



The Art of Acting

**HEARTFIRE CENTRE**  
for Speech & Drama

## **Drama workshop at Samford Valley Steiner School**

Friday 26th July – Sunday 28th July.

Using the integrated Steiner/speech and Chekhov/ acting methodology practiced at Heart Fire we will explore how the art of acting can be renewed for our time through the conscious application of the processes made accessible through insights arising from the spiritual research of Rudolf Steiner. This experience of a spiritual dimension in our art is not just some vague mystical sense which many human beings might acknowledge. Rather, it is a capacity that can be consciously cultivated through the precise knowledge of how the spiritual processes that underlie the whole created universe penetrate into every detail of human speech and language and of our human constitution; allowing us to become an instrument for the conscious expression of the human soul and spirit.

Shakespeare's Hamlet is the text to which we will apply all the processes we introduce. We have chosen a play by Shakespeare because his insight into the drama of the human journey is universally acknowledged to be unsurpassed. His language, infused with the body, soul and spirit levels of experience that alone can make us fully human, is the means for transformation of our instrument.

To gain the most from the workshop, if you are not familiar with Hamlet, you will need to read and/or watch it so that you understand the context that the play provides. We will, however, focus primarily on Hamlet's character and some of his most famous words and speeches because the consciousness that struggles to evolve in him pre-figures the first stage of that development of consciousness demanded by the spirit of our times.

Once you have registered for the workshop you will be sent a file containing the main speech/Chekhov exercises and the texts we shall be working with, along with other necessary information for the workshop.