

# Emergency Pedagogic Course with Bernd Ruf

Bernd Ruf is a teacher and Waldorf educator as well as co-founder of the Free Waldorf School and the Parzival Centre in Karlsruhe. In 2006 he founded the emergency educational crisis interventions in war and disaster regions.



Two modules in **Lorien Novalis School, Dural**

**Monday 14<sup>th</sup> of July to Friday 18<sup>th</sup> of July, daily 9.30am – 4pm**

Mon 14/07 & Tue 15/07	Wed 16/07 & Thu 17/07
<b>1. <u>Module 1</u> (Psychotraumatology and Emergency Pedagogy)</b> <b>1.1 When the Unspeakable happens</b> How emergency pedagogy helps children and young people to process stressful experiences <b>1.2 Emergency Pedagogy</b> Methods of early intervention after a trauma event <b>1.3 School as a Safe Place:</b> How educational institutions can become safe places for children and young people to deal with trauma <b>1.4 Founding „Emergency Pedagogy Without Borders – Australia!“</b>	<b>2. <u>Module 11</u> (Mental Hygiene)</b> <b>2.1 Trauma is contagious</b> Anthroposophical approaches to mental hygiene in emergency pedagogical interventions <b>2.2 Mindfulness</b> Aspects of an anthroposophical stress management program <b>2.3 Resilience</b> Thriving despite adverse conditions <b>2.4 From the Red Cross to the Rose Cross</b> Spiritual aspects of an anthroposophical training path for emergency pedagogues
Fri 18/07/2025	
<b>Focus Australia</b> : Practical applications	

Contribution of \$100.00 per module, plus donation to Bernd Ruf's Emergency Pedagogy Organisation. Friday included in both of the modules.

Morning tea and lunch provided.

Payments:

The CC in Australia Inc.; Commonwealth Bank BSB 062 110 - Acc.no. 10 408 296

Enrolment:

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