: "Rime of the Ancient Mariner" Katrina Stower	Conversation with David Morgan "What are Michael & the future asking of us in our tasks & collegial working?"	Conversations

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## Sunday 31 Dec

8:00 to 9:00	Class Lesson 19 Helen Vogel Blue card required
9:20 to 9:35	7 Rhythms in Eurythmy & Speech
9:35 to 11:00	Workshop Sharing/Performances
11:00 to 11:30	MORNING TEA
11:30 to 12:30	Lecture: " Into the Future: May we hear the call that has been resounding. May we truly direct with single purpose what we from our hearts now found. Which deeds do we enact into the future as humanity is called to take up the redemption of darkness and the winning of love born freedom for the cosmos?" Peggy Day

## Register by 1 December 2023

### Conference fee: \$350

Register your attendance and get further fee information and payment options through our online registration portal.

<https://events.humanitix.com/asina-christmas-mystery-conference>

Information about accomodation options can be found on the online registration portal.

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## Information on Workshops & Conversation Groups

Participants will select one workshop and one conversation theme to attend for the whole conference (e.g. if you select SPEECH you will attend the SPEECH workshop held on Wednesday, Thursday, and Friday).

### Artistic/Creative Workshops - held on Wednesday, Thursday, Friday at 2.15pm

#### **SPEECH** with Annika Andersdotter

In this workshop we will explore the Foundation Stone Meditation and its Rhythms through Creative Speech

#### **SINGING** with Dale Jones

Dale will re-present his musical composition of the Foundation Stone Meditation for choir and piano. This workshop offers the opportunity for participants to approach the Foundation Stone Meditation through music, specifically the harmonisation of human voices.

#### **EURYTHMY** with Birgith Lugosi

We will explore Tone Eurythmy. Participants will have the opportunity to experience the Intervals in relation to our physical organs and planets; beat, rhythms, and pitch; an introduction to the Saturn melody in relation to the spleen - a health giving exercise to strengthen the immune system.

#### **ART** with Katherine Rudolph

This workshop will focus on the columns of the First Goetheanum, their interpretation into hexameter poetry as well as the artistic, therapeutic, and social inspiration that they provide for our times in relation to the mysteries of 7-fold processes.

### Conversation Focus Groups - Thursday, Friday, Saturday at 4.15pm

#### **The Being Spohia** with Cheryl Nekvapil

Participants will contemplate various representations of Sophia and the context of those images. What are contemporary images of Sophia? Can we become aware of how the presence of the Being of Sophia guides our spiritual striving in Anthro-po-Sophia.

#### **The Journey through the Class Lessons** with Glenn Rawlinson

Blue card required

#### **Mental Health & Social Hygiene in Communities** (Thursday)

#### **Deference to Authority or Mutual Reliance on Colleagues?** (Friday)

#### **Anachronistic Hierarchies or Precipitous Anarchism?** (Saturday)

with Rod Tomlinson

#### **Art as a schooling path for spiritual scientific research & development**

with Fiona Campbell

#### **Space for the youth to meet and work together**

For more information about the workshops or conversation groups, please email Helen Vogel - hvogel09@gmail.com

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## Presenter Biographies

### Lectures

**Peggy Day** is the Co-ordinator of the Pedagogical Section in Australia, a class holder and has been a teacher/teacher educator for the past 42 years. She works now to support the freedom of the educational impulse and is the lead Writer of the Australian Steiner Curriculum. She is inspired by the possibilities of serving with initiative a world future that brings all beings towards fulfilment of the creative potential of the cosmos.

**Birgith Lugosi** is Branch Secretary for the Victoria branch of the Anthroposophical Society, the coordinator of the Eurythmy Section for the School of Spiritual Science in Australia and the founder and director of the Aurora Australis School of Eurythmy in Melbourne.

