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# Care After Death

## *An introductory workshop on the anthroposophic approach to care of the body*

This practice-based afternoon workshop covers nursing the dying at home, the death process, laying out and care of the body and the 3-day vigil.

Irmhild Kleinhenz, naturopath, and Charlotte Rogers, nurse, have more than 50 years combined training and experience in the anthroposophic approach to medicine and nursing.

**Cost:** \$80.00 (\$65.00 concession)

**When:** 1pm-4pm, Saturday 21st August 2021

**Where:** Charlotte's Health Retreat, 195 North Bank Rd., Bellingen, NSW 2454

**Contact:** Irmhild Kleinhenz [irmhildk@outlook.com](mailto:irmhildk@outlook.com)

**Registration and inquiries:** +61 444 551 381

**Bookings and Payment** in advance are essential.

**Please pay** into Bendigo Bank BSB 633 000 Account number 145264131 and give your name as a reference.



Artwork by Fiona Campbell, Crossing the threshold

## PROGRAM

**1.00pm:** Opening Story by Iris Curteis.

**2.00pm:** Nursing care perspectives: considerations of nursing the dying at home, recognising signs of approaching death and the gestures of nursing. Presenter: Charlotte Rogers.

**3.00pm:** Afternoon tea

**3.30pm:** Practical Demonstration – Laying out of the body: washing and anointing/oiling the body, clothing and shrouding, laying out and attendance/maintaining the body during the 3-day vigil.  
Presented by Charlotte Rogers and Irmhild Kleinhenz.

## ABOUT THE PRESENTERS

**Charlotte Rogers:** RN, local anthroposophic nurse has a longstanding relationship with Bellingham Hospital. She also works with rhythmical massage and art therapy.

**Irmhild Kleinhenz:** ND, Grad.Dip. Integrative medicine, Grad Cert Anthroposophic Medicine IPMT. Irmhild has had thirty years experience in anthroposophic-based health care practice, mentoring and lecturing on an integrative humanistic medical philosophy.

**Iris Curteis,** PhD: local storyteller and social artist.

