

# Preparing a mood for the Christmas Festival

**Where:** The Movement Room at the Michael Centre – 37a Wellington Park Drive, Warranwood

**When:** Each Sunday of Advent up until Christmas, 5-7pm approx.  
(3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup> and 24<sup>th</sup> of Dec)

We will gather together each Sunday of Advent to read one of Rudolf Steiner's lectures about the deeper meaning and significance of the Christmas festival, after which there will be singing and a shared meal. We will also enter into the feeling of the each of the four weeks of Advent in relation to the mineral, plant, animal and human kingdoms.

If people would like to bring a dish to share that would be very appreciated, but it isn't essential.

~

*The first light of Advent is the light of Stones;*

*The light that has existence in crystals, shells, and bones.*

*The second light of Advent is the light of Plants;*

*The light that lives and grows, that blossoms and enchants.*

*The third light of Advent is the light of Beasts;*

*The light that feels and moves, in creatures greatest and least.*

*The fourth light of Advent is the light of Man;*

*The light that thinks and wills, that seeks to understand.*