**Philip Quenby** has been a member of the Anthroposophical society since 1998. Philip has run a weekly study group for 15 years, gives talks on meditation and other subjects, has several roles on society committees and is a Class Holder of the School of Spiritual Science. Philip is passionate about encouraging people to establish their meditation practice, and teaching about the spiritual hierarchies.

**Glenn Rawlinson** has been a teacher in Steiner education for many years in the UK. Glenn has also been involved as a lecturer in Steiner Teacher training and public lectures on Steiner education. He enjoys acting/drama and has been part of the Chrysalis Theatre group touring Slovenia & Hungary and a drama group at Steiner House in Sydney.

**Lukas Ryan** has been a student of spiritual science for many years with special interests in the development of human consciousness through the course of life (Biography Work), esoteric Christianity and also the arts, with a particular interest in painting. Lukas has had a career as a psychologist but now focuses on offering Biography Work for individuals and groups. He lives in Melbourne and is currently completing a course in curative eurythmy.

**Helen Vogel** has worked with community organisations since 1980 across the fields of health and early childhood education. She has also been involved in several government initiatives in the Northern Rivers area of NSW to build stronger communities. She has been a member of the Anthroposophical Society since 1997 and a Class Holder since 2004. Helen is passionate about supportive, creative communities that recognise each person's inner striving.

### Short presentations

**Jane Bradshaw** is the General Secretary of the Australian Anthroposophical Society. Jane works as a Clinical Nurse Consultant in a large public hospital in Tasmania. She has been studying Spiritual Science for 30 years and is particularly interested in the wisdom of the 'threshold experience'.

**Cheryl Nekvapil** followed Joan Salter's advice from Rudolf Steiner to meditate on Raphael's Sistine Madonna during pregnancy and birth. Many questions about a divine feminine archetype arose through the experiences she had through such meditations. Also through her work for many years as a child-birth educator and then later, working in schools, the quest continued, and continues today. Cheryl is currently a priest of The Christian Community working in the Melbourne congregation.

**Rod Tomlinson** grew up in Tasmania, encountering Anthroposophy forty years ago while at the University of Tasmania studying classical and modern European languages. His interests in psychology and community building developed apace with his engagement with Steiner education from that period – initially in Tasmania and then in NSW for 25 years and then again in Tasmania, Western Australia and Victoria. Rod's love for Steiner education combines a dedication to Steiner's original indications and an open and creative interest in how these may find meaningful expression today in our diverse communities.

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### Workshops

**Annika Andersdotter** graduated from the Goetheanum in Creative Speech and Drama in 1973 and has since taught and performed in Europe, US and Australia. Annika is currently the director of the Sunstone Studio for Speech and Drama, active in both Sydney and Melbourne.

**Dale Jones** is an instrumental music teacher at the Samford Valley Steiner School and Birali Steiner School and has worked in Steiner education for over 15 years. He has worked as an orchestral double bass player with the Melbourne, Tasmanian, and Queensland Symphony Orchestras. His primary passion is music composition.

**Birgith Lugosi** is Branch Secretary for the Victoria branch of the Anthroposophical Society, the coordinator of the Eurythmy Section for the School of Spiritual Science in Australia and the founder and director of the Aurora Australis School of Eurythmy in Melbourne.

**Katherine Rudolph** trained in Australia, England, and Switzerland, in both artistic and therapeutic painting and formative speech and has had 40 years of experience, teaching, and doing curative therapies. She has done extended studies in England and Switzerland. In 2004 she returned to Melbourne. Her research and exploration into therapeutic stories, poetry and the 24 Rhythms have become intensified since 2018. She has published three books, which bear witness to this work.

### Conversation Groups

**Fiona Campbell** is a researcher, lecturer, visual artist, and arts educator. She has an interdisciplinary PhD in human sciences and teaches consciousness studies and masterclasses in painting. She has special expertise in the anthroposophical approach to art and is a member of the Stream of Life Research Studio where she specialises in phenomenology and creative cognition. She has been a member of the Society for over 40 years.

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